

## AC RECOGNIZED LEADER AS COACH COURSE OVERVIEW



**ELIGIBILITY** - the course must have been run at least once within the last two years with a minimum of six participants.

Membership	AC Coaching and Training Organizations (C&TO), Non-profit, or Corporate member
Insurance	Professional Indemnity Insurance (Not required in certain countries)
Actual training hours	Minimum 12 hours
AC Coaching Competencies and Code of Ethics used	Course covers AC Coaching Competency Framework and provides guidelines on the AC Global Code of Ethics for Coaches, Mentors and Supervisors
Blended learning approach	Course includes practical, theoretical and reflective practice
Specific coaching models/ approach, tools and skills	Minimum of one coaching model/approach and five core coaching tools/skills
Supervision, reflective learning and practical assessment of coaching skills development	In-class supervision, tutor feedback, peer observation of coaching skills, reflective learning / group discussion
Self-study	Tutor provides recommended reading list and/or other materials
References	One participant and one sponsor reference

### OPTIONAL ELEMENTS\*

Coaching practice - external to course	A plan to build practical experience outside of the course
Written assessments	Multiple choice questionnaire or reflective assignment
Prices	Contact <a href="mailto:accreditationoffice@associationforcoaching.com">accreditationoffice@associationforcoaching.com</a>

\* These elements are not essential to be eligible but will be taken into account when application is assessed

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