



AspireMN & the MN Juvenile Detention Association's  
14th Annual Co-Sponsored Youth Worker Conference -  
October 22 and 23, 2020 at Cragun's Resort in Brainerd, MN

Note: Because of participant feedback, this year's conference is being held  
on a Thursday/Friday.

## Putting the YOU in Youth Work:

Practical strategies for a successful, productive and positive work life

### CALL FOR PRESENTERS!

Conference content focuses on skill building to support professional and personal learning. Participants will gain actionable strategies to enhance their daily work, and inspiration to sustain their growth and positive impact on children, youth and families.

**We are seeking break-out presentations that will challenge and encourage professional growth for youth workers as they provide direct care to youth.** Please consider sharing your talents, expertise and enthusiasm by submitting a breakout workshop proposal that fits these criteria:

- Teaches the core competencies of youth work, including experiential theory and skills-based learning activities in large and small group formats.
- Plan for sessions that are 90 minutes in length *or* propose two consecutive 90-minute sessions if your topic requires a three-hour timeframe.
- Suggested topics include (but are not limited to):
  - Putting YOU first – self-care and mindfulness at work
  - Creating and maintaining positive work environments
  - Trauma-informed – what it means in daily youth work practice
  - Racial disparities and pursuit of equity
  - Staff investment – retention – engagement – career planning
  - Relaxation/meditation/mindfulness techniques
  - Boundary-setting
  - GLBTQ issues and topics
  - Mental Health 101 practical tools to respond to symptoms
  - Mental Health first aid and emergency preparedness
  - Crisis management
  - Sexual Exploitation of Youth – prevention, identification, appropriate response
  - Vicarious Trauma

Presenters will receive a complimentary conference registration (not including lodging expenses).

**Please submit the following by May 29, 2020:**

1. Title of presentation
2. Name and contact information (please include e-mail address) for all presenters.
3. A brief description (up to 100 words) of the presentation for the conference brochure – use language that will encourage folks to pick your workshop!
4. A short bio of each presenter that indicates credentials, current position and previous training experience for the conference brochure.
5. Preferred room set up (e.g. classroom, u- shape, etc.)
6. Minimum and maximum number of participants, if applicable.
7. Any special Audio / Visual equipment requests (limited LCD projectors will be available – please note if you are able to bring your own projector).
8. Participant/audience level your presentation is designed for: Beginner, Intermediate or Advanced, and for which type of worker: Youth workers, Supervisors, Administrators, and whether your presentation is targeted for staff in corrections, mental health or both settings.
9. Please note if you need more than one 90-minute time slot for your workshop.
10. Please indicate whether you would be willing to provide your workshop more than once and whether you have a preference regarding day of training.

**Please e-mail proposals by May 29, 2020 to:**

**Rachel Peterson:** [rpeterson@aspiremn.org](mailto:rpeterson@aspiremn.org).

**Presenter confirmations will be e-mailed in July.**

We look forward to seeing you October 22 and 23 at the 2020 Youth Worker Conference!