



AC Leader Coach Overview

ELIGIBILITY	Application Requirements Summary
Membership	Organizational Membership of a Professional Body / AC Corporate Member or Individual membership with a professional body/ AC Individual Leader Coach Membership
Coach training hours	12 hours minimum
Coaching Experience	75 hours minimum
Personal Coaching Approach	500 – 1000 words
Coach Fitness to Practise	2 or 3 short audio recordings which together equate to 40 – 45 minutes of typical live coaching sessions with a 500-1000-word written reflection
Professional Reflective Practice	Minimum 3 x 60-minute Professional Reflective Practice sessions within the preceding 6 months up to the date of submission of your application
Coach Self-assessment and Coaching Development Plan	Coach's self-assessment of practice + coaching development plan