



## 2019 Annual Conference Presentation Abstracts

### American Therapeutic Recreation Association (ATRA)

ATRA will be hosting the 2019 ATRA Annual Conference in Reno, Nevada at the Peppermill Resort Spa and Casino, September 14-17, 2019. The conference theme is "**Energize and Innovate in Recreational Therapy.**" The conference is an excellent opportunity for recreational therapists, students, educators, and allied health care professionals to promote the advancement of the practice of recreational therapy. Proposals are due on **March 30, 2019**. Speakers will be notified mid-May.

#### Important topics for individual sessions:

##### For all practice areas:

For all Practice areas change to: mind-body interventions such as yoga, tai chi, mindfulness; motivational interviewing; group dynamics; reflective and/or empathetic listening; social network building and social support; non-verbal communication; environmental modification and design; non-verbal communication; coping skills and strategies; resiliency; healthy lifestyle maintenance/development (such as nutrition and healthy habits); alternative activities; assessment tools and techniques for all settings and domains; practice theories; evidence-based practices

##### For specific practice areas:

- Behavioral Health: cognitive behavioral interventions, behavior modifications; activity processing; feedback; therapeutic use of humor; family support; support groups/peer connections; diagnosis/symptom education and training; anxiety management, resiliency; mindfulness; self-management; trust, team building
- Child and Adolescent: applied behavior analysis, differential reinforcement, behavioral activation techniques; family training/education; anxiety management; resiliency; social skills
- Community: activity processing and debriefing; peer support and instruction; community resources; community integration; family training/education; empowerment; social skills

- Management: therapeutic use of self (purposeful use of verbal tone, body positioning, listening/question discussion style); establishing reimbursement rates; consulting/private practice issues
- Older Adult: pain management; therapeutic touch and stimulation; family training/education; falls and balance; fatigue; body mechanics; family support; anxiety management; quality of life issues
- Physical Rehab and Medicine: visual neglect techniques; peer meditated instruction or support; community integration; pain management; family support; support groups/peer connections; diagnosis/symptom education and training; fatigue management; body mechanics; self-management; empowerment
- Schools: feedback; behavior modifications; cognitive behavioral interventions; team building; social skills
- Veterans: support groups/peer connections; family training/education; diagnosis/symptom education and training; trust; team building; self-management; empowerment; quality of life
- Higher Education: new pedagogical approaches; facilitating student research

Educational sessions are presented in individual concurrent time slots, selected from proposals submitted in response to this Call for Presentations by a blind peer review (anonymous author). Session time slots are typically 90 minutes, with occasional 180 minute sessions available. Full (6 hours) or half day (3 hour) pre-conference intensives are also accepted.

Speakers who are accepted for presentation will be offered a partial waiver of conference registration. Waivers are awarded on the basis of session length and the number of presenters for each session. A signed speaker agreement and Form W9 are required in order to receive a waiver. ATRA is not required to issue a 1099 to anyone who does not receive at least \$600 in services, products or benefits in a calendar year. Speakers may choose not to use the waiver in which case no Form W9 is needed. Speakers will pay for their own meals, lodging, transportation, CEUs, handouts and registration fees (minus the waiver).