

# Say Yes & Invest: assure access to vital mental health!

*Insert key elements of your story here, include:*

- *A brief description of the person who was impacted - their unique qualities and circumstances.*
- *How they accessed services, and, how the MA-reimbursed service made a difference for them.*
- *Why you chose this story, why it is significant for you, how you see that without services the person would not be in the same place.*

**2018 Mental Health Rate Study makes clear – Reimbursement rates are not sustainable. DHS contracted Mercer, national rates expert, to conduct analysis on MN’s community based mental health rates. Key findings include:**

- **Costs exceed reimbursement rates**
- **Rates do not support establishing or sustaining Evidence Based Practices (EBPs)**
- **Sustainable rates are further impacted by managed care organizations not electing a**

Mental health providers analyzed costs invested in providing vital services using our data and the Mercer rates study. Reimbursement, costs and losses for providing services (under Medicaid) are displayed here:

<b>Mental health service</b>	<b>Current MA Reimbursement (per 45 min. session)</b>	<b>Costs of Services (per hour)</b>	<b>Provider loss (per hour)</b>
Children’s Therapeutic Services and Supports (CTSS)	\$66.14**	\$113.84	(\$47.70)
Outpatient Therapy	\$135.59	\$173.11	(\$37.52)

\*Costs of providing services include: salaries/benefits, supervision/regulatory requirements, travel time, turnover, and facilities

\*\*Current rates structures consist of multiple codes for multiple and varying activities under one service causing insufficient and confusing rates

## **Say Yes and Invest! pass legislation to:**

- Increase current Medicaid reimbursements by 25 percent now
  - *Adjust rates by the Consumer Price Index for Medical Care annually*
- Require managed care payments be at least equal to Medicaid fee-for-service
- Establish a new, sustainable payment system for Medicaid mental health care

**We must Say Yes & Invest to assure Minnesotans can access vital mental health services – support legislative action in 2019!**