What is a Senior Care Pharmacist?
American Society of Consultant Pharmacists

**Mission**

- “Empowering pharmacists to promote healthy aging through the appropriate use of medications.”

**Vision**

- “Achieving safe, effective, and appropriate use of medications by all older adults.”
Josh Postolski, PharmD, RPh

- Nursing Homes, Group Homes, Long-Term Care Pharmacy
- Consultant Pharmacist, Residency Primary Site Coordinator & Preceptor, Long-Term Care Staff Pharmacist
- Medication Managers LLC.
- Ohio & Kentucky
- University of Cincinnati, James L. Winkle School of Pharmacy
- Community Based Pharmacy Practice Residency Program in Undeserved Populations – University of Cincinnati
"A Day In The Life"

- Pharmacy Consulting
  - Nursing & Group Homes
    - Reduce and optimize medication regimens
  - Clinical Programs
- Pharmacy Practice
  - Long-Term Care Pharmacy
    - Prepare medications for dispensing
- Professional Development
  - Nurses
  - Residents
- Collaborate with nurses, doctors, administrators, nurse practitioners, physician assistants etc.
Advice to Future Senior Care Pharmacists

• Always be networking.
• Diversify yourself.
• Volunteer!
Nicole Early, PharmD, BCPS, BCGP, FASCP

- Long Term Care Facility
- Associate Professor and Consultant Pharmacist
- Midwestern University College of Pharmacy – Glendale and SRx Consultant Group
- Phoenix, Arizona
- University of Florida College of Pharmacy
- PGY1 Pharmacy Practice Residency
  - VA Tennessee Valley Healthcare System
- PGY2 Geriatric Residency
  - Midwestern University College of Pharmacy – Glendale
“A Day In The Life…”

Of a Faculty Member

• Provide lectures to pharmacy students
• Precept APPE students on 6-week consulting pharmacy rotation
• Participate in service activities
  • Committee work
  • Residency Program Director
• Engage in scholarly activities

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“A Day In The Life…”

Of a Consultant Pharmacist

- Complete monthly chart reviews
- Lead monthly behavior management meetings
- Provide medication cart inspections
- Participate in quality assurance initiatives

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Advice to Future Senior Care Pharmacists

- Embrace all experiences
  - You can learn as much from a “bad” experience as from a “good” experience
- Network with other healthcare professionals
- Don’t forget – Often times, you can learn a lot more from one conversation with a nurse or patient, than you can reading an entire chart!

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Kevin Fearon
R.Ph., FASCP, MBA

- Institutional Pharmacy
- Chief Operating Officer, President
- Absolute Pharmacy Inc
- N Canton, Ohio
- The Ohio State University
- Cleveland Clinics’ Akron General Medical Center 4-year intern
“A Day In The Life”

My day is typically comprised of many moving parts”

• Business Analytics: Margin and Productivity
• Automation current problem solving and future state
• Industry Trends, Regulatory Issues, QA
• Marketing and Customer Facing

Professional Associations: Boards of Pharmacy, ASCP, MHA, Cardinal
Advice to Future Senior Care Pharmacists

Don’t be afraid to become involved – you learn so much from others.

Continually change and evolve.

Take one bite out of the elephant at a time.

Collect data and marry it to empirical information.

One thing is inevitable the Senior Market will grow.
Macayla Landi, PharmD, BCPS, BCGP

- Program of All-Inclusive Care for the Elderly (PACE)
- Assistant Clinical Professor
- Harbor Health Services Inc., Elder Service Plan & Northeastern University School of Pharmacy
- Boston, MA
- University of Rhode Island
- PGY1 & PGY2 Geriatrics training at VA Connecticut Healthcare System
Harbor Health Elder Service Plan (PACE)

- Adults over age 55 who are eligible for nursing home care; our goal is to help them to remain in their own homes and communities for as long as possible
  - “Nursing home without walls”
  - Adult Day Center: Recreational activities, nursing care, meals, behavioral health, and socialization for participants
  - Memory Unit: An adult day center for participants with dementia, who may need additional services/monitoring
“A Day In The Life”

- **Northeastern:**
  - APPE students
  - Geriatrics elective course
  - Committee work
    - Medication Safety & Transitions of Care
    - Pharmacy Educators and Research Council
    - Student and New Practitioner Launchpad Work Group
  - Research
- **PACE:**
  - Interdisciplinary team (MD, NP, OT/PT, SW, Psych, Dietician, Chaplain, Massage Therapy, etc.)
  - Pharmacist-run anticoagulation clinic
  - Drug information resource for the IDT
  - Patient consults for polypharmacy, DM, pain, COPD, other chronic disease states
  - Home visits
  - Comprehensive medication reviews

**Contact Info:** m.landi@northeastern.edu feel free to email me with questions!
Advice to Future Senior Care Pharmacists

- Volunteer, take elective courses, shadow a senior care pharmacist
- Don’t be afraid of the time commitment of post-graduate training – 12 months will fly by!
- Network, network, network!
  - Successful Networking Session at AM19 on Fri. Nov 8th 12:15-1:15pm
- Consider board certification
- A skill set in Geriatrics can open doors into many careers
Stacey J. Ranucci, BSPharm, BCGP, CDE

Ambulatory Care

Director of Clinical Pharmacy Services

RIPCPC / Integra

Cranston, Rhode Island

University of Rhode Island
"A Day In The Life"

- MTM Services for BCBS Commercial and Medicare Network
- Medicare Pharmacy Star Ratings for all Ambulatory Care Contracts (BCBS, UHC, Medicaid)
- Transition of Care Services for high risk patients
- Diabetes Management for patients needing intense medication therapy adjustment or insulin titration
- Cost containment strategies for patients & providers
- What other disciplines do you work with? Physicians, Nurses, Patient Care Advocates, Social Workers
Advice to Future Senior Care Pharmacists

• Commit to life long learning
• Appreciate what other disciplines can offer and learn from them to become a well rounded clinician (not just a pharmacist)
• Offer to help out when needed!
• Smile 😊
Lisa Morris, B Pharm, BCGP, FASCP

Skilled and Assisted Living Setting

Regional Pharmacy Resource
Ensign Services

Houston, TX area
11 facilities

Specialty Training
Rare disease, specialty pharmacy
ASCP Parkinson’s traineeship
Hemophilia, BMT, Gauchet’s, HIV
Every day is different! You never know what the next question or challenge will be—that is the best part about being a consultant pharmacist!

I work daily with Regional Clinical Resources, Medical Directors, Nursing Directors, Administrators, Pharmacy interns, brand new CNAs, seasoned Med Aides, Pharmacy CEOs, owners and PICs...the list goes on!

A Day in the Life..

- Attend QAPI/SOC Meetings
- Provide In-service Trainings for staff
- Review Formularies
- Do admission MRR and monthly DRR
Advice to Future Senior Care Pharmacists

- Continue Memberships
- Leadership Education!
- BCGP
- Find a Mentor!
- It’s Not About You