HPA The Catalyst: Health Policy & Administration Section

Combined Sections Meeting Programming

Course Proceedings Book

Feb. 12-15, 2020 | Denver, CO
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ABOUT HPA THE CATALYST

MISSION STATEMENT
The mission of the HPA Section is to transform the culture of physical therapy through initiatives that enhance professionalism, leadership, management, and advocacy to foster excellence in autonomous practice for the benefit of members and society.

Visit us at APTAHPA.org

ABOUT US
A catalyst is a person or thing that precipitates change or a substance that accelerates action. We are a professional association serving member physical therapists, physical therapist assistants, and physical therapy students. We provide a community for professionals to advance the health and wellbeing of society through innovation, leadership and professionalism in physical therapy. HPA members practice in a variety of professional settings performing many different roles. Members work with patients across the entire lifespan and continuum of care.

VISION STATEMENT
By 2020, HPA The Catalyst will be the expert in integrating professionalism into the culture of physical therapy:
We will be sought by healthcare professionals, APTA components, and decision makers to influence social, political, and economic policies that impact physical therapy and health.
We will have created and delivered programs that develop professionals, leaders, managers, and advocates to foster excellence in physical therapy.
We will be leaders in promoting cultural competence, global health initiatives, social responsibility, effective application of technology, and health services research.
SCHEDULE OF EVENTS

TUESDAY, FEB. 11, 2020
8:00 a.m.-5:00 p.m. – Pre-Conference Sessions
• LAMP Institute for Leadership in Physical Therapy Leadership 101: Personal Leadership Development - Day 1
• LAMP Institute for Leadership in Physical Therapy Leadership 201: Advanced Leadership Development - Day 1
• LAMP Management Essentials - Day 1

10:00 a.m.-6:00 p.m.
• HPA The Catalyst: LAMP Leadership Boot Camp

WEDNESDAY, FEB. 12, 2020
8:00 a.m.-5:00 p.m. – Pre-Conference Sessions
• LAMP Institute for Leadership in Physical Therapy Leadership 101: Personal Leadership Development - Day 2
• LAMP Institute for Leadership in Physical Therapy Leadership 201: Advanced Leadership Development - Day 2
• LAMP Management Essentials - Day 2
• Health System Current Topics, Strategies, and Innovations
• LGBTQ+ Brave Space Training: Encouraging Difficult Dialogues in Physical Therapy Practice

THURSDAY, FEB. 13, 2020
8:00 a.m.-10:00 a.m.
• HPA The Catalyst: Global Health Group Meeting

8:00 a.m.-10:00 a.m. – Concurrent Sessions
• Traversing the Mountains of Data
• Better Together in Diversity, Equity, and Inclusion: Transforming Society Through Equitable Policies

11:00 a.m.-1:00 p.m. – Concurrent Sessions
• Scheduling, CPT Coding, Billing, and Productivity: How They All Interrelate for Outpatient Therapy
• I Wish Someone Had Told Me This A Long Time Ago! A LAMP Management Adventure
• Feminist Approaches in Physical Therapy Ethics
• Platform Presentation 1

3:00 p.m.-5:00 p.m. – Concurrent Sessions
• To Err is Human: Engaging the Physical Therapy Profession in an Interprofessional Patient Safety Discussion
• Rehabilitation Utilization Among High-Need Patient Populations: Advancing the Physical Therapy Health Services Research Agenda
• Better Together in Diversity, Equity, and Inclusion: Engaging Diverse Populations to Improve Rehabilitation Outcomes
• LAMP Catalyst “TED Style” Talks: Shared Lessons on Leading Within and Leading Others

7:30 p.m.-9:30 p.m.
• HPA The Catalyst: Board of Directors Meeting

FRIDAY, FEB. 14, 2020
8:00 a.m.-10:00 a.m. – Concurrent Sessions
• National Accreditation Standards in Oncology Care: Where Does Physical Therapy Fit?
• Global Health Catalyst Talks: Serving the LGBTQ+ Community in Physical Therapy
• If You Build It, Will They Come? Community Engagement for Vulnerable Populations in Oncology Rehabilitation
• Taking Physical Therapy Outdoors: Rehab in the Real World
• Physical Therapists Who Order Diagnostic Imaging: Updates from the Field

11:00 a.m.-1:00 p.m. – Concurrent Sessions
• Turning the Road to Success Into a Highway: Strategies to Facilitate Success for Young Professionals
• Documentation, Billing, and Administration Best Practices for Cancer Rehabilitation Services
• Nonclinical Careers in Physical Therapy: Career Growth and Advancement in a Changing Profession
• ICD-10 Coding: What Every Therapist Needs to Know
• Physical Therapy as a Culturally Diverse and Inclusive Profession: BTF

1:00 p.m.-3:00 p.m.
• HPA The Catalyst: Tech SIG Business Meeting

3:00 p.m.-5:00 p.m. – Concurrent Sessions
• Emerging Issues Impacting the Physical Therapist
• Professional Engagement: What’s In It for Me?
• A Closer Look: Four Months into PDPM - What Do We Know?
• Platform Presentation 2

5:00 p.m.-6:00 p.m.
• HPA The Catalyst: Nominations Committee Meeting

6:30 p.m.-8:00 p.m.
• HPA The Catalyst: Membership Business Meeting

8:00 p.m.-10:00 p.m.
• HPA The Catalyst: Business Meeting, Awards and GHSIG Reception

SATURDAY, FEB. 15, 2020
8:00 a.m.-10:00 a.m. – Concurrent Sessions
• Digital Physical Therapy Practice: White Paper from WCPT and INPTRA
• Implementation Science, Innovation, and Clinical Outcomes
• The Intersections of Transgender Identities and Physical Therapy

11:00 a.m.-1:00 p.m. – Concurrent Sessions
• Obesity, Food Insecurity, Nutrition, and Functional Impairment: What Is the Role of Physical Therapy?
• Through the Looking Glass: What Are the Emerging Payment and Quality Issues?
• Consumer-Centric Activity Trackers and Telehealth’s Vital Role in Value-Based Physical Therapy Care (APTA FIRST Council)
• Fostering Interprofessional Competencies and Leadership Skills in Student-Run Pro Bono Clinics and Community Initiatives
• Platform Presentation 3

3:00 p.m.-5:00 p.m. – Concurrent Sessions
• Perspectives on Community Health Workers and Physical Therapy: Partnership and Capacity Building
• Appeal Letter Workshop: Tools for Effective Appeals
LAMP Institute for Leadership in Physical Therapy Leadership
101: Personal Leadership Development

PRESENTED BY
Debora Miller, PT, MBA, FACHE
Beth Sarfaty, PT

COURSE DESCRIPTION
This session is the first in a series of sessions and applied labs aimed at developing leadership skills. Developing leadership skills is an integral part of professional development in PT practice. The speakers will emphasize the development of leadership behaviors for facilitating autonomous practice, accountability, and professional values. Attendees will learn how to influence others to create effective relationships and achieve shared goals. Content areas will include: creating a personal mission statement and self-assessment; foundations of leadership; identifying personal styles; creating a leadership style to align and influence others; energy, resilience and time management; communication for effective leadership; conflict management styles and leadership; and implementing personal leadership development plans. Attendees will complete a leadership self-assessment and other prework.

OBJECTIVES
1. Establish a knowledge base of basic administrative and managerial principles to promote efficient and effective work strategies with people and operational systems.
2. Comprehend key content areas with application of mission/vision/values, performance management, communication, human resources, finance/budget, project management, and organizational behavior resources appropriate for your situation.
3. Apply evidence-based tools to address administrative and managerial needs as part of their role within your organization.
4. Analyze the advanced administrative and managerial principles and skills needed to be successful and develop a personal action plan to achieve your goals.
LAMP Institute for Leadership in Physical Therapy Leadership
201: Advanced Leadership Development

PRESENTED BY
Amy Lafko, PT, MS, MBA
Amy Lafko, PT

COURSE DESCRIPTION
*Prerequisites: Registrants must have previously attended “Leadership 101: Personal Leadership Development—The Catalyst for Leading Within” and must have completed the Leadership Self-Assessment and Personal Leadership Development plan.* In this session, attendees will further explore and develop effective leadership skills in formal and informal leadership roles. Attendees will share the results of their personal leadership plans, showcasing insights into developing their personal leadership behaviors. This session will include lectures, dynamic leadership labs, and engaging discussions with peers and content experts. Topics will include: creating vision and strategy; fostering adaptive and transformational leadership; creating cultures of change and innovation; leading others through conflict; building relationships and networking; implementing frameworks for leadership decision making; building high-performance teams; leading and learning through failure; empowering others; fostering followership; and developing a personal leadership philosophy statement.

OBJECTIVES
1. Determine how to promote a vision and strategies that others will follow.
2. Identify and discuss personal characteristics of adaptive and transformational leaders.
3. Generate strategies to lead highly effective teams and foster followership.
4. Model effective team decision-making strategies and develop a personal leadership philosophy statement.
LAMP Management Essentials

PRESENTED BY
Paula Eppenstein, PT, MS
Gail Altekruse, PT, MBA
Laura Maurine Coco, PT

COURSE DESCRIPTION
LAMP Management Essentials is a two-day course that is the first offering of this content area by the Health Policy and Administration Section, LAMP Committee. Content areas include mission/vision/values, performance management, human resources, legal considerations, regulatory aspects, compliance issues, communication, project/program management, finance and budgeting. This case study and scenario-based framed course examines current issues and addresses current trends faced by the new and/or developing manager and will provide participants with the tools to effectively and efficiently get the “work” done through systems and people. Prior to the course, attendees will complete a management self-assessment and review of selected supporting materials. This offering is valuable for all PT professionals (PTs and PTAs) regardless of their administrative or managerial role, practice owners, clinicians, educators, researchers, and students who want to develop their administration and management effectiveness and efficiency.

OBJECTIVES
1. Establish a knowledge base of basic administrative and managerial principles to promote efficient and effective work strategies with people and operational systems.
2. Comprehend key content areas with application of mission/vision/values, performance management, communication, human resources, finance/budget, project management, and organizational behavior resources appropriate for your situation.
3. Apply evidence-based tools to address administrative and managerial needs as part of their role within your organization.
4. Analyze the advanced administrative and managerial principles and skills needed to be successful and develop a personal action plan to achieve your goals.
Health System Current Topics, Strategies, and Innovations

PRESENTED BY
Justin Weatherford, PT, DPT  Mary Spellacy Stilphen, PT, DPT
Michael Friedman, PT, MBA  Thomas Caldwell, PT, DPT, ATC
Stephen Hunter, PT, DPT  James Tompkins, PT, DPT
Pauline Flesch, PT  Michael Martin, PT, MPT

COURSE DESCRIPTION
Innovations in value-based care delivery in health systems are important in managing the resources, outcomes, and relevant cost for a target population. Important considerations made by health systems include the consistent measurement and aggregation of specific outcomes which are important to patients, balanced by the expenses required for delivery across the continuum of care. In order to have an impact on the health of the populations they serve, health systems are moving outside their traditional walls and reaching into their communities with innovative models. Many institutions are integrating more holistic approaches to address the social determinants that directly impact societal health. Physical therapists must be key in this process. Whether it is influencing care across the continuum, after discharge, or implementing community-based programs, physical therapists are instrumental in developing strategies focusing on the health of the population. A panel of experts will share best practice models that have been developed within health systems that may stimulate innovation, strengthen collaboration, improve communication, and promote effective, value-based practice.

OBJECTIVES
1. Examine the innovative best practices developed and implemented in large health systems throughout the continuum of care.
2. Describe the steps in developing best practice models of care and collaborations needed for current health system topics.
3. Identify novel value-based care delivery strategies that can be implemented in your clinical practice setting.
LGBTQ+ Brave Space Training: Encouraging Difficult Dialogues in Physical Therapy Practice

PRESENTED BY
Melissa Hofmann, PT  Karla Bell, PT, DPT
Chris Condran, PT, DPT  Ashley King, PT, DPT

COURSE DESCRIPTION
The Safe Zone Project was implemented to affect the climate that LGBTQ+ individuals engage in and to provide an environment for students where they feel valued and safe. Education centered on increasing awareness of LGBTQ+ identities, gender, and sexuality as well as unlearning preconceived prejudices. The “safe zone” premise was used to develop “brave spaces” in order to acknowledge and prepare students to be uncomfortable at times, while simultaneously laying ground rules to cope with that discomfort and productively challenge one another. It was a call on students to be “brave” in the face of discomfort. A GLSEN survey showed that teachers were unlikely to receive professional development regarding LGBTQ+ student issues. Three-fourths said they had some type of diversity education but less than a third said any of that training was on LGBTQ content. This preconference course will utilize the theoretical framework and course curriculum adopted by the Safe Zone Project; however, the training will be recognized under the umbrella of Brave Space Training to foster qualities of self-efficacy, empowerment, and pride among LGBTQ+ students. Specific case examples focused on increasing practitioner, faculty, and student awareness will be used to demonstrate current LGBTQ+ disparities in health care/classroom.

OBJECTIVES
1. Discuss LGBTQ+ terminology and concepts as they relate to self-efficacy and learning.
2. Identify how to develop awareness of privilege and become an ally to LGBTQ+ individuals in and out of the classroom or clinic.
3. Recognize current issues and topics impacting LGBTQ+ individuals in the physical therapy workplace and academic environment.
4. Apply learned concepts through active group simulation and role play: Case examples.
**Traversing the Mountains of Data**

**PRESENTED BY**
Mary Spellacy Stilphen, PT, DPT  Karen Green, PT, DPT
Joshua Johnson, PT, DPT, PhD

**COURSE DESCRIPTION**
As health care in the United States continues to shift toward value-based care, it is becoming increasingly important that we are able to turn the vast amount of data we collect on patients into useful information and, ultimately, knowledge. Over the past 10 years, Cleveland Clinic Rehabilitation and Sports Therapy has positioned itself as a leader in the industry and a model for excellence and innovation by standardizing the collection, aggregation, analysis, and use of data. The result has been improved care delivery, operational efficiencies, and identification of internal best practices. The creation and development of a model data collection tool (6 Clicks), innovation of technology platforms, and elevation of disciplines to the top of their licenses all contributed to enhanced patient care. Across disciplines, all caregivers should have a deep interest in the use of data analytics to drive better care. To facilitate this, Cleveland Clinic Rehab and Sports Therapy has implemented the principles consistent with a “learning health system,” where internal data and experience are systematically integrated with external evidence and that knowledge is put into practice. In this session, the speakers will demonstrate the importance of turning data into knowledge to drive operational success and value for patients.

**OBJECTIVES**
1. Describe the role of data in value-based care.
2. Discuss forms and sources of data that can be used to drive acute care operations, productivity, and financial performance.
3. Use data to drive collaboration with other departments.
4. Define the characteristics of a learning health system.

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<th>WHEN</th>
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<th>EDUCATION LEVEL</th>
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<td>Thursday, Feb. 13, 2020 8:00 a.m.-10:00 a.m.</td>
<td>Colorado Convention Center Exhibit Hall: Platform Area 2</td>
<td>Intermediate</td>
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Better Together in Diversity, Equity, and Inclusion: Transforming Society Through Equitable Policies

PRESENTED BY
Dawn Magnusson, PT, PhD  DeAndrea Bullock, PT
Mark Milligan, PT, DPT   Robert Tillman, PT

COURSE DESCRIPTION
Across the United States, significant gaps in health exist and, for many, that gap is widening. Personal responsibility plays a role, but the choices presented before us heavily depend on the family we were born into and the zip code in which we live. Health starts in our families, in our neighborhoods, and in our schools. The concept of health equity means everyone has a fair and just opportunity to be healthier, to live in safe homes and neighborhoods, and to attend thriving schools. Achieving health equity requires valuing all individuals, rectifying historical injustices, and promoting policies that improve the health of our communities. During this session, speakers will leverage 2 high-level policy topics to examine health equity in the US health care system and physical therapist practice. Through small and large group discussions, attendees will have the opportunity to unpack these policies, consider unintended consequences and the role these policies play in widening health gaps, and identify action-oriented solutions within their own practice. This session is the third in a 5-part series focused on diversity, equity, and inclusion (DEI). Under the vision of “Better Together,” contributors will model how individuals representing diverse interests within APTA can come together in support of DEI.

OBJECTIVES
1. Articulate the ways that well-meaning policies can actually widen rather close health gaps.
2. Justify our professional role in ameliorating health inequities.
3. Identify at least 3 action-oriented solutions that you can implement in your own community to advance health equity, from small steps you can take right now, to larger policy changes you can support moving forward.

PRESENTED BY
Leslie Adrian, PT   Thomas Cantwell
Carmen Cooper-Oguz, PT, DPT, MBA

COURSE DESCRIPTION
This session will provide a brief history of the Physical Therapy Licensure Compact, the latest updates on the growth of the Compact, and the requirements and process to obtain Compact privileges. The speakers will discuss legislative efforts to enact the Compact in nonmember states and potential obstacles to implementation. A physical therapist will share her experience obtaining and practicing using Compact privileges. Discussion will also include how the Compact may impact the future of physical therapy in terms of mobility and digital practice.

OBJECTIVES
1. List the reasons for the Physical Therapy Licensure Compact and explain how it works.
2. Describe legislative efforts and potential implementation issues.
3. Explain the future impact of the Physical Therapy Licensure Compact on the physical therapy profession.
Scheduling, CPT Coding, Billing, and Productivity: How They All Interrelate for Outpatient Therapy

PRESENTED BY
Rick Gawenda, PT

COURSE DESCRIPTION
How you schedule your patients, the insurance your patient has, the type of condition the patient has that requires physical therapy, and the ability to use or not use support personnel all have an impact on the CPT codes you can bill for that patient visit, the number of units you can bill in a day, and, ultimately, your productivity and the financial success of your organization. In this session, attendees will learn various ways they can schedule their patients; including double booking and overlapping regardless of the insurance carrier; how to use support personnel, if allowed, to provide interventions under the direction and supervision of the physical therapist; how to bill correctly based on the time spent with the patient providing skilled physical therapy interventions; and how this impacts productivity and, ultimately, the financial success of the organization. The speakers will discuss metrics PTs should be tracking on a weekly or monthly basis in their organization to ensure its financial success and explain how more units per visit may not always mean more money per visit.

OBJECTIVES
1. Differentiate ways of scheduling patients and discuss how this impacts coding, billing, and productivity.
2. Define “requires one-on-one patient contact” and explain how that impacts billing and productivity.
3. Assess your current process of scheduling, billing, and productivity and compare it to what was taught in the session.
4. Identify what financial data to analyze (units, visits, evaluations, etc) and interpret this data to determine the financial success or failure of your practice/organization.
I Wish Someone Had Told Me This a Long Time Ago! A LAMP Management Adventure

PRESENTED BY
Brian Hull, PT, DPT, MBA
Gail Altekruse, PT, MBA
Paula Epenstein, PT, MS
Susan Ropp, PT, DPT
Sue Jeno, PT, PhD
Laura Coco, PT
Stephen Huntsman, PT
Anuj Shah, PT, MA

COURSE DESCRIPTION
APTA’s Section on Health Policy and Administration (HPA) experts of LAMP (Leadership, Administration, Management, and Professionalism) discovered 8 things they wish they had learned years ago. In this session, the HPA’s LAMP Management faculty will share their collective wisdom learned along the way including: connecting an entire team to the shared goals, measuring physical therapy created value, leveraging social media, effective communication across the professions, and preventing burnout for yourself and your team. The LAMP Management faculty’s lessons are your solutions!

OBJECTIVES
1. Discuss 3 strategies to promote positive behaviors and enhance accountability.
2. Identify common behaviors, habits, and pitfalls that can lead to success or failure for new and experienced managers.
3. Describe the tools to address the complexities of managerial challenges to enable better handling of similar situations in the future.

WHEN
Thursday, Feb. 13, 2020
11:00 a.m.-1:00 p.m.

WHERE
Colorado Convention Center
Room: 403/404

EDUCATION LEVEL
Advanced
Feminist Approaches in Physical Therapy Ethics

PRESENTED BY
Debra Gorman-Badar, PT, MA

COURSE DESCRIPTION
The #MeToo Movement highlights the reality that even after years of women’s political, academic, and personal activities to change social injustices, women are still regarded as “other” and “less than.” As a profession dominated by women, these attitudes have serious consequences for both ourselves and our patients. To fully understand how we are negatively affected, both explicitly and implicitly, in our professional lives and work, we must examine the moral dimensions that lie behind sociopolitical attitudes. In this session, the speaker will examine and critique how different values and beliefs promote overarching standpoints that effect ethical choices and actions. After learning what constitutes feminist approaches to health care ethics, attendees will reflect on how feminist approaches intertwine with and impact health care practices and services. Discussing how social, political, and even scientific issues in health care can be changed through a feminist orientation and feminist approaches in physical therapy ethical practice, we will recognize our ability to transform society by challenging and changing attitudes and actions that marginalize, discriminate, and oppress people, both professionals and patients, in health care.

OBJECTIVES
1. Identify the moral dimensions of societal attitudes and actions.
2. Examine and critiques social attitudes that perpetuate social injustices from a feminist standpoint.
3. Discover your personal explicit and implicit biases toward those different from you.
4. Evaluate physical therapy ethical practice with feminist approaches to promote social justice in your personal and professional life.
Platform Presentations 1

- Integrating Stroke Survivors into Cardiac Rehabilitation: Exploring Effectiveness, Feasibility, Physical Therapist Involvement and Policy Implications – Elizabeth Regan, PT, DPT

- Analysis of Physical Therapist’s Practice Patterns for Screening the Cardiovascular System in an Outpatient Setting – Kristin Angelopoulou, PT, DPT

- Use of Acute Care Physical Therapy and Risk of Hospital Readmission for Patients with Pneumonia – Aileen Chou, PT, DPT

- Physical Therapy Impact on Health Service Utilization and Cost for Back Pain: A Systematic Review – James M. Smith, PT, DPT, MA

- Using Rehabilitation Service Areas to Characterize Variation in Post-Acute Care Utilization in Stroke – Annalisa Na, PT, DPT, PhD

- Developing and Comparing Tailored Functional Status Measures Across the Continuum of Post-Acute Care – Pallavi Sood
To Err is Human: Engaging the Physical Therapy Profession in an Interprofessional Patient Safety Discussion

PRESENTED BY
Tina Gunaldo, PT, DPT, MHS, PhD

COURSE DESCRIPTION
In 1999, there were approximately 98,000 deaths occurring within the health care system as a result of medical errors. Twenty years later, that number has quadrupled to 400,000. Health care providers are the third leading cause of death in the United States, ranked behind heart disease and cancer. The health care industry typically highlights a couple of professions and inpatient settings when discussing medical errors. However, this is a skewed perception based upon traditional health care delivery models. According to the Healthcare Providers Service Organization Physical Therapy 2016 Claims Report Update, the improper management category, which includes collaboration across the health care team, has the highest percentage of closed claims. A new vision for health care delivery includes an interprofessional collaborative approach, where all team members share in the responsibility of delivering patient-centered care and optimizing patient outcomes. Physical therapists and physical therapist assistants should be considered integral members of an interprofessional health care team focused on reducing medical harm, subsequently improving patient safety. Attendees will watch a patient safety documentary, To Err is Human, and reflect and discuss the potential effects an interprofessional team can have on reducing medical harm.

OBJECTIVES
1. Recognize the impact of medical errors as a public health emergency in the US health care system.
2. Accept personal responsibility as an interprofessional team member to improve patient safety within your practice.
3. Reflect on empowering patients and caregivers as integral members of the interprofessional team with a focus on improving safety.
Rehabilitation Utilization Among High-Need Patient Populations: Advancing the Physical Therapy Health Services Research Agenda

PRESENTED BY
Amit Kumar, PT, MPH, PhD
Tamra Keeney, PT, DPT
Jason Falvey, PT, DPT, PhD

COURSE DESCRIPTION
Health care utilization for 5% of Americans accounts for approximately 50% of health care expenditures in the United States. It is crucial to better understand how clinical and sociodemographic characteristics contribute to variation in health care utilization and outcomes for this “high-need, high-cost” population. Physical therapists routinely provide care for high-need populations in a variety of health care settings and are uniquely positioned to advance rehabilitation-centered health services research (HSR). Rehabilitation-centered HSR can be used to improve our understanding of physical therapy utilization, cost, and outcomes among high-need, medically-complex patient populations. Changes in health policy have provided a ripe climate for conducting HSR related to a variety of patient populations, particularly for frequent users of health care services. Increased emphasis has been placed on improving knowledge of how additional patient-level factors, such as function and prior hospitalization, relate to postacute rehabilitation care. Secondary analysis of administrative data can be employed to evaluate questions relevant to rehabilitation services research in medically complex patients. The speakers will highlight methods and findings of rehabilitation-centered health services research conducted using large administrative data to examine high-need and medically complex patient populations. This research has the potential to advance the provision of rehabilitation for high-need, medically-complex patients.

OBJECTIVES
1. Describe factors associated with physical therapy utilization as well as factors associated with health care utilization outcomes for veterans with low back pain.
2. Apply a methodologic approach to identify distinct subpopulations or groups within a given sample.
3. Identify hospital and social risk factors associated with the delay in rehabilitation initiation after stroke.
4. Discuss factors associated with rehabilitation utilization in home health care settings.
Better Together in Diversity, Equity, and Inclusion: Engaging Diverse Populations to Improve Rehabilitation Outcomes

PRESENTED BY
Rupal Patel, PT, PhD  Zachary Rethorn, PT, DPT
Lisa VanHoose, PT, PhD

COURSE DESCRIPTION
We need to embrace diversity if we are to build a community that will transform society. This session is the first in a five-part series focused on diversity, equity, and inclusion (DEI) as a growth opportunity in physical therapy. The focus of this session will be on how to create a culture that uses best practices, tools, and resources to maximize engagement from patients and clients. Conditions in the places where people live, learn, work, and play, referred to as the social determinants of health, strongly influence an individual’s health, as does the extent of implicit bias and cultural humility found in our interactions with people from diverse backgrounds and situations. The presenters will explore how these concepts apply to individuals and populations that we connect with in our professional roles. A case vignette illustrating these factors will be utilized to spur small-group discussion and application of concepts that can be implemented immediately across practice settings. Attendees will receive tools to integrate social determinants of health into the plan of care to optimize rehabilitation outcomes. Under the vision of “Better Together,” series contributors intend to model how individuals and groups with a range of interests can collaborate on efforts toward DEI.

OBJECTIVES
1. Describe DEI concepts and their relevance to engaging diverse individuals and populations in physical therapy practice.
2. Discuss the use of social screening tools and how to conduct a social determinant differential diagnosis with individuals and populations.
3. Construct a workflow diagram for social determinants of health screening and culturally sensitive referral within the context of care delivery.
4. Examine avenues for societal transformation through addressing DEI in individuals and populations served by PTs, PTAs, and students.
LAMP Catalyst “TED Style” Talks: Shared Lessons on Leading Within and Leading Others

PRESENTED BY
Anna Edwards, PR, DPT, MA, MBA
Debora Miller, PT, MBA
Beth Sarfaty, PT
Aaron Embry, PT, DPT, MSCR
Derek Fenwick, PT, MBA
Amy Lafko, PT
Deborah Kucera, PT
John Corcoran, PT
Stacey Zeigler, PT, DPT, MS

COURSE DESCRIPTION
Faculty from the LAMP Leadership Institute have prepared a series of “TED Style” talks telling their personal stories that have forged unforgettable lessons in leading within and in leading others. Each inspirational speaker will share their personal backgrounds and unique experiences as health care leaders, providing inspiring strategies for personal and professional leadership growth. As the faculty present their stories and personal insights, attendees will have the opportunity to reflect and connect to their own physical therapy leadership experiences in practice, education, and research. This series of talks will offer insight into many leadership directions, including “Humility and Vulnerability,” “The Journey of a Quiet Leader,” “The Art of Inclusion,” and “Reimagining Your Leadership Possibilities.” All attendees will come away with ideas on how to expand their leadership abilities for themselves, their practice, and the profession of physical therapy.

OBJECTIVES
1. Apply leadership principles and lessons to leading within and leading others.
2. Relate key characteristics of person leadership and correlate these experiences to your own leadership growth and development.
3. Identify leadership principles to address unique situations in the diverse and changing health care environment.

FRIDAY, FEB. 14, 2020
3:00 p.m.-5:00 p.m.
Colorado Convention Center
Room: 205
Intermediate
National Accreditation Standards in Oncology Care: Where Does Physical Therapy Fit?

PRESENTED BY
Nicole Stout, PT, DPT, FAPTA
Mary Lou Galantino, PT, PhD, FAPTA
Megan Pfarr, PT, DPT

COURSE DESCRIPTION
The delivery of cancer care across the United States is guided by accreditation standards set forth by national organizations. The primary organizations that accredit cancer centers include the Commission on Cancer and the National Accreditation Program for Breast Centers, entities of the American College of Surgeons. The standards set forth requirements for rehabilitation services to be a component of cancer care delivery through participation in cancer committees and quality improvement projects. The Commission on Cancer Standard E-11 is specific to rehabilitation services, requiring that patients with cancer have access to rehabilitation services. Recently, the Commission for the Accreditation of Rehabilitation Facilities also developed cancer rehabilitation program standards, further emphasizing the important role that rehabilitation providers play in oncology care. In this session, speakers will focus on helping physical therapists understand the accreditation program standards and will identify roles that PTs can play to better engage in cancer care by leveraging these standards to promote the development of oncology rehabilitation programs and services. The presenters will describe examples of cancer rehabilitation program development strategies and quality improvement initiatives led and contributed to by PTs.

OBJECTIVES
1. Identify the Commission on Cancer standards of relevance to physical therapist practice and recognize the role that PTs play in supporting their cancer center’s accreditation process.
2. Identify the National Accreditation Program for Breast Centers standards of relevance to physical therapist practice and recognize the role that PTs play in supporting their center’s accreditation process.
3. Describe examples of quality improvement programs that rehabilitation providers can lead to facilitate greater engagement in cancer committee work and accreditation for their cancer center.
4. Explain the cancer rehabilitation program standards set forth by the Commission for the Accreditation of Rehabilitation Facilities and steps that an institution can take towards developing comprehensive cancer rehabilitation programs.
Global Health Catalyst Talks: Serving the LGBTQ Community in Physical Therapy

PRESENTED BY
Jennifer Audette, PT, PhD

COURSE DESCRIPTION
In the spirit of engaging and uniting individuals and organizations to promote social responsibility, Catalyst Talks provoke and challenge us to consider how our attitudes and actions impact the health of individuals and communities around the world. This thought-provoking session will address the many issues related to the “inclusion” of the LGBTQ community in all that we do as physical therapists and physical therapy educators. The session brings varied perspectives and prompts intellectual discussion on some very tough questions, such as: How do we include relevant teaching and learning in our curricula? How do we best serve LGBTQ clinicians, faculty, students, and patients/clients? How do we stand up for social justice and equity for all? What are the social justice and social responsibilities related to the LGBTQ community? How does the “right to health” drive our attitudes and behaviors? In the end, attendees will be inspired to pursue the answers to these tough questions through contemplative dialogue. The ultimate goal of the Catalyst Talks is to promote thoughtful and ethical practices.

OBJECTIVES
1. Reflect upon your own personal beliefs, attitudes, behaviors, and actions impact the inclusion of the LGBTQ community.
2. Consider varied ethical platforms that drive actions for social responsibility and inclusion for the LGBTQ community.
3. Discuss and apply LGBTQ skills in the clinic and classroom.
4. Discuss the advantages and disadvantages of global health practices related to the LGBTQ community.
If You Build It, Will They Come? Community Engagement for Vulnerable Populations in Oncology Rehabilitation

PRESENTED BY
April Gamble, PT, DPT  Kristin Campbell, BSc, PT, PhD  Ann Flores, PT, PhD

COURSE DESCRIPTION
In this session, the speakers will discuss key principles for community engagement in oncology rehabilitation with an emphasis on addressing the needs of vulnerable populations which experience disproportionate burdens of cancer. Vulnerable populations are defined as groups and communities at a higher risk for poor health due to social, economic, political, and environmental barriers, as well as limitations due to illness or disability. Culture is one recognized factor that impacts cancer outcomes in vulnerable populations, yet there is limited discussion of the application of cultural considerations within the field of oncology rehabilitation. The presenters will describe evidence-based principles for effectively engaging vulnerable populations and honoring cultural aspects of care in the development and delivery of oncology rehabilitation. The speakers will present 3 diverse case studies as examples of models of care that integrate culturally and contextually adapted assessment approaches, education, and exercise interventions. These case studies will bring the evidence to life to illustrate successful approaches to engaging minority and medically underserved patient populations in the context of different health care systems, locally and internationally.

OBJECTIVES
1. Describe evidence-based principles of community engagement utilized in the development of oncology rehabilitation services.
2. Apply cultural considerations in oncology rehabilitation best practice recommendations.
3. Discuss case examples which demonstrate how to engage vulnerable populations, minority and medically underserved patient populations, and local health care systems in the development of oncology rehabilitation services.
Taking Physical Therapy Outdoors: Rehab in the Real World

PRESENTED BY
Carol-Ann Nelson, PT, DPT  Sarah Caston, PT, DPT
Parker Farabee, PT, DPT

COURSE DESCRIPTION
Have you ever wondered how to do physical therapy from a kayak? Or incorporate a trail hike into your treatment plan? Attend this session to learn about a new and innovative treatment model. The speakers will explore strategies for taking physical therapy beyond the clinic walls, into the outdoors and local community. Physical therapy is currently delivered in a variety of settings, and clinicians are educated to treat patients across the lifespan. However, a gap in long-term goal achievement and recovery remains. That reality, along with the following questions, led to the creation of nonprofit Destination Rehab’s unique, community participation-driven model. Do individuals with disabilities engage in their community in ways that are meaningful to them? Do they explore the outdoors, participate in hobbies, or attend social outings? What barriers do these individuals face when trying to engage in life’s more rewarding activities? Innovative treatment concepts will be explored using current research and real-world experience from the founder of Destination Rehab. Attendees will leave this session with new ideas and renewed inspiration to move physical therapist practice “out of the box” and consider treating in a new and dynamic way.

OBJECTIVES
1. Discuss existing research regarding physical therapist practice in outdoor settings, including the impact on participant self-efficacy and community engagement.
2. Review the foundational principles and guiding framework for Destination Rehab’s outdoor-based, community-integrated model of care.
3. Identify important factors to consider when planning to implement this clinical model across a spectrum of diagnoses and in different geographic regions.
4. Apply acquired knowledge to specific patient cases, integrating novel setting with best practice.

WHEN
Friday, Feb. 14, 2020
8:00 a.m.-10:00 a.m.

WHERE
Colorado Convention Center
Room: 403/404

EDUCATION LEVEL
Basic
Physical Therapists Who Order Diagnostic Imaging: Updates From the Field

PRESENTED BY
Aaron Keil, PT, DPT  Terrence McGee, PT, DScPT
Stephen Kareha, PT, DPT, ATC, PhD

COURSE DESCRIPTION
In recent years our profession has given greater attention to the role of diagnostic imaging in physical therapist (PT) practice. Educational content related to diagnostic imaging is now required for PT education program accreditation. At the state level, some practice acts have now either been updated or interpreted to allow for PTs to order imaging studies directly. As more therapists continue to step into direct access roles, it may be beneficial to evaluate how referral for diagnostic imaging may impact clinical decision making and ultimately enhance patient care. By law, PTs are required to determine what conditions fall outside their scope of practice and to make timely referrals to appropriate health care providers when necessary. Military PTs and all other civilian first contact providers routinely use diagnostic imaging in this critical decision-making process. The speakers will explore how the ordering of diagnostic imaging by civilian PTs has impacted clinical decision making and ultimately led to enhanced patient care. Multiple cases will be reviewed in which imaging results directly led to an alternative course of management. The process to secure both legal and institutional approval in 3 separate states will be covered.

OBJECTIVES
1. Cite appropriate research that supports granting physical therapists privileges to order imaging studies directly.
2. Describe the impact diagnostic imaging can have on clinical decision making when ordered appropriately.
3. Develop a plan to secure administrative and/or PT Board support for granting physical therapists privileges to order imaging.
4. Effectively prepare to answer common questions and concerns over granting therapists diagnostic imaging privileges.
Turning the Road to Success Into a Highway: Strategies to Facilitate Success for Young Professionals

PRESENTED BY
Jeffrey Chelette, PT, DPT  Justin Zych, PT, DPT
Amelia Hanford Arundale, PT, DPT, PhD  Karen Litzy, PT, DPT

COURSE DESCRIPTION
A successful professional must develop a valuable personal brand and a clear career vision. These are daunting concepts to new physical therapists. The idea of career development is abstract and hard to explicitly define: What does it look like? How is it done? These are valid questions that must be answered. The beautiful, and maddening, thing about career development is that there is no correct or incorrect method of doing it. This session will speak to the ideas of career development, professional development, and personal branding. The speakers will share lessons on ways to begin these processes from day 1 of physical therapy school and into the early years of practice. While the path to professional success as a physical therapist takes many forms, this session will focus upon the key foundational principles of the career development process and how physical therapist students and new physical therapists can begin implementing them immediately. The session will conclude with a question-and-answer period with a panel of 4 young and accomplished physical therapists with unique early career experiences.

OBJECTIVES
1. Develop a clear and coherent personal mission statement.
2. Describe how career and professional development are continuous processes, and apply techniques to encourage continual advancement.
3. Recognize challenges in early career development and find resources, tools, and skills to approach such challenges head-on.
Documentation, Billing, and Administration Best Practices for Cancer Rehabilitation Services

PRESENTED BY
Christopher Wilson, PT, DPT, DScPT
Rick Gawenda, PT
Susan Lilly, PT, ScD
Lorna Griffin, PT

CO-SPONSORING SECTION
Oncology Section

COURSE DESCRIPTION
This session will provide an overview of common and innovative practice models for oncology rehabilitation and the adaptations required for optimizing billing and documentation to support clinical care. Speakers will provide best practices for defensible documentation and optimal charge capture for a variety of clinical scenarios, including preventative care, screenings, and palliative scenarios for patients with common cancer diagnoses. The presenters will describe clinical patient care scenarios and documentation examples for a diverse population of patients in an outpatient setting for Medicare and private payers. Attendees will learn about inpatient and acute care oncology patient care practice patterns that provide support and development for successful billing and documentation practices within the hospital setting, as well as best practices for connecting inpatient to outpatient oncology physical therapy. The session will conclude with a question and answer session in a panel format.

OBJECTIVES
1. Describe practice patterns for oncologic physical therapy across the continuum of care and providing administrative support for these patterns.
2. Identify and apply adaptations to clinical documentation and billing practices to provide for defensible documentation for optimal payment.
3. Critically analyze clinical documentation for outpatient physical therapy for patients with cancer to provide evidence for medically necessary care and support payment.
4. Describe best practices in practice, administration, and billing for acute and inpatient scenarios for patients participating in cancer rehabilitation.

WHEN
Friday, Feb. 14, 2020
11:00 a.m.-1:00 p.m.

WHERE
Colorado Convention Center
Room: 108/110/112

EDUCATION LEVEL
Intermediate
Nonclinical Careers in Physical Therapy: Career Growth and Advancement in a Changing Profession

PRESENTED BY
Meredith Castin, PT, DPT
Donna Lampke, PT, DPT, APRN, LPC, LPHT

COURSE DESCRIPTION
Physical therapy professionals pursue nonclinical roles for many reasons, including professional growth, need for less physically demanding work, market saturation, burnout, and the desire to apply clinical skills in innovative ways. Nonclinical careers are an effective way to stay invested in the profession while growing the physical therapy brand beyond the rehab world. By pursuing nontraditional roles in leadership, case management, operations, marketing, and technology, more PTs can stay active and vocal in our profession while leveraging doctorate degrees in impactful settings. The speakers will discuss factors that influence therapists to leave direct patient care and provide an overview of nonclinical opportunities in health care. The presenters will explain how to determine the right nonclinical career path and what steps are needed to transition. Attendees will learn ways to network, gain nonclinical skills, and prepare career materials. Discussion will include how to succeed and grow in nonclinical roles and will introduce APTA measures that support nonclinical PT careers.

OBJECTIVES
1. Explain how physical therapy professionals are perfectly equipped to solve health care and technology’s biggest problems by leveraging existing skills in user experience and process improvement.
2. Apply your clinical experience and self-assessment to determine and design the most appropriate nonclinical career paths for yourself, while noting any additional education or licensure requirements you will need to address along the way.
3. Describe what the most popular nonclinical career paths involve, including general responsibilities, additional education or training required, and ballpark compensation.
4. Apply a solid understanding of networking, how job candidates are screened, and the nuances of resumes and cover letters, in order to successfully participate in the job searching process.
ICD-10 Coding: What Every Therapist Needs to Know

PRESENTED BY
Jaclyn Warshauer, PT
Ellen Strunk, PT, MS

CO-SPONSORING SECTION
Geriatrics Section

COURSE DESCRIPTION
Are you stuck in “generalized weakness”? Do you find yourself using the same diagnosis codes over and over, from patient to patient? If your patients are not all the same, then your ICD-10 codes should not be the same. Increasingly, payors are linking reimbursement to clinical characteristics rather than focusing primarily on the services provided. Therapists should select ICD-10 codes that capture clinical characteristics and reflect your patient variation. This is especially important under the emerging value-based payment models, such as the Patient Driven Payment Model (PDPM) for SNF, the Patient Driven Grouper Model (PDGM) for home health settings, and the Merit-based Incentive Payment System (MIPS) for outpatient therapy. To do this requires understanding of ICD-10 coding guidelines. But having ICD-10 codes alone does not support medical necessity. The documentation of the patient’s clinical characteristics must also support the ICD-10 codes chosen and medical necessity. This course will take you through the ICD-10 coding guidelines as related to therapy services. Tips will be provided for illustrating a clinical picture in your documentation that translates into support for the ICD-10 codes chosen as well as the interprofessional record of care.

OBJECTIVES
1. Describe code structure and process for selecting the most appropriate ICD-10 code.
2. Distinguish the differences between the commonly used therapy ICD-10 codes.
3. Explain the relationship between documentation and ICD-10 code selection.
Physical Therapy as a Culturally Diverse and Inclusive Profession: Building the Foundation

PRESENTED BY
Jazmine Tooles, PT, DPT  Maria Aguila, PT, DPT
Fatmata Kabia, MPA

COURSE DESCRIPTION
Transforming society, as movement experts, entails that we as practitioners also become adept in navigating and applying important skills. As outlined in the Guiding Principles that support the APTA Vision: “The physical therapy profession embraces cultural competence as a necessary skill to ensure best practice in providing physical therapist services by responding to individual and cultural considerations, needs, and values.” There is also a need for cultivating diversity in the physical therapy workforce to reflect the diversity of the communities and society we serve. How do we become more culturally competent practitioners so that we can navigate the diverse conversations and interactions while ensuring that our interventions are evidence-based? There is no one route; there are different ways to achieve a common goal and they are being explored at different levels. Explore the benefits of a holistic admissions approach in engaging underrepresented minority groups, community outreach programs to raise awareness in as young as elementary schoolchildren, and engagement opportunities for professionals and students. Learn various approaches in cultural competence initiatives at individual, employer, component, and national levels.

OBJECTIVES
1. Review and acknowledge the ethical professional mandate to help meet the needs of all members of society.
2. Examine the relationship between health disparities and inequalities among the dimensions of wellness.
3. Identify and utilize available resources to promote diversity initiatives in an individual practitioner’s geographic area.
4. Develop basic and effective skills to promote diversity, equity, and inclusion initiatives.

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<tr>
<td>Friday, Feb. 14, 2020  11:00 a.m.-1:00 p.m.</td>
<td>Colorado Convention Center  Room: 304</td>
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Emerging Issues Impacting the Physical Therapist

PRESENTED BY
Rick Gawenda, PT
Kara Gainer, JD

COURSE DESCRIPTION
In the ever-changing landscape of rules and regulations impacting physical therapist practice, clinicians are spending more time trying to decipher, learn, and apply the various rules and regulations across a spectrum of different insurance carriers. The goal of this session is to address some of the more confusing rules and regulations, as well as prepare attendees for payment and policy changes coming in 2020. The speakers will discuss topics such as billing Medicare Advantage enrollees when your practice is in-network, out-of-network, enrolled in the Medicare program, or not enrolled in the Medicare program; whether all traditional Medicare rules and regulations apply to Medicare Advantage plans; what’s the difference between pre-op versus prehab versus rehab; how Medicare’s “8-minute rule” relates to other federal payers; supervision requirements of students in the various practice settings; and many more.

OBJECTIVES
1. Recognize the billing limitations on your practice when treating an out-of-network Medicare Advantage enrollee versus an in-network Medicare Advantage enrollee and how to ensure your practice remains in full regulatory compliance.
2. Explain the prohibition on balance billing dual-eligible Medicare beneficiaries in the Qualified Medicare Beneficiary program.
3. Identify 3 payment or policy changes occurring in 2020 that could have an impact on your practice.
4. Describe the different supervision requirements of students in the various practice settings.
Professional Engagement: What’s In It for Me?

PRESENTED BY
Becky Olson-Kellogg, PT, DPT  Mark Weber, PT, ATC, PhD
Matthew Briggs, PT, DPT, PhD  Craig Henslet, PT, DPT
Kenneth Yeager, PhD  Kendra Harrington, PT, DPT, MS
Carol-Jo Tichenor, PT, MA, FAPTA  Joseph Farrell, PT, DPT, MS, FAPTA

COURSE DESCRIPTION
Current health care delivery places high expectations on physical therapists to improve the health of populations, reduce costs, and improve the patient care experience. Pay for performance, productivity metrics, decreased reimbursement, and increasing documentation requirements create potential added job strain on physical therapists. Despite being consistently ranked as one of the top 20 professions in U.S. News and World Report, is the picture of our physical therapy profession really so rosy? The presenters will discuss job stress issues that can place individuals at risk for burnout and compassion fatigue, including tools for burnout early identification and monitoring. This presentation will include the results from a recent national study of physical therapists investigating factors related to professional engagement. Benefits and risks of professional engagement and strategies to protect young professionals and experienced clinicians from burnout will be presented. This interactive session will challenge attendees to build strategies for themselves as well as students and colleagues.

OBJECTIVES
1. Differentiate the key features of professional engagement, workplace engagement, and job satisfaction described in current literature for the health care professions.
2. Differentiate factors in the current health care environment that may contribute to job stress, burnout, and compassion fatigue.
3. Identify tools for early identification and monitoring of burnout/compassion fatigue, and develop strategies for personal engagement to protect against burnout in the physical therapy profession.
4. Discuss results of a national survey of physical therapists related to professional engagement.
### A Closer Look: Four Months into PDPM - What Do We Know?

**PRESENTED BY**
Ellen Strunk, PT, MS  
Alice Bell, PT, DPT

**COURSE DESCRIPTION**
The change in the skilled nursing facility (SNF) Prospective Payment System (PPS) from the Resource Utilization Groups (RUGs) to the Patient Drive Payment Model (PDPM) was projected to be the most significant change to physical therapist practice in this setting since the Balance Budget Act of 1997. Were the projections true? Has the physical therapy world changed? This session will explore how SNF practice models have or have not changed as a result of the PDPM. A panel of executives from small, medium, and large companies who provide rehabilitation services in this space will address questions related to therapy staffing, volume of therapy services, operational changes, innovations, and response to CMS’ focus on value and long-term outcomes.

**OBJECTIVES**
1. Define the key metrics used by rehabilitation providers to measure success under the PDPM.
2. Compare patient care strategies employed across the country.
3. Describe new opportunities and strategies that might be employed in your own practice setting to increase value.

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**WHEN**  
Friday, Feb. 14, 2020  
3:00 p.m.-5:00 p.m.

**WHERE**  
Colorado Convention Center  
Room: 702/704/706 West

**EDUCATION LEVEL**  
Intermediate
Platform Presentations 2

Creating a Division of Rehabilitation in a Large Healthcare System through Functional Transformation – Jason Robert Rodeghero, PT, DPT, PhD

Guideline Informed Physical Therapy in Emergency Department Reduces Imaging, Opioid Administration, and Length of Stay – Keith Roper, PT, DPT

Development of Quality Indicators for Departments of Hospital-Based Physiotherapy: A RAND-Modified Delphi Study – Rudi Steenbruggen, PT, BSPT

Rates of Utilization of Ambulatory Therapy Services By the United States Population, 2014-2016 – Robert William Sandstrom, PT, PhD

Key Data Elements for Longitudinal Tracking of Physical Function: A Modified Delphi Consensus Study – Daniel L. Young, PT, DPT, PhD

Variation in the Use of Hospital-Based Rehabilitation Services Following Elective Joint Replacement By Bundle-Payment Participation – Maximilian Mordecai Fabricant, SPT

WHEN
Friday, Feb. 14, 2020
3:00 p.m.-5:00 p.m.

WHERE
Colorado Convention Center
Exhibit Hall: Platform Area 3

EDUCATION LEVEL
Basic
HPA The Catalyst invites you to join the organization for its annual business meeting and awards presentation, immediately preceding the Global Health Reception. HPA The Catalyst will take the time to review the Section’s accomplishments in the past year, recognize our terrific volunteer committee members, swear-in new officers, and present the Section’s five awards: the HPA Outstanding Service Award, the R. Charles Harker, Esq., Policy Maker Award, the LAMPLighter Award, the Global Health Special Interest Group (GHSIG) Award, and the HPA Technology and Innovation Award.

This is an excellent opportunity to learn more about what goes into making HPA The Catalyst such a successful Section as well as to network with fellow physical therapy professionals who share the same interests as you. It’s also a great platform to learn more about volunteering and getting involved with HPA The Catalyst. We hope to see you this coming February for what should be a terrific evening!

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**Join Us for the Global Health Reception at CSM 2020 in New Orleans**

The Global Health SIG will host its Global Health Reception on Friday, Feb. 14, 2020, from 8:00 p.m. to 10:00 p.m. at the Hyatt Regency in Centennial ABC in Denver. Join us for light hors d’oeuvres and a cash bar while mingling with fellow physical therapy professionals who are interested in global health initiatives. And thank you to the following individuals and institutions for sponsoring the reception!

*Sponsors listed as of Nov. 27, 2020*

- Arcadia University Department of Physical Therapy
- Northwestern University
- University of Wisconsin Doctor of Physical Therapy Program
- Thomas Jefferson University
- Duke Doctor of Physical Therapy
- Maryville University, Walker College of Health Professions
- Bellarmine University Doctor of Physical Therapy Program
- Regis University
- University of Scranton Department of Physical Therapy
- Ronnie Leavitt
- Briar Cliff University
- Southwest Baptist University
- Widener University
- Texas Woman’s University - School of Physical Therapy

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**WHEN**

Friday, Feb. 14, 2020 8:00 p.m.-10:00 p.m.

**WHERE**

Hyatt Regency Centennial ABC

**WHO**

Open to All Members and Non-Members Interested in HPA The Catalyst!
COURSE DESCRIPTION

Within the literature, there are no established or recognized global standards or agreement for the definition of digital practice (sometimes also referred to as telehealth or telemedicine). The term digital practice is more encompassing of the technologies currently in use and projected into the future; the “tele” prefix references older technology and will become less relevant with time. In this presentation, speakers will discuss an international definition and purpose for digital physical therapy practice, agreed upon by a working party of various physical therapy stakeholders drawn from the International Network of Physiotherapy Regulatory Authorities (INPTRA) and the World Confederation for Physical Therapy (WCPT) member organizations. Digital practice is seen globally as the way forward, with many countries worldwide formally recognizing the benefits and value of using digital modes of care delivery. Such an emphasis is also providing opportunities for researchers and service evaluation opportunities in which physical therapists can be involved. Physical therapists, therefore, need to be prepared to embrace digital options and solutions in all aspects of practice and research and to provide evidence of their impact.

OBJECTIVES

1. Define digital physical therapy practice, including telehealth, telemedicine, and telerehabilitation history.
2. Discuss digital practice white paper contents.
3. Envision future digital practice opportunities with telehealth addressing workforce for physical therapy.
Implementation Science, Innovation, and Clinical Outcomes

PRESENTED BY
Christine McDonough, PT, PhD
Joel Stevans, PhD, DC
Janet Freburger, PT, PhD
Addie Middleton, PT, DPT, PhD
Peter Coyle, PT, DPT, PhD

COURSE DESCRIPTION
Implementation science investigates the barriers, facilitators, and methods that impact integration of evidence-based treatments, technologies, and care delivery models into usual practice. The persistent gap between evidence and real-world practice across the entire health care continuum has increased interest in understanding how to ensure successful implementation alongside developing evidence of effectiveness. This has led to exciting new combinations of research designs and approaches that emphasize the critical role of all stakeholders in the research process. The growth of learning health systems—systems that use clinical data, quality improvement, and research in real-time and prospectively to drive innovation and improve outcomes—also provides opportunities to embed research in real-world practice. The Center on Health Services Training and Research (CoHSTAR) sponsored its first Institute on Implementation Science in May 2019 and plans a follow-up Institute in 2020. This session, led by CoHSTAR faculty and fellows, will discuss the importance of implementation science for clinical practice and learning health systems.

OBJECTIVES
1. Explain foundational concepts of implementation science and chief research designs.
2. Discuss the science of stakeholder engagement and its relationship to implementation science
3. Describe how clinical registries and administrative data can support quality improvement and implementation of best practices.
4. Apply results of implementation research to integrate evidence-based management strategies into practice.
The Intersections of Transgender Identities and Physical Therapy

PRESENTED BY
Chris Condran, PT, DPT

COURSE DESCRIPTION
Transgender identity often contributes to significant barriers for individuals seeking health care as well as services throughout the community. Transgender individuals frequently experience bullying, harassment, verbal and even physical assaults. According to the 2015 U.S. Transgender Survey, one-third of respondents had negative experiences at a health care provider due to transgender identity. One-quarter abstained entirely from pursuing necessary health care due to fear of being mistreated due to their identity. One in four transgender individuals experienced a problem with their insurance related to being transgender. More than half of those respondents were denied gender-affirming care by their insurance providers. As the physical therapy profession continues to seek autonomy, we have a professional duty to meet and exceed the needs of this unique patient population. The goal of this session is to bring attention to the unique experiences of transgender communities as well as provide the tools necessary for physical therapy practitioners to create culturally and clinically competent, inclusive environments in their respective settings. The speakers will present the latest research as it applies to physical therapist practice, creating empathy and understanding of the unique experiences of transgender individuals, and highlight the latest guidelines for transgender competent health care practice.

OBJECTIVES
1. Describe 3 common barriers transgender individuals experience to attaining overall health and wellness.
2. Identify 2 potential barriers to providing culturally competent physical therapy services to the transgender community.
4. Discuss 2 methods for creating an inclusive clinic environment and physical therapy experience for transgender individuals.
**Obesity, Food Insecurity, Nutrition, and Functional Impairment: What Is the Role of Physical Therapy?**

**PRESENTED BY**
Elizabeth Campione, PT, DPT
Ann Jackson, PT, DPT

**COURSE DESCRIPTION**
According to the Centers for Disease Control and Prevention, obesity affected approximately 93.3 million US adults between 2015 and 2016. The US Department of Agriculture reported that 11.8% of households were food insecure at some point during 2017. Food insecurity and obesity have been associated with a number of chronic conditions, including hypertension, diabetes, inflammatory diseases, cancer, heart disease, and stroke. Food insecurity refers to the limited or uncertain availability and access to nutritionally adequate and safe foods. Individuals who are food insecure tend to have limited access to health care and lower health literacy, which can lead to poor disease management, ultimately leading to increased functional limitation. It can be postulated that food insecure adults with chronic disease may be less able to manage their disease, leading to further morbidity and worsening functional limitation. This session will explore scope of practice as it relates to physical therapy and nutrition. The speakers will discuss the role and ethical responsibility of PTs in identifying and screening for food insecurity while managing functional limitations related to chronic disease.

**OBJECTIVES**
1. Describe food insecurity and identify the factors that are used to determine if an individual is food insecure.
2. Identify the relationship between obesity, food insecurity, chronic disease, and functional impairment.
3. Evaluate the available outcome measures to screen for food insecurity and functional impairment in the clinical environment.
4. Discuss the role and ethical responsibility of the rehabilitation provider in identifying food insecurity in relation to the PT scope of practice in providing nutritional counseling in an effort to maximize management of chronic disease and optimize function.

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<tr>
<td>Saturday, Feb. 15, 2020 11:00 a.m.-1:00 p.m.</td>
<td>Colorado Convention Center Room: 403/404</td>
<td>Intermediate</td>
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Through the Looking Glass: What Are the Emerging Payment and Quality Issues?

PRESENTED BY
Kara Gainer, JD
Heather Smith, PT, MPH

COURSE DESCRIPTION
Given the evolving federal payment landscape, this session will focus on the top 5 policy areas driving payment and quality cross the care continuum. Presenters will review key policy provisions impacting physical therapists and physical therapist assistants in this new payment environment, and will discuss the dramatic changes that come with implementing comprehensive health care reform legislation and regulation, alternative payment models, and quality reporting programs, including how high-quality data is critical to the ability of providers to build the evidence of successful strategies to lower costs and improve the quality of care. The speakers will describe how these changes create many opportunities and challenges for physical therapists and physical therapist assistants and how physical therapists fit into the overarching goal of improving payment and health care delivery.

OBJECTIVES
1. Assess the current regulatory and political landscape in Washington, DC, for physical therapists and physical therapist assistants who work across the care continuum.
2. Evaluate where quality reporting and alternative payment models fit into the broader context of Medicare payment reform.
3. Describe what physical therapists and physical therapists need if they are to effectively participate in value-based payment models.
4. Identify APTA resources that will help physical therapists and physical therapist assistants succeed in the evolving reimbursement environment.
Consumer-Centric Activity Trackers and Telehealth’s Vital Role in Value-Based Physical Therapy Care (APTA FiRST Council)

PRESENTED BY
Alan Lee, PT, DPT, PhD
Trevor Russell
Joseph Smtih, MD, PhD, FACC

CO-SPONSORING SECTION
Orthopedics Section

COURSE DESCRIPTION
In society, consumers are embracing activity trackers and wearable digital devices across most aspects of their lives and increasingly expect their health care to be supported by it. Key telehealth advances are impacting healthcare with disruptive innovations connecting the clinic to the community with diagnostics and remote monitoring. However, patients and providers struggle with new innovations especially if devices are not easy and intuitive to use and do not meet a clear need with strong evidence. Physical therapists, as integral members of the health care team, must be prepared to maximize telehealth and wearable technologies impacting clinical practice, research, and education, and to participate in optimizing these technologies for clinicians and patients/clients. This session will discuss the value of the present use and the future vision for telehealth and activity trackers to guide clinicians, consumers, and their families to achieve the best personalized physical rehabilitative services in the digital age.

OBJECTIVES
1. Describe telehealth, telemedicine, and telerehabilitation
2. Discuss sensors and wearable activity trackers impacting practice, research, and education in society
3. Envision future digital practice opportunities with activity trackers, wearable sensors, and telehealth for physical therapy

WHEN
Saturday, Feb. 15, 2020
11:00 a.m.-1:00 p.m.

WHERE
Colorado Convention Center
Room: 505/506/507

EDUCATION LEVEL
Intermediate
Fostering Interprofessional Competencies and Leadership Skills in Student-Run Pro Bono Clinics and Community Initiatives

PRESENTED BY
Kim Dunleavy, PT, PhD  Sara Kraft, PT, DPT
Holly Wise, PT, PhD  Martha Scholler, PT, DPT
Jim Benedict, PT   Jill Black, PT, DPT, EdD

COURSE DESCRIPTION
Interprofessional collaborative practice and teamwork is a vital component of creating new models of care to improve coordination of health care services within the complex and rapidly evolving health care environment. Interprofessional teamwork involves cooperation, coordination, and collaboration with other professions to provide the highest quality of patient-centered care, requiring development of leadership and team skills. The importance of developing quality interprofessional education has been highlighted by recommendations endorsed by multiple accreditation bodies for a longitudinal sequenced continuum of experiences including extracurricular and experiential interprofessional education activities. Student-run pro bono clinics and other community engagement opportunities are an attractive option to offer realistic contexts and experiences to develop the necessary interprofessional competencies related to values and ethics, understanding of roles and responsibilities, interprofessional communication, and teamwork skills. These real-world opportunities also offer an ideal setting to prepare future leaders for the challenges of health care, with student-run models providing opportunities for quality improvement and administration experience. The speakers will present pro bono and community engagement service models and initiatives and methods used to develop student leaders, present selected outcomes, and discuss some of the challenges that have led to student and program growth.

OBJECTIVES
1. Develop strategies for utilizing available or developing pro bono physical therapy and community engagement services to foster leadership and interprofessional collaboration.
2. Discuss strategies to assist students with assuming leadership roles and developing leadership skills in an interprofessional team to facilitate care in a student-run pro bono clinic.
3. Compare and contrast options to integrate individual and continuous quality improvement, administration, and care coordination components in interprofessional service learning and community engagement models.
4. Discuss challenges, factors leading to success, barriers, and facilitators for developing teamwork and leadership competencies in interprofessional pro bono and community engagement initiatives.

WHEN
Saturday, Feb. 15, 2020
11:00 a.m.-1:00 p.m.

WHERE
Colorado Convention Center
Room: 304

EDUCATION LEVEL
Intermediate
Platform Presentations 3

Outpatient Physical Therapy Presence and Access in Medically Underserved Chicago Communities – Jessica Rodriguez, SPT

Dpt Students Learning Advocacy Experientially for Best Practice: An Imperative for Moving the Profession Forward – Aliya Navid Chaudry, PT, DPT, Esq, JD, MBA

A Model for Assessing a Medical Mission’s Service to a Rural Honduran Community – Lindsey Jubina, SPT

Multi-Sectorial Collaboration to Increase Physical Activity and Improve Body Composition for Preschoolers with Developmental Delays – Annabel Nunez-Gaunaurd, PT, MSPT, PhD

Perceived Barriers to Physical Activity in Sedentary Patients with Total Knee Arthroplasty – Cherie LeDoux, PT, DPT
Perspectives on Community Health Workers and Physical Therapy: Partnership and Capacity Building

PRESENTED BY
Kathryn Nesbit, PT, DPT, DSc  Alexander Ngalande
Binalison Zonse

COURSE DESCRIPTION
In the context of low-income settings with a disproportionate prevalence of noncommunicable disease and limited resources, we find both challenges and opportunities for delivery of equitable rehabilitation care. Malawi has 0.8 physical therapists per 100,000 people as compared to 1,350 per 100,000 people in high-income countries. Therefore, the role of community health workers is critical for access to rehabilitation care. The speakers will present a case example of community health workers partnering with a physical therapist to provide rehabilitation care at St. Gabriel's Hospital in rural Malawi. This session will provide attendees with insight into the role of community health workers in community-based rehabilitation, the role of physical therapists, stakeholders’ perspectives on partnership building, and ways that health systems evolve to provide more equitable rehabilitation care. Presenters will include a US-based physical therapist, a Malawian home-based palliative care and community health worker coordinator (nurse), and a Malawian volunteer community health worker. The speakers have partnered for the past 14 years to build a program that fosters capacity for community health workers to deliver equitable rehabilitation care to people with noncommunicable disease in a catchment area of 205,000 people.

OBJECTIVES
1. Explain the role of community health workers in community-based rehabilitation in a resource-limited setting.
2. Recognize challenges and opportunities for physical therapists in a resource-limited setting.
3. Appreciate stakeholders’ perspectives on partnership and capacity building.
4. Identify ways health systems evolve to provide more equitable rehabilitation care in a resource-limited setting.
Appeal Letter Workshop: Tools for Effective Appeals

PRESENTED BY
Jaclyn Warshauer, PT
Mary Saylor, PT, MPT
Rebecca Setaro

COURSE DESCRIPTION
Do you struggle with interpreting denials? Do you often wonder if your appeal argument is compelling? If so, this session is for you! Medicare and managed care efforts to prevent improper payments have resulted in increased medical reviews. When a denial occurs, it’s necessary to understand the specific reason for the denial in order to formulate an appropriate appeal strategy. An effective appeal strategy often includes input from billing and medical records in addition to rehab. In this session, the speakers will discuss the roles of the various team members in gathering and interpreting the denial information. In addition, they will highlight elements to include in an effective appeal letter and share common appeal letter pitfalls to avoid. Tools provided will include appeal templates and a comprehensive Medicare citations list.

OBJECTIVES
1. Explain the role of various team members in denials interpretation and effective appeals management.
2. Describe the meaning of common denial terminology.
3. List elements to include in an effective appeal letter.
4. Identify appropriate citations to use in Medicare appeals.