## AC Coach and Executive Coach Accreditation Recognized Accelerated Pathway (RAP) Overview: Choosing your Application Level

\*If you are applying for Executive Accreditation, 75% of your coaching experience needs to have been carried out in an organizational/executive setting. Please see our Applicant Guide for further details.

	Foundation Coach / Foundation Executive Coach		<b>Coach</b> / Executive Coach		Professional Coach / Professional Executive Coach		Master Coach / Master Executive Coach	
ELIGIBILITY – minimum requirements	ICF Not applicable	EMCC Foundation	ICF ACC	EMCC Practitioner	ICF PCC	EMCC Senior Practitioner	ICF MCC	EMCC Master Practitioner
Membership		Hold appropriate level of AC Membership, or membership with another Professional Body, before submission of application						
Insurance		Professional Indemnity Insurance (if applicable in your resident country)						
Coach Training		Current requirements for ICF and EMCC satisfy AC criteria						
Evidence of Coaching Experience required *		Minimum 50+ hours	Minimum 100+ hours		Minimum 500+ hours		Minimum 1500+ hours	
Personal Coaching Approach		500 - 1000 words	1000 words (+/- 10%)		1500 words (+/- 10%)		2000 words (+/- 10%)	
Coaching Case Study		500 - 1000 words	1000 words (+/- 10%)		1500 words (+/- 10%)		2000 words (+/- 10%)	
Coach Standards and Ethics		Adherence to AC Global Code of Ethics for Coaches, Mentors & Supervisors	Ethical dilemmas Q&A			Ethical dilemmas Q&A + personal ethical dilemma		
Coach Supervision	Minimum 3 supervision sessions  Minimum 4 supervision sessions  Minimum 4 supervision sessions		•	Minimum 4 supervision sessions				
		Ratio 1:15	Ra	tio 1:15	Ratio 1:30		Ratio 1:40	
		Supervision log, learning record and Coach Supervisor's reference	and Coac	g, learning record n Supervisor's erence	record and Coa	log, learning ach Supervisor's rence	and Coach	, learning record Supervisor's rence
For Executive Applications Only		750 – 1000-word statement on how you meet our Executive Coaching Competencies						

