Motivational Interviewing Training
Tuesday April 7, 9:00 am – 4:00 pm
AspireMN, 1919 University Ave. W, 55104
in the 4th Floor NAMI Conference Room

Registration cost is $125 and includes lunch and snacks
Early registration is encouraged! | Training is capped at 25 participants

AspireMN members are invited to participate in Motivational Interviewing (MI) Training on April 7. This training was designed by the Conference and Leadership Development Committee due to the fact that Motivational Interviewing is the most recent addition to the Family First Prevention Services Act Clearinghouse and is a required practice for Minnesota’s Psychiatric Residential Treatment Facilities. Discussion will be held within the training on future opportunities for “training boosters” and establishing cohorts to mutually support and guide practice implementation.

TRAINING DESCRIPTION

Motivational Interviewing (MI) is a collaborative, person centered, intervention strategy to help strengthen a person’s own motivation to change. This training will cover theoretical underpinnings, spirit and core skills and methods of MI. Participants will engage in learning through a blend of written materials, videos, exercises, and practice opportunities.

TRAINER BIO

Jane Hurley Johncox MSW, LICSW, LCSW is clinical faculty at the University of St. Thomas School of Social Work, a trainer and consultation and has a private practice in St. Paul, MN. She has thirty years of social work experience with individuals, families, and adolescents. In addition, she has been involved in program management and supervision since 1997. She has conducted extensive training in evidenced based practices (EBP) including Motivational Interviewing, peer coach training, risk need assessment, case management and case planning, family systems interventions and gender responsive programming. Jane has developed and implemented effective correctional interventions and case management strategies with an emphasis on motivational interviewing and stages of change. In addition, she has worked extensively with the Multi-systemic Therapy (MST) a family therapy intervention that targets high-risk youth and their families.