



**AspireMN**

An association of resources and advocacy for children, youth and families

[www.aspiremn.org](http://www.aspiremn.org)

~ Pass this to colleagues and staff who would enjoy the updates, and encourage them to sign up to receive future updates by emailing [rpeterson@aspiremn.org](mailto:rpeterson@aspiremn.org). ~

**December 7, 2018**

## **FIRST FRIDAY – updates and ideas to share**

**AspireMN January Meeting – Registration Open at [www.aspiremn.org](http://www.aspiremn.org)**

TIMING: Jan 10, 9-4 meeting and 4-6 social hour, and Jan 11, 9-10:30 meeting and 10:30-12 board meeting

NEW VENUE: Delta Hotel in Northeast Minneapolis (1330 Industrial Blvd NE, Minneapolis, MN 55413)

AGENDA: Results First (MMB) update on their study of MN's Children's Mental Health, Discussion with experts on the FFPSA Clearinghouse, Advocacy training – what you can and cannot do!? – and more! Final agenda to be forthcoming

## **Family First Prevention Services Act – New Guidance for States**

At the close of November the Administration for Children and Families (ACF) published additional guidelines and resources for states to begin implementation of FFPSA. Amongst the documents is an explanation of how they have determined the first Well-Supported practices to be eligible for IV-E payment for prevention services. The document, posted on the AspireMN Member Resource page [here](#) outlines the rationale for decision making.

Included in the first Clearinghouse announcement are the following practices:

*Prevention Services and Programs Mental Health*

Parent-Child Interaction Therapy

Trauma Focused-Cognitive Behavioral Therapy

Multisystemic Therapy

Functional Family Therapy

*Substance Abuse*

Motivational Interviewing

Multisystemic Therapy

Families Facing the Future

Methadone Maintenance Therapy

*In-Home Parent Skill-Based*

Nurse-Family Partnership

Healthy Families America

Parents as Teachers

### *Kinship Navigator Programs*

Children's Home Society of New Jersey Kinship Navigator Model

Children's Home Inc. Kinship Interdisciplinary Navigation Technologically-Advanced Model (KIN-Tech)

Please note, the January AspireMN Member Meeting will include further discussion and review of future opportunities regarding having practices established on the ACF Clearinghouse.

### **System of Care Data System – INVITATION for INPUT!**

Minnesota was awarded a SAMHSA System of Care Grant. One key part is funding to establish an Integrated Data System as an integral component to support SOC efforts to improve children's mental health programs and services across the state.

AspireMN members are being invited to provide input into the design of the Integrated Data System for children's mental health. The Integrated Data System will use existing data from the Departments of Human Services, Corrections, Education and Health to provide insights on how to improve mental health programs and services throughout Minnesota.

[Please click here](#) for the short survey on mental health data use and access.

Instructions for navigating this web-based survey:

- A navigation toolbar located at the bottom of each page of this survey will help you as you complete the survey.
- Use the BACK & NEXT buttons to navigate backward and forward through the survey.
- DO NOT USE THE BACK BUTTON ON YOUR WEB BROWSER.
- Select the RESET button to reset answers on the current page in the survey.
- When you have completed the survey, select the SUBMIT button on the last page to submit your completed survey to DHS.
- If you have any difficulty with the web-based survey, please contact:  
[DHS.Survey.Admin@state.mn.us](mailto:DHS.Survey.Admin@state.mn.us).

**Please complete the survey by December 28<sup>th</sup>.**

### **MN LEGISLATIVE ADVOCACY**

**MN Budget Forecast** – Dec 6 MN Management and Budget announced the November Budget Forecast is projecting a \$1.5B balance for the 2020-2021 biennium. This positive news was tempered with projections of slightly slower growth in the out years. To read the full forecast and additional analysis please go to the [MMB Forecast page](#).

**Advocacy Action Team** – The 2019 session will be full of opportunities for advocacy! If you or your staff would like to be part of the quick-response Advocacy Action Team, please send contact information to AspireMN staff and you will be included in this unique opportunity to participate in short turn-around opportunities to bring voice to AspireMN priorities for children, youth and families.

**2019 Legislative Update Calls** – You are invited to join brief calls to update you on legislative activities and the status of AspireMN proposals. Calls will occur 9:00-9:15 every-other Monday beginning January 14, and include all of the following dates:

Jan 14	March 25
Jan 28	April 8
Feb 11	April 22
Feb 25	May 6
March 11	May 20

Conference call number: 641-715-3200, Passcode: 323654#

**Say Yes & Invest, webinar, Dec 21 1-2:30 (AspireMN) on rate methodology cost tool** – MACMHP and AspireMN are collaborating on a legislative rates initiatives - *Say YES & Invest*. A key component is financial analyses/comparison of actual costs of providing services to MA reimbursement rates. MACMHP has led the effort to develop a cost tool and is hosting a webinar to review the tool with AspireMN members, and, invite feedback on the tool.

Join Zoom Meeting - <https://zoom.us/j/562702493> OR +1 646 558 8656 US (New York)  
Meeting ID: **562 702 493**

**Deficiency Funding for Children’s Residential Mental Health** – is a priority item for early action within the session. AspireMN has been meeting with leadership to encourage early action on this funding deficiency for May-June, 2019. Positive responses indicate that there is interest in taking early action during the session (Jan 8 is the first day). Your advocacy is needed to share the message around early action for Children’s Residential Mental Health. A fact sheet on this is posted on the AspireMN homepage, fifth item under “Community and Member Resources” – please let your legislators know the importance of early action for Children’s Residential!

**Final AspireMN Legislative Agenda** will be shared at the AspireMN January meeting.

## **FEDERAL UPDATES**

AspireMN, in concert with many provider organizations, submitted public comment to the proposed public charge rule. The focus of AspireMN comments was the importance of assuring service delivery and early intervention for all children and families – any policy that prevents access to services is detrimental to children, youth, families and to our communities.

## **EVENTS**

**AspireMN Annual Member Meeting – January 10/11 (NEW VENUE)**, Delta Hotel  
[www.aspiremn.org](http://www.aspiremn.org).

## **DON’T MISS THIS!**

**Save these dates for 2019 AspireMN Member Meetings:**

March 14/15 (Delta Hotel)  
June 13/14 (The Inn on Lake Superior in Duluth)  
September 12/13 (Madden's in Brainerd)  
November 14/15 (Delta Hotel)

### **Youth Worker Conference**

Updates from the 2018 YWC: Be The Exception are available [here](#).

2019 YWC: No Such Thing As a Bad Kid with keynote and trainer Charlie Appelstein. NEW OPPORTUNITY, day two of the YWC 2019 Charlie will offer a Train the Trainer for Supervisors.

### **Support Group for Parents of a Child with a Mental Illness – NAMI invitation**

NAMI has been working hard to make support groups accessible to all families throughout the state, especially in greater MN. Please share the flyer posted on the AspireMN homepage with families who could benefit. Thank you!

## **FIELD-RELATED UPDATES**

### **From the DHS Mental Health Update: Youth Assertive Community Treatment (Y-ACT) Certification Application Posted on Website**

The Youth Assertive Community Treatment (Y-ACT) Certification Application is now posted on the website. The application is to provide services under the Y-ACT program.

Youth ACT is an intensive rehabilitative mental health service for youth from age 16 through 20 years old. This service meets the needs of youth, suffering from severe mental illness and/or co-occurring disorders, who need assistance (due to the severity of their symptoms), with coordinating mental health, school/employment, housing, family, and physical health services. Services are delivered in a team treatment model rather than individual treatment. Please visit our [website](#) for more information.

[Youth Assertive Community Treatment \(Y-ACT\) Certification Application](#)

### **PACC-Informed POC Therapist Consultation Group with Carole Coffey-Hannah**

We are excited to announce an additional partnership offering with **Family Circle Counseling** as part of our pilot year of alumni consult groups, and Carol Coffee-Hannah will be the facilitator ([read her bio](#) for more info!)



***The Person Of Color (POC) Therapist Consult Group*** is being offered in response to feedback from those who have expressed a desire to have a space where the distinctiveness of their voice and their unique concerns and experiences are heard. This group will be facilitated by and offered to mental health and child welfare workers who self-identify as POC to create a space that honors those unique experiences.

- This group will meet virtually 12 times by end of June, 2019, and the facilitator will work with the members to set dates when filled
- This group will be offered at the deeply discounted rate of \$25/hour thanks to support from DHS and can be paid in either 1 payment of \$300, or 2 increments of \$150.

- This group will offer CEU credit approved by the MN Board of Social Work.

**Register at: Carole Coffey-Hannah remote/video POC Therapist**, Consult Group with CEU (*max 8 people*), Fridays 9-11 am

*First Fridays will be shared monthly with members. Contributions are welcome.  
Please send your ideas for content to [rpeterson@aspiremn.org](mailto:rpeterson@aspiremn.org).*