

AspireMN & MN Juvenile Detention Association
12th Annual Co-Sponsored Youth Worker Conference – Resilience!
October 8 and 9, 2018 at Cragun’s Resort in Brainerd, MN

Call for Presentations:
Be the Exception
Youth Worker Conference 2018

The 2018 Youth Worker Conference, sponsored by AspireMN/MNJDA will be held at Cragun’s Resort October 8 and 9. Conference content focuses on skill building, inspiring and connecting youth workers as they grow in their roles and make profound and positive impacts in the lives of youth, families and communities.

We are seeking presentations that will **challenge and encourage professional growth** for youth workers as they provide direct care to youth. This year’s theme is *Be the Exception* – as youth workers make a daily difference in the lives of clients, colleagues and organizations/communities.

Please consider sharing your talents, expertise and enthusiasm by submitting a breakout workshop proposal that fits these criteria:

- Teach the core competencies of youth work, including **experiential theory and skills based learning activities** in large and small group formats.
- Plan for sessions that are **90 minutes** in length, or propose two consecutive 90 minute sessions if your topic requires a three hour timeframe.

Suggested topics include (and are not limited to):

- Mental Health 101 practical tools to respond to symptoms
- Mental Health first aid and emergency preparedness
- How Mental Illness Impacts Youth – learning and skills building to provide therapeutic support and care at your experience level
- Crisis management
- Trauma Informed – what it means in daily youth work practice
- Effective documentation
- Racial disparities and pursuit of equity
- Sexual Exploitation of Youth – prevention, identification, appropriate response
- Staff investment – retention – engagement – career planning
- Relaxation techniques
- GLBTQ understandings
- Boundaries training
- Vicarious Trauma
- Self-care for youth workers
- Critical incident response and debriefing

Presenters will receive a complimentary conference registration (not including lodging expenses).

Please submit the following **by May 15, 2018**:

1. Title of Presentation
2. Name and contact information (please include e-mail address) for all presenters.
3. A brief description (up to 100 words) of the presentation for the conference brochure – use language that will encourage folks to pick your workshop!
4. A short bio of each presenter that indicates credentials, current position and previous training experience for the conference brochure.
5. Preferred room set up (e.g. classroom, u- shape, etc.)
6. Minimum and maximum number of participants, if applicable.
7. Any special Audio Visual equipment requests (limited LCD projectors will be available – please note if you are able to bring your own projector).
8. Participant/audience level your presentation is designed for: Beginner, Intermediate or Advanced, and for which type of worker: Youth workers, Supervisors, Administrators, and whether your presentation is targeted for staff in corrections, mental health or both settings.
9. Please note if you need more than one 90 minute time slot for your workshop. Please indicate whether you would be willing to provide your workshop more than once and whether you have a preference regarding day of training.

Please e-mail proposals by May 15, 2018 to:

Rachel Peterson, with AspireMN at rpeterson@aspiremn.org.

Presenter confirmations will be e-mailed in July.

**We look forward to seeing you October 8 and 9 at the
2018 Youth Worker Conference.**