



Perinatal Outreach Program

# **CERTIFIED LACTATION COUNSELOR (CLC)**

## **TRAINING COURSE**

**January 22 - 26, 2018**

**8:00 a.m.—4:30 p.m.**

**NYU Langone Health—Tisch Hospital**

**560 1st Avenue**

**Alumni Hall**

## TARGET AUDIENCE

This course is designed for anyone who wants to obtain a strong, up-to-date, evidence based foundation in breastfeeding knowledge and skills, and achieve the National Certification as a Certified Lactation Counselor (CLC®).

Attendees have a wide range of backgrounds and experience in supporting breastfeeding families and include: Nurses, Hospital Staff, WIC, Public Health Nurses, Childbirth Educators, Doulas, Visiting Nurses, Pediatricians, Family Practice Clinicians, OB / GYNs, Breastfeeding Advocates, Midwives, Perinatal Outreach Workers, Peer Counselors, IBCLCs earning CERPs, La Leche League Leaders, Speech and Occupational Therapists, Individuals interested in sitting for the IBCLC exam or achieving ALC/ANLC Certification.

## CONTINUING EDUCATION CREDIT

Healthy Children Project, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. Contact Hours will be awarded to participants who attend the program in its entirety. Partial credit will not be given to participants who attend only part of a workshop. This 5-day course provides 45 Contact Hours for RNs (if a participant opts out of the exam they will be awarded only 40 hours).

- Provider approved by the California Board of Registered Nursing, Provider #: CEP4931, for 45 contact hours.
- Florida Provider #: FBN3373.
- Eligible for 4.5 CEUs for CNMs; American College of Nurse Midwives program number 2013/016.
- IBCLCs will receive 45.0 L-CERPs from IBLCE. Long-term provider #CLT108-06. The content and objectives in this course cover the blueprint for lactation practice as laid out by IBLCE and awards 45 of the L CERPs needed to qualify for the International Exam.
- Approved for RDs by the Commission on Dietetic Registration for 45 CPEs, Level 2.
- Program can be applied towards Lamaze recertification.

The CLC and the IBCLC can also be used as a prerequisite for the Advanced Issues in Lactation Practice course to achieve the Advanced Nurse Lactation Consultant (ANLC) or the Advanced Lactation Consultant (ALC) designations.

## TEXT BOOK

The Pocket Guide for Lactation Management, 2nd edition will be used during class and for homework. Participants may share books. This textbook can be purchased through our website, [www.healthychildren.cc](http://www.healthychildren.cc) or from Amazon.com.

## **COURSE DESCRIPTION**

The Lactation Counselor Training Course is a comprehensive, evidence-based, breastfeeding management course that includes practical skills, theoretical foundations, and competency verification. Technical issues are explored within the context of counseling the mother in the hospital and in public health and community settings. This course prepares participants for professional work helping mothers and babies, with a strong focus on counseling skills. The Lactation Counselor Training Course is recognized by ANCC as a Nursing Skills Competency Program for RNs.

## **CERTIFICATION INFORMATION**

The Certified Lactation Counselor (CLC)<sup>®</sup> certification is the premier national certification in Lactation Management in the United States. CLCs can provide knowledge and counseling about optimal and sub-optimal breastfeeding. The CDC refers to CLCs as professional breastfeeding experts who are members of the health care team (2014 Breastfeeding Report Card). Research has shown that the education required of CLCs prior to certification is associated with improved breastfeeding exclusivity and duration.

The CLC<sup>®</sup> designation is ANSI accredited; a process (based on the ANSI/ISO/IEC 17024 standard) designed to increase the integrity, confidence, and mobility of certified professionals. For more information please see ALPP's website [www.talpp.org](http://www.talpp.org) or call (508) 833-1500. Certification is valid for 3 years. Re-certification must be completed through ALPP every three years with 18 appropriate Contact Hours.

## **REQUIREMENTS FOR CLC CERTIFICATION**

- Participants must attend all sessions and cannot miss more than a total of 15 minutes of class for the entire week. If a participant misses more than 15 minutes they will be ineligible to sit for the exam
- 6 hours of assignments must be completed during lunchtime or evenings
- Candidates must pass the exam and competencies administered by the Academy of Lactation Policy and Practice
- Candidates must comply with the ALPP Code of Ethics
- Candidates who meet these requirements will be authorized to use the certification marks "Certified Lactation Counselor" and "CLC<sup>®</sup>"

## **FACULTY**

All of the Healthy Children faculty are at the top of the lactation field and have many years of experience. Our faculty hold advanced degrees, sit on local and national boards, work with mothers and babies in a variety of settings, have numerous published articles, teach college courses, and are continuously engaged in the national conversation about the field of lactation and its implications for maternal child health. Please visit the website [www.centerforbreastfeeding.org](http://www.centerforbreastfeeding.org) for a complete listing of our faculty and their bios.

**The Perinatal Outreach Program at NYU Langone Medical Center** aims to improve outcomes for mothers and babies through educational programming offered to affiliate centers, New York State hospitals, and beyond. We strive to work collaboratively with hospitals and community programs to advance perinatal healthcare.

**For questions or more information, please contact:**

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## REGISTRATION AND INFORMATION

**To register, visit :** Visit [www.nyubaby.org](http://www.nyubaby.org)

Select *Classes and Support Groups*. Click the link for *Online Registration System*. Select *CLC Course*, then click *Continue*. Enter demographic data, and follow instructions.

### Course Fees

**Standard fee including proctored exam:** \$650

**Early-bird:** Register before December 31 and pay \$600.

**For Group of 3 or more:** Contact [aviva.kleinman](mailto:aviva.kleinman) to register together and pay \$600.

NYU Langone, NYU Lutheran, and Richmond University staff: *please contact [aviva.kleinman@nyumc.org](mailto:aviva.kleinman@nyumc.org) for discounted registration.*

### Hotel Accommodations

A list of hotels is available at <http://www.med.nyu.edu/cme/travel>

### Parking

For information, please visit <http://nyulangone.org/locations/tisch-hospital/parking>.

We cannot validate parking for registrants.

### Special Needs and Dietary Needs

The Perinatal Outreach Department, in compliance with the legal requirements of the Americans with Disabilities Act, requests any participant of this continuing education course who is in need of accommodation submit written requests to [aviva.kleinman@nyumc.org](mailto:aviva.kleinman@nyumc.org) at least a week before the event. Please submit a request for special dietary needs to [aviva.kleinman@nyumc.org](mailto:aviva.kleinman@nyumc.org) at least a week before the event.

*NYU Langone Medical Center is the first academic medical center in the county to be accredited by The Joint Commission in the best practices for perinatal patient care and safety.*

*NYU Langone Medical Center is a Baby-Friendly Hospital.*

*NYU Langone is the recipient of the IBCLC Care Award from the International Lactation Consultant Association in 2016.*

*Please visit <http://www.ibclccare.org/index.html> for more information.*