

Resource Directory for Disability and Physical Activity/Fitness/Wellness and Sport/Recreation

Compiled by: LaToya Washington, M.S., C.S.C.S, SPT

Websites Related to Disability and Physical Activity/Fitness/Wellness

American Association on Health and Disability: Illinois

www.aahd.us/page.php?pname=programs/state/illinois

HHS - Office on Disability - Physical Fitness and Health National Center on Physical Activity and Disability, University of Illinois at Chicago National Consortium for African American Children.

www.hhs.gov/od/physicalfitness.html

Health & Wellness: Health: Disability.gov

Provides information and resources related to physical activity and disability and promotes the health benefits that can be gained from participating in physical activity.

www.disability.gov > Health

Inclusive Fitness Coalition

One of the largest sources of information on physical activity and disability is the National Center on Physical Activity and Disability.

www.incfit.org/

International Federation of Adapted Physical Activity

Help strengthen the future of adapted physical activity and disability sport.

Receive recognition as a certified member of the organization.

www.ifapa.biz

National Association for Sport and Physical Education

The National Association for Sport and Physical Education (NASPE) provides information about appropriate physical education practices and programs,

www.aahperd.org/naspe/

The National Center on Physical Activity and Disability Home Page

Information center concerned with physical activity and disability. Find descriptions of research projects, programs, newsletter, articles, and photos.

www.ncpad.org/ -

Physical activity

There are a wide variety of physical activity programs for people with chronic disease or disability. Check with your local community or recreation center.

www.kingcounty.gov > ... > Physical activity > Get active your way

Disability and Sport/Recreation

American Amputee Soccer Association

www.ampsoccer.org

BC Disability Games

BC Disability Sports is a leading non-profit organization promoting awareness of sport and recreation of British Columbians with disabilities.

bcdisabilitygames.org

BlazeSports America

New international resource for disability and Paralympic sport.

www.blazesports.org/

Disability Sport Events

EFDS registered office: English Federation of Disability Sport Manchester Metropolitan University.

www.disabilitysport.org.uk/

Disability & Sport - Women's Sports Foundation

<http://www.womenssportsfoundation.org/Issues-And-Research/Equity-Issues/Disability-And-Sport.aspx>

Disabled Sports USA

Contacts, events, programs, competition results, and related links from this organization that offers sports rehabilitation for individuals with a permanent disability.

www.dsusa.org/

Down Syndrome International Swimming Organization

<http://www.dsiso.org/>

Fun Activities 4 Disabled

www.DiscoverNAC.org/

Handicapped Scuba Association International

<http://www.hsascuba.com/>

International Disability Sport Outreach Program - The Center on ...

The International Disability Sport Outreach Program was established by the College of Applied Health Sciences to support social change.

www.chad.uiuc.edu/OutreachProgram.aspx

International Paralympic Committee

<http://www.paralympic.org/>

Mesa Association of Sports for the Disabled

<http://www.mesadisabledsports.com/>

National Wheelchair Basketball Association

<http://www.nwba.org/>

National Sports Center for the Disabled

<http://www.nscd.org/>

The Adaptive Adventure Sports Coalition (TAASC)

<http://www.taasc.org/>

The DRM WebWatcher: Sports & Recreation - Specific Sports

A Disability Resources Monthly guide to the best online resources about sports and recreation for people with disabilities.

www.disabilityresources.org/SPORTS-SPECIFIC.html

The Steadward Centre for Personal & Physical Achievement. (was Rick Hansen Center) <http://www.steadwardcentre.org/>

United States Adaptive Recreation Center (USARC)

<http://www.usarc.org/>

United States Quad Rugby Association (official)

<http://www.quadrugby.com/>

Wheelchair Sports

PVA.org

World T.E.A.M.

<http://www.worldteamsports.org/>

Books: Disability and Physical Activity/Fitness/Wellness

ACSM's Exercise Management for Persons with Chronic Diseases and Disabilities-3rd Edition American College of Sports Medicine, J. Larry Durstine, Geoffrey Moore, Patricia Painter, Scott Roberts

Adapted Physical Education and Sport - 4th Edition Joseph P. Winnick

Case Studies in Adapted Physical Education: Empowering Critical Thinking
Samuel R. Hodge (Editor), Nathan M. Murata , Martin E. Block, Lauren J. Lieberman

Fitness Programming and Physical Disability Patricia Miller

Health Matters: The Exercise, Nutrition, and Health Education Curriculum for People With Developmental Disabilities Beth Marks RN Ph.D., Jasmina Sisirak M.P.H., Tamar Heller Ph.D.

Physical Fitness Testing of the Disabled: Project Unique Joseph P. Winnick

Sports and Persons with Disability Perspectives: The Multidisciplinary Series of Physical Education and Sports Science
Volume 7 2007 ICSSPE ed. Colin Higgs and Yves Vanlandewijck

Understanding Physical, Health, and Multiple Disabilities (2nd Edition)
Kathryn Wolff Heller, Paula E. Forney, Paul A. Alberto, Sherwood J. Best, Morton N. Schwartzman

Books: Disability Sports/Recreation

Beating The Odds: A Chapter Book (True Tales: Sports) Mary Packard

Deaf Sport: The Impact of Sports within the Deaf Community David A. Stewart

Disability Sport and Recreation Resources by Michael J. Paciorek and Jeffery A. Jones

Disability, Sport and Society: An Introduction Nigel Thomas

Inclusion Through Sports: A Guide to Individualizing Spt Experience Ronald W. Davis, Keith Gilbert and Otto J. Schantz

Raising The Bar: New Horizons In Disability Sports Artemis A. W. Joukowsky

Sports Instruction for Individuals With Disabilities Best of Practical Pointers Grosse

The Sports and the Physically Challenged: An Encyclopedia of People, Events, and Organizations Linda Mastandrea

Cultural Politics of the Paralympic Movement: Through an Anthropological Lens (Routledge Critical Studies in Sport) David Howe

Wheelchair Sport: A complete guide for athletes, coaches, and teachers
Vicky Goosey-Tolfrey

Wheelchair Warrior: Gangs, Disability, and Basketball Melvin Juetten