

Please join us!

Recognizing Trauma:

Beyond Stigma, Toward Understanding

Wednesday, February 27, 2019, 5:30-8:30 p.m., Woulfe Alumni Hall at University of St. Thomas, Saint Paul, MN

Recognizing Trauma:

Why does it matter, what does it have to do with me, and how does it affect our community?

We all experience trauma in our lives.

Whether it's divorce, the loss of a loved one or violence in the home, our experiences shape how we view and navigate the world. Those without a strong support system to help them navigate these challenging experiences face potential changes in brain development, health outcomes and lifelong instability.

Join the Catholic Charities Advocacy Team to learn from a panel of experts how childhood, historical and current trauma can alter those who are dealing with it, our society and the role the community plays in supporting one another.

Wednesday, February 27, 2019

5:30-8:30 p.m. (program begins at 6 p.m.)



CATHOLIC
CHARITIES
of St. Paul and Minneapolis

Center for the Common Good |  UNIVERSITY OF
St. Thomas

MAKE PLANS TO JOIN US: Register online at cctwincities.org/2019Assembly or call 612-204-8333.