INCOME THIS ISSUE

E-Prescribing  DOCME  Flu Update  Holiday Calendar
Mumps Outbreak  AOMA PAC  Annual Convention  Join AOMA
DO Day  AzRxEd  Birdies for Charity  AOMA Calendar

Electronic Prescribing of Controlled Substances Begins January 1
Beginning January 1, 2020, Arizona providers who order a Class II Opioid medication will be required to send it directly to a pharmacy instead of writing a paper prescription. But time is running out for providers to be ready and enabled to prescribe opioids electronically by the first of the year. Because prescribing for opioids requires additional security and identity proofing processes compared to e-prescribing, providers who are not in compliance should work to complete the necessary steps to be live on EPCS software by 1/1/2020. For training and assistance, visit the EPCS Click for Control Campaign from Health Current or contact them at erx@HealthCurrent.org, 602-688-7200.

Mumps is on the Rise in Maricopa County
Maricopa County is experiencing a community-wide outbreak of mumps, a contagious disease that can lead to serious consequences. This is the first community-wide mumps outbreak that the County has seen in decades and serves as a reminder of why it's so important to get vaccinated for diseases that can we prevent.

Providers are asked to work with Public Health to stop the outbreak.

Symptoms of mumps can include:

- Face swelling and tender salivary glands under the ears or jaw on one or both sides of the face (parotitis)
- Low-grade fever
- Headache
- Muscle ache
- Tiredness
- Loss of appetite

Complications from mumps include painful and swollen testicles for males, painful and swollen ovaries (abdominal/belly pain) for females, and rarely, decreased fertility, meningitis (inflammation around the brain and spinal cord) and even deafness.

A person with mumps is considered contagious 1-2 days before swelling or pain starts, which means a person infected with mumps can spread it to others before they even know they have it.

Healthcare providers are encouraged to immediately report suspect mumps to Maricopa
County Department of Public Health by calling (602) 506-6767.

For more information on mumps signs and symptoms or where you may find vaccine, please visit [www.WeArePublicHealth.org](http://www.WeArePublicHealth.org).

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**Advocate for Your Profession - 2020 AOMA DO Day at the State Legislature**

Support AOMA's policy agenda and learn how to be a successful advocate for your patients.

**Who:** AOMA physician members and student members

**What:** Wear your white coat and meet with legislators, accompanied by an AOMA physician. Prominent legislators, physicians, and policymakers will share valuable advocacy advice and insight into the most critical issues impacting healthcare.

**Where:** Arizona State Legislature, 1700 W. Washington St., Phoenix, AZ 85007

**When:** Tuesday, February 18, 2020

**Why:** To discuss issues impacting osteopathic medicine.

**Reserve your spot today at [www.az-osteo.org/DODayRSVP](http://www.az-osteo.org/DODayRSVP)**

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**Need CME Before 12-31-2019? Check out the AOMA On-Demand CME Platform**

Missed the AOMA Fall Seminar? Still need CME hours before the end of the year? Earn CME at your convenience! The DOCME on-demand program is built so that you can access CME whenever and wherever you like. DOCME offers all categories of AOA CME credit, including 1-A! DOCME boasts a catalog of more than 250 different lectures in a wide variety of specialties. New content is added regularly.

AOMA members receive a $10 discount on each AOMA-produced CME program. Contact the office for the promo code. Go to [www.docme.org](http://www.docme.org) to view the entire catalog of on-demand offerings.

**www.docme.org**

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**Help AOMA Help You**

The 2020 Legislative session is going to be challenging with many impending threats, but also opportunities to enact beneficial public policies for your profession and patients.

The AOMA Political Action Committee (PAC) provided more than $11,000 to more than 20 legislators since the election in 2018. The AOMA PAC allows us to support legislators who share our concerns about the future of healthcare and improved access to quality care in Arizona.

Please help us replenish the AOMA PAC account. Become a Gold PAC member by making a contribution of $250. Of course, your contribution in any amount is appreciated and will support AOMA’s efforts on your behalf.

To make your contribution, please go to [www.az-osteo.org/PAC](http://www.az-osteo.org/PAC).
FREE CME Satisfies Arizona Opioid Prescribing Requirements
Are you in compliance with Arizona's opioid laws and regulations? Are you utilizing the best practices for prescribing opioids to patients? Do you understand how Medication Assisted Treatment can help patients?

The Arizona Opioid Prescriber Education program is available FREE to all prescribers needing continuing medical education hours to fulfill the new requirements mandated by ARS 32-3248.02. Developed by a multidisciplinary team of healthcare professionals led by the Arizona Osteopathic Medical Association and presented through an interactive, user-friendly, e-learning system by the Arizona State University, College of Health Solutions, each education module is accredited for all types of physicians, nurse practitioners, physician assistants, pharmacists, and optometrists.

Visit www.azrxed.org to access the modules.

Flu Cases Up Four-Fold
The Arizona Department of Health Services (ADHS) reported on December 7, 2019 that influenza cases in Arizona have quadrupled compared to previous seasons at this time with 60% of reported cases this season in infants, children, and adolescents. So far, 3,354 lab-confirmed flu cases have been reported compared to 804 cases in the same time period in 2018.

Flu vaccine is still available for VFC and CHIP providers through the Arizona Immunization Program Office. If you haven't ordered yet, contact the AIPO at 602-364-3642.

Stay up-to-date on influenza activity in Arizona throughout the season here: azdhs.gov/flu

AOMA 98th Annual Convention
Plan to attend the AOMA 98th Annual Convention - the largest annual medical conference in Arizona - April 1 to 5, 2020 at our NEW LOCATION Embassy Suites by Hilton Scottsdale Resort. The theme of the 2020 Convention is Finding Health. The five-day CME event is anticipated to offer more than 35.0 hours of AOA Category 1-A credit and has been approved for AMA PRA Category 1 credits™.

Registration is open at www.az-osteo.org/2020Conv

Help Make Arizona Osteopathic Charities Big Bucks!
You can make Arizona Osteopathic Charities a big bucks winner by making a pledge in the Birdies for Charity competition at the 2020 Waste Management Phoenix Open. Arizona Osteopathic Charities will receive every penny of collected pledges. To make a pledge online go to birdiesforcharityaz.com.

Happy Holidays
In this time of peace and joy, we wish you the happiest of holidays. Your AOMA staff is honored to serve all osteopathic physicians and students in Arizona.

The AOMA office will be closed Tuesday, December 24th and Wednesday, December 25th in observance of the Christmas holiday. The office will also be closed Tuesday, December 31st and Wednesday, January 1st as we ring in the new year.

**Patients are Looking for YOU!**

**Update Your Profile!**

One of the benefits of AOMA membership is the Find a Physician public directory search. Make sure your practice information is up to date by logging in to your member profile on the AOMA website. When you do, prospective patients and potential referring physicians will be able to find you.

**Not an AOMA Member?**

Join today and be a part of the 98-year tradition of the Arizona Osteopathic Medical Association!

Membership in AOMA is an affordable vehicle to keep abreast of national and local issues, protect your professional practice, enhance your specialized skills, further your career, and be a part of the future of osteopathic medicine in Arizona.

Refer a new AOMA member and receive at $100 credit. Go to www.az-osteo.org/Recruit

**Arizona Vaccine News**

**AzDHS Immunization Program Website**

**CDC Immunization Schedules**

**AOMA Calendar of Events**
- [www.az-osteo.org](http://www.az-osteo.org)

**AOMA Board of Trustees Meeting** - February 8, 2020
AOMA DO Day at the Legislature - February 18, 2020
AOMA 98th Annual Convention - April 1-5, 2020
AOMA Board of Trustees Meeting - April 1, 2020
AOMA House of Delegates Meeting - April 3, 2020

The AOMA Dispatch is published monthly. Direct your questions and comments to AOMA at communications@az-osteo.org

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