

What is a Senior Care Pharmacist?



Older adults represent just over 15.6% of the population, but consume 40% of prescription drugs and 35% of all over the counter drugs



1 in 6 hospitalizations among older adults are due to adverse drug reactions



On average, individuals 65–69 years old take nearly 14 prescriptions per year, individuals aged 80–84 take an average of 18 prescriptions per year.



Adverse drug events (ADEs) contribute approximately \$4 billion in nursing homes costs. Older adults have the highest rate of ADEs.

A senior care pharmacist is a medication therapy management expert who provides advice on the use of medications by older adults, whether they live in the community or in long-term care facilities.



How can a senior care pharmacist help?

A senior care pharmacist can:

- Identify medication-related problems that can cause, aggravate, or contribute to common geriatric problems
- Make it easier for older adults to take their medication properly by labeling, packaging, and organizing prescription drugs better
- Understand the role of the caregiver, the financial challenges that older adults can face, and the importance of choosing appropriate care
- Advocate healthy living and disease prevention for older adults



Senior care pharmacists are defined by their common commitment to enhance the quality of care for all older persons through the appropriate use of medication and promotion of healthy aging.



Learn more at [ASCP.com/aboutscp](https://www.ascp.com/aboutscp)

Find a Senior Care Pharmacist

If you or someone you care for needs assistance with their medications,
a senior care pharmacist may be the answer!

Senior care pharmacists go well beyond reviewing medications.

They have studied and acquired extensive knowledge about, and have experience in:



Advocating healthy living and disease prevention for older adults



Making it easier for older adults to take their medication properly by better labeling, packaging and organizing prescription drugs



Recognizing and understanding diseases and conditions common in the older adult population



Understanding the role of the caregiver, the financial challenges that older adults can face, and the importance of choosing appropriate care



Identifying medication-related problems that can cause, aggravate, or contribute to common geriatric problems



Search for a senior care pharmacist in your area by visiting:
HelpWithMyMeds.org



The American Society of Consultant Pharmacists (ASCP) is the international professional association representing consultant and senior care pharmacists, providing leadership, education, advocacy, and resources to advance the practice of senior care pharmacy. Learn more at ASCP.com/whowere.