



The PT Proud Special Interest Group, within the APTA Academy of Leadership and Innovation, strongly opposes the Executive Order from February 5, 2025 that aims to ban transgender women from participating in sports across all ages and levels of competition. We recognize this order for what it is: unethical, unlawful, and a violation of the fundamental human right to engage in sports¹. As physical therapists, we are dedicated to improving the human experience through movement. We support and advocate for the numerous benefits that sport participation brings to physical and mental well-being². PT Proud pledges to stand in solidarity with the transgender community and fight against this tide of harmful, anti-trans legislation.

Take Action:

transathlete.com/take-action

www.genderjustice.us/resource/trans-athletes-protected-under-law/

References:

1. International Olympic Committee. *Olympic Charter*.; 2025:8. Accessed February 17, 2025.

<https://stillmed.olympics.com/media/Documents/International-Olympic-Committee/IOC-Publications/EN-Olympic-Charter.pdf>

2. Phillips RS, Ryder LR, Jackson Clark E. Transgender Athlete Participation in Sport: Misplaced Fear and the Harms of Exclusion. *Current Sports Medicine Reports*. 2024;23(8):277-279.

doi:<https://doi.org/10.1249/jsr.0000000000001181>