Stacey Zeigler, PT, DPT, MS, GCS
LAMPLighter Leadership Award

From the nomination by Jennifer Green-Wilson, PT, MBA, EdD, past LAMP Director and Debora L. Miller, PT, MBA, FACHE, current LAMP Director:

Stacey Zeigler played an essential and foundational role in helping to launch the new beginning for HPA the Catalyst’s LAMP: The Institute for Leadership in Physical Therapy in March 2009. Prior to this role, she was appointed by the HPA Board to lead the Task Force to craft the potential strategy for the next phase of LAMP (2007). She was, and continues to be (as needed), core faculty for the 101 and 201 programs and was the founding ‘ILP/ALP” (Leadership Projects) Coordinator. Specifically, she was faculty in Pittsburgh, PA (C1 & C2), Philadelphia, PA, Alexandria, VA (C1 & C2), Dallas, TX, Chicago, IL, and San Diego, CA. As the ILP/ALP Coordinator, she worked diligently and collaboratively to craft the vision and the process for “LAMPsters” to complete their Independent and Advanced Leadership Projects (ILP & ALP) and mentored countless physical therapy professionals (PTs and PTAs) in completing the two projects on their Leadership Development journeys.

As faculty, Stacey was inspirational, engaging, infectiously enthusiastic and passionate. She has consistently facilitated greater leadership capacity within HPA’s and APTA’s memberships. As the ILP/ALP Project Coordinator, Stacey played a vital role in order to retain, guide and mentor multiple LAMP participants through the applied phase of their leadership development and through Certificate completion. She was also instrumental in mentoring Jerry Rush to assume the role of the LAMP Projects Coordinator and in building the general tracking system.

In addition to her extensive service and leadership in the LAMP Institute, Stacey also leads in her community and workplace. Stacey is the Owner/President of Fun in Aging Physical Therapy, P.C., a physical therapy private practice focusing on in-home fitness, wellness, and advocacy for senior citizens of the St. Lawrence County community that she founded in 2011. She also inspires DPT students to be leaders in our profession as Clinical Professor at Clarkson University in Potsdam, New York.
Stacey clearly demonstrates the core characteristics of personal leadership as a physical therapist and is effective at leading others – students, colleagues, and organizations. Stacey models the way authentically as a leader, mentor, faculty, “LAMPster” and dedicated HPA member and is well-deserving of receiving this award for leadership excellence.

Stacey Zeigler has been a practicing physical therapist for over 20 years with background encompassing a wide variety of settings including home health, acute care, out-patient orthopedics, in-patient rehabilitation, skilled nursing, hospice care and cardiopulmonary rehab. Her positions in these settings have also been varied including formal and informal leadership positions from staff therapist to chief of an Army physical therapy clinic to administrator of rehab services in a hospital based setting. Currently, Stacey is a clinical professor in physical therapy at Clarkson University where she has taught for the past 12 years and she is president/CEO of Fun In Aging Physical Therapy, focusing on in-home wellness and fitness for older adults.