

# REGISTRATION FORM

## Therapeutic Recreation Conference

February 22, 2019

Nationwide Children's Hospital – Education Center

Using a credit card? Register online at <http://bit.ly/2019TR>

### Registration Fees

- |   |      |
|---|------|
| <input type="checkbox"/> Early Bird Regular Attendee Rate (ends Jan. 1, 2019) | \$80 |
| <input type="checkbox"/> Regular Attendee Rate (1/2/19-2/22/19)               | \$95 |
| <input type="checkbox"/> NCH/OSU Staff Rate (NCH or OSU email required)       | \$65 |
| <input type="checkbox"/> Student Rate (proof required)                        | \$50 |

First & Last Name: \_\_\_\_\_

Organization: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

**REQUIRED** for receipt confirmation

**Please select your session preferences:** Choose only 1 for each time block

#### 8-9 a.m.

- A: Laughter and Humor as Recreational Therapy Intervention
- B: The Effective Use of Therapeutic Recreation in Geriatric Psychology
- C: Cross Comparison Between Indiana & Ohio Medicaid Waiver and the Relation to Recreational Therapy Profession in the Community

#### 9:15-10:45 a.m.

- D: When Words Are Not Enough
- E: Recreation Therapy Processes on a Competency Restoration Unit

#### 12:30-1:30 p.m.

- G: Interprofessional Education: Implications for Recreational Therapy
- H: Understanding, Assessing, and Managing Pain through Therapeutic Recreation Interventions
- I: CHEO Chef Club - Recreation Therapy and Occupational Therapy Coming Together to Help

#### 1:45-3:15 p.m.

- J: Tickle Your Senses: Understanding Sensory Processing/Integration Issues and Sensory Activity Plans
- K: Therapeutic Recreation and the Community
- L: The Birds and the Bees; Sexual Health for Individuals with Disabilities

#### 3:30-4:30 p.m.

- M: The Ohio Recreational Therapy Association: Helping the CTRS from Ohio and Beyond Grow and Advance in the Profession
- N: Applying the ATRA Standards of Practice: Developing a Policy and Procedure Manual

### Special Services Required

ADA-We encourage participation by all individuals. If you have a disability, advanced notification of your needs will help us to better serve you. Please notify us of your needs at least two weeks in advance.

- |   |  |
|---|--|
| <input type="checkbox"/> Interpreter for the Hearing Impaired | <input type="checkbox"/> Vegetarian Option |
| <input type="checkbox"/> Wheelchair seating                   | <input type="checkbox"/> Other: _____      |

### Payment

Check # \_\_\_\_\_ Tax ID: 31-4379441

Total Amount Enclosed: \$ \_\_\_\_\_

Using a credit card? Register online at <http://bit.ly/2019TR>

**Please make checks payable to Nationwide Children's Hospital and mail with registration form to:**

Nationwide Children's Hospital, Attn: Kelly Conery – Professional Education  
700 Children's Drive, Columbus, OH 43205 or [Kelly.Conery@NationwideChildrens.org](mailto:Kelly.Conery@NationwideChildrens.org)

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Nationwide Children's Hospital  
ATTN: Professional Education  
700 Children's Drive  
Columbus, OH 43205-2696



# Therapeutic Recreation Conference

Inspiring the Progression of Therapeutic Recreation Across the Lifespan

February 22, 2019



# Therapeutic Recreation Conference Schedule

## Inspiring the Progression of Therapeutic Recreation Across the Lifespan

**February 22, 2019**

7:30 a.m. - 5 p.m.

Nationwide Children's Hospital | Education Center

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**7:30 – 8 a.m.** | Registration/Exhibits/Breakfast

**8 – 9 a.m.** | **Welcome and Sessions:** Choose one

**A: Laughter and Humor as Recreational Therapy Intervention**

*Colleen Cooke CTRS, Certified Laughter Leader, Certified Humor Professional*

This session will provide information on the benefits of humor, theories of laughter, and how these can be used as treatment modalities.

**B: The Effective Use of Therapeutic Recreation in Geriatric Psychology**

*Stephanie Morrill, CTRS*

This session will provide a glimpse into Therapeutic Recreation interventions on a Geriatric Behavioral Health unit in order to serve a variety of diagnoses.

**C: Cross Comparison Between Indiana & Ohio Medicaid Waiver and the Relation to Recreational Therapy Profession in the Community**

*Lesley Rohrbaugh, MA, CTRS & Leslee Peeper, CTRS*

This session will discuss community based therapy as it relates to the Medicaid waiver and what types of TR interventions one can use.

**9 – 9:15 a.m.** | Break/Exhibits

**9:15 – 10:45 a.m.** | **Sessions:** Choose one

**D: When Words Are Not Enough**

*Gayle Canary, CTRS, Certified Creator from the Peace Love Workshop*

This session will provide TR interventions that can be used to help patients creatively express self and gain insight to their feelings.

**E: Recreation Therapy Processes on a Competency Restoration Unit**

*Krysta Wuertz, CTRS & Tiffany Dizard, CTRS, LRT*

During this session, we will discuss the importance of continued advocacy in the Forensic Mental Health system in regards to Recreation Therapy and the outcomes for the patients both while hospitalized, and discharged.

**10:45 – 11 a.m.** | Break/Exhibits

**11 a.m. – 12 p.m.** | **Keynote: Facing Adversity: Inspiring the Recreational Therapist**

*Rohan Murphy*

Our nationally recognized speaker, Rohan Murphy, will provide a personal point of view how he embraced his disability and shaped his overall quality of life and promote inclusion in recreation and leisure.

**12 – 12:30 p.m.** | Lunch/Networking

**12:30 – 1:30 p.m.** | **Sessions:** Choose one

**G: Interprofessional Education: Implications for Recreational Therapy**

*Heather Bright, MS, CTRS*

This session will provide attendees a foundation on which to build collaborative interprofessional experiences that foster teamwork and a multidisciplinary approach.

**H: Understanding, Assessing, and Managing Pain through Therapeutic Recreation Interventions**

*Rochelle Krouse, CTRS & Natalie Truba, PhD*

This session will give an overview of pain from a biological and learning perspective and educate the therapist on appropriate treatment interventions.

**I: CHEO Chef Club – Recreation Therapy and Occupational Therapy Coming Together to Help**

*Ashley Hillard, MS, CTRS*

Participants in this workshop will learn how to collaborate with various teams to create an innovative life skills program to serve youth with physical disabilities within the community.

**1:30 – 1:45 p.m.** | Break/Exhibits

**1:45 – 3:15 p.m.** | **Sessions:** Choose one

**J: Tickle Your Senses: Understanding Sensory Processing/Integration Issues and Sensory Activity Plans**

*Lori Schweyer, CTRS*

During this session, attendees will gain a better understanding of sensory processing disorder and other integration issues through a hands on activity.

**K: Therapeutic Recreation and the Community**

*Jodi Shealy & Lindsay Buis, CTRS*

This interactive session, we will walk you through the inclusion process we utilize in our camps, programs, and community involvement.

**L: The Birds and the Bees: Sexual Health for Individuals with Disabilities**

*Jennifer Piatt, PhD, CTRS; Eric Knee, MS; & Lori Eldridge, MS, CTRS*

Participants in this workshop will learn how to collaborate with various teams to create an innovative life skills program to serve youth with physical disabilities within the community.

**3:15 – 3:30 p.m.** | Break/Exhibits

**3:30 – 4:30 p.m.** | **Sessions:** Choose one

**M: The Ohio Recreational Therapy Association: Helping the CTRS from Ohio and Beyond Grow and Advance in the Profession**

*Valerie Lazzara Mould, MA, CTRS, ORTA Treasurer*

Participants will be encouraged to engage in discussion of the growing trends in TR and how an organization like ORTA can help take the lead and/or assist those in the field.

**N: Applying ATRA Standards of Practice: Developing a Policy & Procedure Manual**

*Heather Bright, MS, CTRS, Co-Chair Standards for Practice of Recreational Therapy, ATRA*

Participants will explore the content of the ATRA Standards of Practice and learn how these can and should guide the process of developing policies and procedures for a Recreational Therapy department or program.

**4:30 – 5 pm** | CEU sign out and Evaluations

Please join us for the 2<sup>nd</sup> **Therapeutic Recreation Conference** hosted by Nationwide Children's Hospital. Nationwide Children's Hospital is a leading pediatric care facility and research institute. At Nationwide Children's, we help kids everywhere and provide life-saving research and care. Nationwide Children's is home to 18+ Certified Therapeutic Recreation Specialists who serve a diverse population of patients with varying illnesses, disabilities and conditions. Throughout the inpatient, outpatient and community based settings, our therapists collaboratively treat patients in multiple settings including Behavioral Health, Burns, Cardiac, Endocrinology, Gastroenterology, Hematology/Oncology, Neurology, Physical Rehabilitation, and Pulmonary.

Professionals from across the nation will present on a variety of topics including: Behavioral Health, Community Wellness, Geriatrics, Professional Development, and Rehabilitation.

### Continuing Education Credit:

*CEU pre-approval is in process. ATRA and NCTRC cannot guarantee that every session offered for this continuing education opportunity will be granted CEUS. Seven CEUs pending approval.*

### Travel and Accommodations:

Please visit [experiencecolumbus.com/hotels](http://experiencecolumbus.com/hotels) for overnight accommodations in the Columbus, Ohio area.

The conference will be held at Nationwide Children's Hospital's Education Center, located at 575 S. 18th Street, Columbus Ohio, 43205. Parking is very limited and garages fill quickly. Please allow time for parking. Parking is \$2.00 on the Nationwide Children's Hospital campus.

Temperatures can fluctuate in the auditorium, so please be sure to dress accordingly.



**To receive a discounted registration rate,  
please register by January 1 at  
<http://bit.ly/2019TR>**