Medical care can be confusing and difficult to navigate. It may also involve many different doctors and specialists, sometimes at different offices. Patients can go from one site to another, and many medications can be prescribed. There’s a lot of medical information! Because of that, it can be hard to understand your medical requirements. That’s where senior care pharmacists step in.
Senior care pharmacists can help patients by providing a big picture view of a person’s medical needs.

So how senior care pharmacists be a patient’s advocate? They can:

- **Counsel patients.** They can also provide information and recommendations to prescribers and caregivers.

- **Provide a complete review** of a person’s medication. This includes prescription and over-the-counter medications, dietary supplements, and herbal products. This will help if a person’s medical needs have changed over time.

- **Identify any untreated or under-treated health concerns** and provide advice on treatments.

- **Serve as a source of medication management knowledge** for all those on a clinical team. They can educate others on best uses of medications.

- Help patients and caregivers **safely move** from one care setting to another.

Interested in learning how to bring a senior care pharmacist onto your health care team? Check out the American Society of Consultant Pharmacists (ASCP) Foundation’s Senior Care Pharmacist Directory. You can search for senior care pharmacists listed in your state at HelpWithMyMeds.org.