



Advance Care Planning

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Learning Outcomes

- Describe the purpose of advance care planning (ACP) and key terms related to ACP
- Analyze legal issues regarding ACP
- Identify common barriers to ACP
- Describe the role of the advanced practitioner at the individual/family, system, and community levels
- Identify ACP resources for healthcare professionals and for patients/families
- Apply concepts of ACP to a clinical scenario

What Is Advance Care Planning?

Case Scenario

- Mr. Harold is a 74-year-old African American male who you are seeing in clinic for routine follow-up of his prostate cancer. His PSA has been slowly rising to a high of 162 recently. He also has COPD and has had 3 exacerbations this past year. He has a high school education.
- You want to discuss how aggressively he wants to treat his prostate cancer, and his reply is, “I don't know. I haven't really thought about it.” When asked if he has an advance directive, he says, “What's that?”

