



TARGET AUDIENCE: This conference is designed for AWHONN members and Obstetrical nurses who have an interest in learning more about the principles of supporting vaginal birth.

Speakers:

Debra Rewerts BSN RNC-OB is a member of the Alliance for Innovation on Maternal Health for Michigan hospitals (MIAM) implementation team.

Dr Tami Michele D.O sits on the State of Michigan ACOG Advisory Commission. She is the only OB-GYN appointed by the governor on the Michigan Board of Licensed Midwifery and serves on the MIAM board.

Lisa Kane Low, Ph.D., M.S., C.N.M., FACNM, FAAN is an midwife of over thirty years and an associate professor at the University of Michigan who focuses on advancing evidence-based care practices during childbirth that promote optimal outcomes for women and their families.

Carolyn E. Leja, MS, CNM is Vice President, Michigan Affiliate of the ACNM, a practicing CNM and Program Director for Quality and Safety in OB at Spectrum Health Butterworth.

Megan Michelotti CD (DONA) is a DONA Certified Birth Doula and Co-Owner of GR Doulas.

Becky Nauta Ph.D., MSN, RN; CNML is Faculty at University of Detroit Mercy, Aquinas College.

Dorothy Hubbard BSN, RN C-EFM, C-OB is a L&D nurse at Metro Health UofM Health

Jo Wilcox RNC-EFM, C-OB is a nurse at Metro Health UofM Health

West Central Michigan Chapter Leaders

Debbie Cowling, BSN RNC-EFM
Metro Health University of Michigan Health
Hospital
Debbie.Cowling@metrogr.org

Kelli Leask, MSN, FNP
Davenport University
kleask@davenport.edu

Colleen Vawter, RNC-EFM C-OB
vawterld@gmail.com

Debra Rewerts, BSN RNC-OB
Spectrum Health Hospital
Debra.Rewerts@spectrumhealth.org

For any additional information, please contact one of the chapter leaders listed above.

This AWHONN educational event is provided through a community collaborative with Davenport University, Metro Health, Saint Mary's, and Spectrum Hospitals.



**West Central Michigan
AWHONN Chapter Offering**

**SUPPORTING
VAGINAL BIRTH**



April 19, 2018

**Davenport University
Sneeden Conference Center**

Contact Hours Provided



Please join us for this fun and informative event!

EDUCATIONAL OUTCOME:

Just as the reduction of early elective deliveries before 39 weeks gestation recently became a significant national effort resulting in extraordinary changes in routine obstetric practice, a similar national effort to reduce cesarean rates is currently mounting from many collective, cohesive fronts.

This conference will provide those attending with practical principles for implementing strategies to safely reduce the primary cesarean birth.

OBJECTIVES:

- Provide an overview of the bundle components for Safe Reduction of the Primary Cesarean Birth
- Understand best practice guidelines for transfer of intended home birth patients to the hospital
- Identify six evidence-based care practices that promote physiological birth
- Recognize the importance of continuous labor and delivery support
- Examine non-traditional methods for cervical ripening and labor coping.

Continuing education contact hours for this program are provided by Davenport University Mabel Engel Nursing Program as an accepted provider of continuing education credits by the Michigan Board of Nursing R338.10602G

Registration by April 13, 2018 is required.

0800-0815 Registration and light breakfast

0815-0915 MIAIM update-Safe Reduction of the Primary Cesarean Birth bundle

Debra Rewerts RNC-OB BSN

0915-0930 Stretch Break

0930-1030 Supporting Best Practice Guidelines for Transfer from Planned Homebirth to Hospital: Collaboration, Communication, and Coordination

Dr. Tami Michele D.O.

Lisa Kane Low, Ph.D., M.S., C.N.M., FACNM, FAAN

1030-1045 Break / Vendor Exhibits

1045-1145 Physiologic Labor Support

Carolyn E. Leja, MS, CNM

1145-1245 Lunch/ Vendor Exhibits

1245-1345 Mothering the Mother: The How and Why of Doula-supported Childbirth

Megan Michelotti CD (DONA)

1345-1400 Break

1400-1430 Use of Electroacupuncture for Cervical Ripening in Pregnant Women

Becky Nauta Ph.D., MSN, RN; CNML

1430-1515 Complementary and Alternative Approaches to Pain Relief During Labor

Dorothy Hubbard BSN, RN C-EFM, C-OB

Jo Wilcox RNC-EFM, C-OB

1515-1530 Evaluation and wrap-up

Registration

Limited seating to first 150

*Cost for this conference:
AWHONN Members \$50
Non-members:\$60*

Registration for this event will be through Eventbrite

<https://supportingvaginalbirth.eventbrite.com>

Location:

Davenport University
Sneeden Conference Center
6191 Kraft Ave SE Grand Rapids, MI
49512

Thank you for coming and sharing
with AWHONN's West Central
Michigan Chapter.