

Age-Specific Preventive History Chart: CHILD AND ADOLESCENT

AGE	At Birth	1-2 Weeks	2 Months	4 Months	6 Months	9 Months	12 Months	15 Months	18 Months	24 Months	30 Months	36 Months	4-6 Years	7-8 Years	9-10 Years	11-12 Years	13-15 Years	16-18 Years			
IMMUNIZATIONS⁴	Review age-appropriate immunizations at every encounter (See ACIP schedule at www.cdc.gov/vaccines)																				
LIFESTYLE/ENVIRONMENT																					
Alcohol and Drug Use¹																Screen at every encounter: counseling, treatment and referral as necessary					
Contraception¹																Counsel annually regarding responsible sexual behaviors: abstinence, condoms to prevent STIs and methods of birth control					
																Urine hCG for sexually active females without contraception, late menses, or amenorrhea					
Environmental Tobacco Smoke^{1,3}	Screen for secondary exposure every visit, advise smoke free home, counsel caregivers and offer smoking cessation advice as indicated																				
Folic Acid²																All females capable of pregnancy: daily supplementation with 0.4-0.8 mg of folic acid					
Healthy Weight³ (body mass index, nutrition, physical activity)	Nutrition: recommend and support breast feeding									Body mass index (BMI): measure and interpret age- and gender-specific BMI annually											
	Nutrition: actively promote healthy diet: limit juice and sugared drinks; switch to fat-free milk after age 2 yrs									Nutrition: intensive dietary counseling if BMI \geq 85% or other risk factor for obesity											
	Physical activity: no screen time; promote active play									Physical activity: limit screen time to less than 2 hours daily, moderate to vigorous activity \geq one hour daily											
	Physical activity: intensive counseling if BMI \geq 85% or other risk factor for obesity									Physical activity: intensive counseling if BMI \geq 85% or other risk factor for obesity											
Injury Prevention¹	Review and counsel about age-appropriate injury prevention at every encounter																				
Lead Exposure¹							At risk: lead screen						At risk: lead screen						At risk: screen if not done previously		
	Risk assessment			Risk assessment			Risk assessment			Risk assessment			Risk assessment			Risk assessment			Risk assessment 3, 4, 5, and 6 years		
Oral Health^{1,2}					Risk assessment		Risk assessment		Refer to dental home if available; if none, continue risk assessment ¹						Refer to dental home ¹						
	Prescribe oral fluoride supplementation in children whose primary water source is deficient. ^{1,2}																				
Motor Vehicle Injury Prevention¹	Review use of age-appropriate child restraint system at each visit														Seat belt in rear seat of vehicle		Seat belt				
Tobacco Use³													Obtain smoke exposure from child and provide strong anti-smoking advice			Assess smoking status. Provide anti-smoking advice and smoking cessation counseling if needed					

Sources: 1 = Bright Futures/American Academy of Pediatrics
2 = US Preventive Services Task Force

3 = National Heart, Lung, and Blood Institute
4 = Centers for Disease Control and Prevention

Screening: Counseling:
Immunization/Prophylaxis: At-risk:

Disclaimer: Every attempt was made to include the most current evidence-based recommendations. This list is not meant to be all-inclusive or a substitute for clinical judgement.



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NEURODEVELOPMENTAL SCREENING

Autism¹											Formal Screen	Formal Screen							
Development¹							Formal Screen				Formal Screen			Formal Screen					
At risk: screen																			
Hearing^{1, 2}	Formal Screen at birth; verify results and rescreen if necessary ^{1, 2}				At risk: referral for diagnostic audiologic assessment ¹										Screen by audiometry at 4, 5, 6, 8, and 10 years ¹			At risk: screen by audiometry ¹	
Vision^{1, 2}	Screen by history and physical exam to detect amblyopia, strabismus, and defects in visual acuity in children < 5 years ²											Age-appropriate visual acuity assessment at 3, 4, 5, 6, 8, 10, 12, 15, and 18 years ¹							

CHRONIC DISEASES/CONDITIONS

Anemia^{1, 2}					At risk: screen ¹			Screen ¹						At risk: screen ¹						
	Iron supplementation for asymptomatic children at risk for iron deficiency anemia ²																			
Cervical Cancer^{1, 2}																	Screen females with Pap smear within 3 years of onset of sexual activity			
Depression^{1, 2}	Postpartum depression screening ¹																		Screen 12-18 years of age for major depressive disorder ²	
Hypertension^{1, 3}	At risk: screen with BP %ile interpreted for age, gender, and height											Screen annually with BP %ile interpreted as noted								
Lipid Disorders³							At risk: screen with fasting lipid profile										Universal lipid screen		Screen and monitor if high risk or previous elevated lipids	
Newborn Screening^{1, 2}	Formal Screen	Retest and refer as needed																		
Tuberculosis^{1, 4}	Tuberculin skin test if risk factors present at 1-2 weeks, 6, 12, 18 and 24 months; annually starting at 3 years																			

SEXUALLY TRANSMITTED INFECTIONS (STIs)

Counseling²																	High-intensity behavioral counseling to prevent STIs for all sexually active adolescents	
Chlamydia^{1, 2}																	All adolescents from onset of sexual activity; screen annually	
Gonorrhea^{1, 2}	Ocular topical medication ¹																All adolescents from onset of sexual activity; screen annually ^{1, 2}	
HIV^{1, 2}																	High-risk adolescents: screen as medically indicated	
Syphilis^{1, 2}																	High-risk adolescents: screen as medically indicated	

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Immunization/Prophylaxis: