



WEBINAR

COVID-19: Minimizing the Impact of Social Distancing for the Older Adult

APRIL 4, 2020

2 HOUR DURATION

[VIEW THE WEBINAR RECORDING](#)

(You'll be prompted to enter your name and email and then the recording will start)

About the Webinar:

This webinar will be looking at minimizing the impact of social distancing and is aimed primarily at our older adults, their caregivers and therapists looking for ideas to help the older adult in these challenging times. Representatives from home health, acute care, geriatrics and the cognitive and mental health SIG will be speaking on ways individuals, their families, caregivers and therapists can help minimize the impact of the isolation being experienced by many of our older adults.

We'll Discuss:

- Tips for maintaining routines and introducing new ones for individuals with cognitive challenges
- Ideas for indoor physical activity with individuals with cognitive challenges
- Anxiety, depression, and borderline personality disorder in the acute care and socially isolated patient
- Techniques for patient sessions: Mindful movement, structure/communication adjustments, handling of disruptive behaviors
- Breathing activities and pulmonary rehab strategies for individuals with "traditional" pulmonary issues, such as COPD, asthma and emphysema (not COVID-19)
- Using routines to decrease anxiety, ways we can introduce acute care techniques into the home now that the patient is being required to stay at home
- Logistics of engaging individuals in the home who should be but are not receiving home visits
- Triaging older adults and preparing for the upcoming surge of home health patients.

Handout:

Download the PDF of the [Presentation Slides](#).

Certificate of Attendance

We do NOT apply for CEU approval for webinars, however your state licensure may allow credits for this education activity. We do provide a certificate of attendance, which can be downloaded below. You will need to contact the agency or organization in your state, which handles your professional licensure, in order to determine whether credit is available for webinars, and without applications for approval.

There is no survey to be completed for this webinar.

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Presented by:

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