Bringing it All Together: Making Healthy People a Mindset

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Learning Objectives

• Describe ways to make Healthy People more integrated in education

• Discuss means to use Healthy People goals as a routine part of practice

• Explore opportunities to more actively engage with Healthy People initiative
Using Healthy People in Education

• Increased awareness through coursework
Using Healthy People in Education

- Possible assignments
  - Scavenger hunt for specific goals or indicators
  - 1 - 2 page memo on progress to date
  - Data analysis related to a particular objective

- Incorporate HP2020 as a regular resource for research papers and projects
Using Healthy People in Education

• Internship or fieldwork experience
  • Engage academic and community partners around Healthy People topic areas
  • Guiding principle for planning or evaluation

• Research Projects
  • Public health policy agenda setting
  • Consideration of HP2020 in delivery of Essential Public Health Services
Healthy People Resources

Find evidence-based information and resources for the Healthy People 2020 Topic Areas.

Evidence-Based Resources
Welcome to the new Healthy People 2020 Evidence-Based Resources tool. This searchable database gives you access to a wealth of information available from multiple sources. We will continuously update and expand this database. So, if you use the search form below today, you may find only information for certain topic areas, objectives, and search criteria. Tomorrow and the days to come, you will see more. Be sure to keep refreshing your searches as you work to improve the health of your community. You may browse these resources by topic area or conduct a tailored search using the advanced search feature below. Using the menus and boxes below, you may choose the type of evidence-based resources of interest to you.

Reset Form

Topic Area

Objective

Developer Type

- Federal Government
- Non-Federal Government

Leading Health Indicators Only? Yes

Race & Ethnicity

- American Indian or Alaska Native only
- Asian only
- Black or African American only
- Native Hawaiian or Other Pacific Islander only
- White only
- Non-Hispanic White
- Non-Hispanic Black or African American
- Hispanic or Latino

Resource Type
- Systematic Review
- Non-Systematic Review

Intervention Type
- Behavioral & Social
- Clinical Practice

Desired Outcome
- Effect Behavioral Change
- Effect Health System Change
Using Healthy People in Practice

- Use HP2020 goals to set agenda for policy and practice
- Opportunities to collaborate with other community partners and public health agencies
Using Healthy People in Practice

• Moving from learning to implementing

**Implementing Healthy People 2020**

MAP-IT: A Guide To Using Healthy People 2020 in Your Community

Healthy People is based on a simple but powerful model:

- Establish national health objectives.
- Provide data and tools to enable States, cities, communities, and individuals across the country to combine their efforts to achieve them.

Use the MAP-IT framework to help:

- Mobilize partners.
- Assess the needs of your community.
- Create and implement a plan to reach Healthy People 2020 objectives.
- Track your community’s progress.
Using Healthy People in Practice: Networking and Shared Experiences

State and Territorial Healthy People Plans

Many States and Territories use Healthy People as a guide to improving health. Find your State or Territory below to learn about how they’re working to achieve the Healthy People goals and objectives.

Each State and Territory has a Healthy People Coordinator who serves as a liaison with the Office of Disease Prevention and Health Promotion (ODPHP). The Coordinator’s job is to ensure their State or Territory’s plan is in line with Healthy People goals and objectives. [Find the Healthy People Coordinator in your State or Territory.]

Alabama
- [2010](#) [PDF - 741 KB]

Alaska
- [2010](#)
- [2020](#)

Arizona
- [2020](#)

Nebraska
- [2010](#) [PDF - 2.52 MB]

Nevada
- [2010](#)
- [2020](#)

New Hampshire
- [2010](#)
Extending to Other Areas of HP 2020

- Modules are only highlights of HP2020

- Translate lessons learned here to other HP2020 topic areas
Activity

• Develop an objective for Healthy People
  • How do you determine priority areas?
  • What are reasonable measures?

• Develop a brief case study on how a local public health agency or organization is working towards HP2020 goals
Conclusion