

AC Coach Training Accreditation - Overview:

Application Requirements Summary

		Accredited Award in Coach Training (AACT)	Accredited Certificate in Coach Training (ACCT)	Accredited Diploma in Coach Training (ADCT)	Accredited Advanced Diploma in Coach Training (AADCT)
Membership		<i>AC Fellow, Provider or Corporate Membership is required</i>			
Total Training hours		55	120	190	260
Class-based training	<i>Minimum hours. Minimum of 50% class based.</i>	45	90	140	190
Self-study and CPD*					
Coaching practice **	<i>Minimum hours.</i>	10	30	50	70
AC Coaching Competencies and Code of Ethics used		Train using the AC Coaching Competency Framework and Global Code of Ethics for Coaches, Mentors & Supervisors Other competency frameworks and Codes of Ethics can be referenced			
Specific Coaching Approaches and Models trained		One or more	Three or more	Three or more, plus In-depth study of one or more Coaching Approaches or Models	Three or more, plus In-depth study of two or more Coaching Approaches or Models <i>OR</i> Four or more, plus an In-depth study of one or more Coaching Approaches or Models



Number of Observed or Recorded Coaching Practice Session (s)	None required	Minimum one		
Feedback, Reflective work and Supervision	~ Feedback ~ Learning Logs	~ Observation and feedback ~ Learning logs ~ Reflective journaling ~ Reflective group discussion ~ 1-1, Triad and/or Group Supervision		
Written Assessments undertaken	~ None required	~ Written Case Study <i>or</i> ~ Personal Coaching Approach	~ Written Case Study <i>plus</i> ~ Personal Coaching approach	
Programme Evaluation	Evaluation methodologies to measure the effectiveness of the training needs to be in place			
References ***	1 x participant reference	2 x participant references and 1 testimonial	2 x participant references and 2 testimonials	
Accreditation Course Fees	<i>Please see the AC website for details</i>			

* CPD – Continuous Professional Development

** Coaching Practice can be In and out of the classroom as long as it's during the course duration

*** If the Coach Training Programme has yet to run, please submit your application for assessment and then provide relevant participant references once the first programme has been delivered.



Descriptor of Levels and Course Criteria

ELIGIBILITY	Accredited Award in Coach Training (AACT)	Accredited Certificate in Coach Training (ACCT)	Accredited Diploma in Coach Training (ADCT)	Accredited Advanced Diploma in Coach Training (AADCT)
<p>DESCRIPTORS OF TRAINING PROGRAMME</p> <p><i>See Applicant Guide for further details</i> <i>*Including class-based practice undertaken by participants as well as any additional coaching hours</i></p>	<ul style="list-style-type: none"> ~ trains core coaching skills (listening, questioning, raising awareness and designing actions) ~ includes at least one coaching approach or model ~ develops participants' ability to carry out basic coaching conversations within our coaching competencies and ethical guidelines ~ includes professional reflective practice and in-class supervision ~ AACT Programme provides sufficient training hours for coaches wishing to pursue Foundation / Foundation Executive Coach Accreditation with the AC ~ entry-level for those new to coaching 	<ul style="list-style-type: none"> ~ develops comprehensive core coaching skills, including skills drawn from a range of theory, models and practice (may include examples from CBC, NLP, Clean, Behavioral, Neuroscience etc.) ~ further develops coaching skills and practice ~ includes three or more Coaching Approaches or Models ~ develops participants' ability to use a broad range of methods and tools to work with clients ~ includes working with our coaching competencies and ethical guidelines ~ includes professional reflective practice based on observation, feedback and in-class supervision ~ ACCT Programme provides sufficient training hours for coaches wishing to pursue Coach / Executive Coach or Professional/ Professional 	<ul style="list-style-type: none"> ~ builds an in-depth, comprehensive understanding of the knowledge, theories, models, skills and practice required to coach to a high professional standard ~ further develops coaching skills and practice ~ includes three or more Coaching Approaches or Models which includes an in-depth study/practice of one or more coaching approaches or models ~ develops participants' ability to use a broad range of techniques and approaches flexibly in response to coachee/situations ~ includes working with our coaching competencies and ethical guidelines ~ includes professional reflective practice, critical enquiry and group discussion based on observation, feedback and one to one supervision ~ ADCT Programme provides sufficient training hours for coaches wishing to pursue Professional / Professional 	<ul style="list-style-type: none"> ~ builds expert knowledge and a deep understanding of the art and practice of coaching ~ course further advances coaching skills and practice ~ Includes 3 or more Coaching Approaches or Models which Include an in-depth study/practice of two or more Coaching Approaches or Models OR ~ Includes 4 or more Coaching Approaches or Models to Include an in-depth study/practice of one or more Coaching Approaches ~ develops participants' ability to use a broad range of techniques and approaches flexibly in response to coachee/situations ~ includes working with our coaching competencies and ethical guidelines. ~ includes professional reflective practice, critical enquiry and group discussion, plus one to one supervision, observation and



		<p>Executive Coach Accreditation with the AC</p>	<p>Executive Coach or Master / Master Executive Coach Accreditation with the AC ~ for Coaches with existing training and significant coaching experience looking for more training at an advanced level</p>	<p>feedback ~ AADCT Programme provides sufficient training hours for coaches wishing to pursue Professional / Professional Executive Coach or Master / Master Executive Coach with the AC ~ for very experienced coaches who have already completed primary (and possibly further) training who are looking to develop coaching mastery</p>
--	--	--	--	---

