All times, lectures, and speakers subject to change.

**Wednesday, April 1, 2020**

**7:30 am to 8:25 am**  
*Telemedicine Update*  
Elizabeth Krupinski, PhD  
- Illustrate potential of Telemedicine in patient care  
- Demonstrate role of telemedicine and return on investment (ROI)  
- Assess role of telemedicine in disaster relief  
CREDITS: 1

**8:30 am to 9:25 am**  
*COVID-19: The Virus, The Illness & The Panic*  
Joseph Zachariah, DO  
- Illustrate the epidemiology of illness  
- Differentiate signs, symptoms and risks of illness  
- Distinguish isolation and treatment protocol  
CREDITS: 1

**9:25 am to 9:40 am** - Break

**9:40 am to 10:35 am**  
*A Bump or a Bleed and Where It Can Lead: Updates regarding Prevention, Identification and Management*  
Sue Wolf, PhD  
- Assess common and uncommon sequelae (signs and symptoms of mild Traumatic Brain Injury (mTBI))  
- Evaluate for mTBI in daily practice, sharing accessible resources with patients and families  
- Manage complex ethical decisions with management of mTBI  
CREDITS: 1
10:40 am to 11:35 am
Childhood Post-Infectious Autoimmune Encephalitis (CPAE) - PANDA Problems
Christopher Spiekerman, DO, FAAP
- Outline signs and symptoms of CPAE
- Evaluate when to start appropriate treatment
- Share resources for healthcare providers and families
CREDITS: 1

11:35 am to 12:05 pm - Lunch Break

12:05 pm to 1:15 pm
Cure, Care, Comfort...or Kill? An Inside Look at Physician Assisted Suicide
Karen Nichols, DO, MA, MACOI, CS
- Assess the current legal status of physician-assisted suicide in the US
- Outline alternatives to physician-assisted suicide
- Share the reasons a patient may request physician-assisted suicide and learn how to address those underlying motivation
CREDITS: 1.25

1:20 pm to 2:15 pm
Collaborative Care: A Model of Integrated Behavioral Health in Primary Care
Alena Petty, DO
- Summarize the Collaborative Care model of behavioral health integration: contrast with co-located care
- Outline the members of a Collaborative Care team.
- Evaluate how Collaborative Care achieves the Triple (Quadruple) Aim of healthcare reform
CREDITS: 1

2:20 pm to 3:15 pm
Social Media & Practice Implications
Ann M. Blades, RN, BSN, MBA/HCM
- Illustrate at least three potential risks for the healthcare team when using social media
- Compare at least two risk management strategies to minimize your risk when utilizing social media.
- Outline at least two potential advantages to utilizing social media in your practice.
CREDITS: 1

3:15 pm to 3:30 pm - Break

3:30 pm to 4:55 pm
An Osteopathic Approach to Scoliosis and Lift Therapy
Richard Dobrusin, DO, MS, FACOFP
- Diagnose and test for scoliosis
- Share knowledge of structural x-rays
- Evaluate lift therapy
CREDITS: 1.5
Thursday, April 2, 2020

7:30 am to 8:25 am
Pancreas Cancer: Updates for the Primary Care Physician
Brendan Curley, DO, MPH
- Evaluate diagnosis of pancreatic cancer
- Assess treatment options for pancreatic cancer
- Illustrate future therapeutic options for pancreas cancer
CREDITS: 1

8:30 am to 9:25 am
Updates in Patient Experience
Joshua Rosenberg, DO, FACP, SFHM
- Summarize current literature for updates in patient experience.
- Demonstrate novel approaches to improve patient experience
- Evaluate the best experience for each of our patients
CREDITS: 1

9:25 am to 9:40 am - Break

9:40 am to 10:35 am
Arizona Legislative Update
Steve Barclay, JD
- Share the Arizona legislative developments
- Outline the importance of physician advocacy
- Illustrate the Medicaid rate increase that is coming
CREDITS: 1

10:40 am to 11:35 am
Evaluation of Abnormal Liver Function Tests
David Tessler, DO, FACP, FACOI
- Evaluate the different laboratory and radiographic markers for liver disease
- Distinguish the differential diagnosis and subsequent workup for liver disease
- Summarize the major liver diseases and treatments
CREDITS: 1

Rev. 3-27-2020

All times, lectures, and speakers subject to change.
11:35 am to 12:05 pm - Lunch Break

12:05 pm to 1:00 pm
Pregnancy as a Predictor to Future Health
Kendra Gray, DO, FACOG
- Summarize the key components of an obstetric history as it pertains to future wellness
- Distinguish the connection between pregnancy complications and long-term health
- Share appropriate follow up preventative care and screening strategies for women who have had pregnancy complications
CREDITS: 1

1:05 pm to 2:00 pm
Recent Advances in Management of Soft Tissue Sarcoma
Robert D. Yoo, DO
- Outline histopathology, diagnostic evaluation and prognostic factors of soft tissue sarcoma
- Demonstrate management of advanced/metastatic disease
- Illustrate highlights in emerging targeted agents and immunotherapy
CREDITS: 1

2:05 to 3:00 pm
CBD Oil: Facts or Quacks
Gwen Levitt, DO, DFAPA
- Share indications for usage of CBD oil
- Demonstrate efficacy of CBD oil for various uses
- Assess potential side effect of interactions with prescribe medication with CBC oil
CREDITS: 1

3:00 pm to 3:15 pm - Break

3:15 pm to 3:45 pm
Vaping Among Arizona Kids: A Public Health Policy Perspective
Will Humble, MPH
Classify potential public health risks and benefits that e-cigarettes present
- Outline federal and state policies relating to the regulation of e-cigarettes
- Share at least 3 public policy interventions stats have used to prevent youth use of e-cigarettes

E-Cigs & Vaping: History & Public Policy
Heather Carter, Ed.D
- Outline the History of E-Cig & Vaping Public Policy
- Classify the Current Legislative Efforts Related to E-Cigs & Vaping
- Demonstrate the Various Avenues in Which Participants can Advance Health Policy
CREDITS: 1.5

Rev. 3-27-2020
Friday, April 3, 2020
7:30 am to 8:25 am
Yoga for Every Body – Utilization of Modifications in Yoga Practice
Michelle Mifflin, DO
  • Evaluate and perform simple yoga poses for some common patient complaints
  • Demonstrate modification to yoga poses with everyday objects as props
  • Share a simple yoga sequence that can be performed daily by their patients
CREDITS: 1

8:30 am to 9:25 am
Labors and Losses: A Look at Maternal Mortality in Arizona
Kendra Gray, DO, FACOG
  • Share the trends in maternal mortality in the nation and our state
  • Outline the process improvements are underway in the state of Arizona
  • Illustrate the role of substance abuse and obesity as it relates to maternal mortality
Credits: 1

9:25 am to 9:40 am - Break

9:40 am to 10:35 am
Coining, Cupping and Cultural Competence
Laurel Mueller, DO, MBA
  • Outline cultural competence: understand its importance in successful delivery of medical care
  • Demonstrate coining and its role in traditional medicine therapy
  • Evaluate cupping and its role in alternative medicine therapy
CREDITS: 1

10:40 am to 11:35 am
When Enough is Enough: De-Prescribing and Ceasing Preventive Testing/Screening
Shaun Chatelain, DO
  • Illustrate medications to de-prescribe
  • Share preventive tests for the older adult
  • Outline when to stop preventive testing in the older adult
CREDITS: 1

Rev. 3-27-2020
11:40 am to 12:10 pm
AOA Update
Kevin Klauer, DO, EJD, FACEP
AOA Chief Executive Officer
  • Share updates regarding AOA CME
  • Outline American Osteopathic Association (AOA) Leadership Goals
  • Outline the future of AOA
CREDITS: .5

12:10 pm to 12:40 pm - Lunch Break

12:40 pm to 1:35 pm
Wild West Medicine 1
Laurel Mueller, DO, MBA
  • Distinguish four unusual diseases and injuries common in rural Arizona
  • Differentiate symptoms and guidelines for diagnosis
  • Illustrate treatments for these conditions
CREDITS: 1

1:40 pm to 4:15 pm
Animal Assistance in Health Care:
SIT, STAY, COME... and CHANGE MY LIFE FOR GOOD! How Well-Trained Dogs Can Lessen the Impact of Disability
Karen Bruce Rice, OT
  • Outline the various types of support dogs and how they alleviate the limiting effects of disability
  • Guide patients to referral sources for dogs who provide life-altering support both at home and in the community
  • Illustrate how occupational therapy, physical therapy and speech-language pathology professionals utilize hippotherapy in the context of their clinical practice

Hippotherapy Evidence for Practice
Patricia Steffen-Sanchez, MS, OTR/L, BCP
  • Classify how occupational therapy, physical therapy, and speech-language pathology professionals utilize hippotherapy in the context of their clinical practice
  • Distinguish why the purposeful manipulation of equine movement is the driving force for functional change in individuals who receive hippotherapy as a part of their overall plan of care.
  • Illustrate the difference between therapy and adaptive riding and make a recommendation for the most appropriate model for their patient.
CREDITS: 2.5
All times, lectures, and speakers subject to change.

Saturday, April 4, 2020

7:30 am to 8:25 am
Osteopathic Approach to Thoracic Outlet Syndromes (TOS)
Richard Dobrusin, DO, MS, FACOFP
- Outline the types of Thoracic Outlet Syndrome (TOS)
- Illustrate a logical history of Thoracic Outlet Syndrome (TOS)
- Demonstrate physical examination of Thoracic Outlet Syndrome (TOS)
CREDITS: 1

8:30 am to 9:25 am
Addiction Potpourri
Donald Middleton, DO
- Evaluate the science and nuance behind the word “addiction”
- Evaluate some of the most important forms of addiction treatment
- Compare the definitions of the word “recovery”, and why variations exist
CREDITS: 1

9:25 am to 9:40 am - Break

9:40 am to 10:35 am
Finding Health in Gender-Affirming Care
Brandon Abbott, DO, MPH, FAAP
- Share terminology related to gender identity
- Demonstrate how to address gender identity conversations with patients
- Evaluate resources on treatment guidance for transgender care
CREDITS: 1

10:40 am to 11:35 am
Structural Heart Disease: From Plumber to Contractor
Alphonse Ambrosia, DO, FACC
- Evaluate current approved structural heart procedures
- Share Patent Foramen Ovale (PFO) closure indications and techniques
- Distinguish Transcatheter Aortic Valve Replacement (TAVR) indications and technique

Rev. 3-27-2020
11:45 am to 12:45 pm
Clinical Case Competition – CME Available
Superior Mesenteric Artery Syndrome: The Hidden Dangers of Extreme Weight Loss
Tracy Lin, OMS-III

Inflammatory Myopathies: Dermatomyositis in a Previously Healthy Male
Kathryn Middleton, OMS-III

Early-Onset Preeclampsia with Pulmonary Edema and Massive Ascites: A Rare Presentation of Severe Preeclampsia or Concomitant Diagnoses?
Elizabeth St. Laurent, OMS-IV

12:45 pm to 1:15 pm - Lunch Break

1:15 pm to 2:10 pm
Who Am I? Species Dysphoria, Otherkin, Therians, Furries and Other Identity Conundrums
Gwen Levitt, DO
  - Illustrate terms of use related to personal identity beliefs
  - Share how to delineate misidentification delusions vs. personal belief system
  - Demonstrate how to discuss identity issues with patients

2:15 pm to 3:10 pm
Treating Tough Seasonal Allergies
Franklyn Gergits III, DO, MBA, FAOCO
  - Evaluate how to better recognize allergy and allergy associated disease states
  - Share additional therapeutic options for patients diagnosed with Seasonal Allergic Rhinitis (SAR)
  - Assess appropriate patients for referral to allergy specialists

3:10 pm to 3:25 pm - Break

3:25 pm to 4:55 pm
Chronic Pain, Opioids, OMT, etc.
James Keane, DO, MEd
  - Assess common etiologies of pain
  - Evaluate diagnostic process for extremity pain
  - Assess common presentation of back pain

CREDITS: 1
Sunday, April 5, 2020

8:00 am to 8:55 am
How and When to Order Imaging for the Primary Care Physician
Rajiv Tangri, DO
- Assess when to order a CT scan or MRI with and/or without contrast
- Evaluate the correct type of bone scan
- Outline the protocol for ordering a PET/CT scan
CREDITS: 1

9:00 am to 9:55 am
Practice Consolidations, Mergers and Arrangements Pre and Post Closing
Andrew Plattner, JD
- Evaluate risks and benefits of selling, consolidation or merging
- Interpret the major terms and conditions in the definitive agreements
- Outline the impact of practice restrictions inherent in deals
CREDITS: 1

9:55 am to 10:10 am - Break

10:10 am to 11:05 am
Shifting Goals of Care Towards End of Life
Shelly Myers, DO
- Apply conversational strategies to goals of care discussion
- Distinguish various members/roles or hospice care team
- Outline multiple strategies to achieve goals of care
CREDITS: 1

11:10 to 12:05 pm
“The ‘Eyes’ Have It!” A Review of Rare Diseases
Melinda Burnworth, PharmD, FASHP, FAzPA, BCPS
- Distinguish rare (orphan) diseases and orphan drugs from common diseases and drugs
- Compare and contrast rare disease resources (healthcare professionals, patient, caregiver)
- Outline rare diseases scenario (porphyria, methemoglobinemia), formulate a treatment plan.
CREDITS: 1