Friday, April 3, 2020
7:30 am to 8:25 am
Yoga for Every Body – Utilization of Modifications in Yoga Practice
Michelle Mifflin, DO
- Evaluate and perform simple yoga poses for some common patient complaints
- Demonstrate modification to yoga poses with everyday objects as props
- Share a simple yoga sequence that can be performed daily by their patients
CREDITS: 1

8:30 am to 9:25 am
Labors and Losses: A Look at Maternal Mortality in Arizona
Kendra Gray, DO, FACOG
- Share the trends in maternal mortality in the nation and our state
- Outline the process improvements are underway in the state of Arizona
- Illustrate the role of substance abuse and obesity as it relates to maternal mortality
Credits: 1

9:25 am to 9:40 am - Break

9:40 am to 10:35 am
Coining, Cupping and Cultural Competence
Laurel Mueller, DO, MBA
- Outline cultural competence: understand its importance in successful delivery of medical care
- Demonstrate coining and its role in traditional medicine therapy
- Evaluate cupping and its role in alternative medicine therapy
CREDITS: 1

10:40 am to 11:35 am
When Enough is Enough: De-Prescribing and Ceasing Preventive Testing/Screening
Shaun Chatelain, DO
- Illustrate medications to de-prescribe
- Share preventive tests for the older adult
- Outline when to stop preventive testing in the older adult
CREDITS: 1
11:40 am to 12:10 pm
AOA Update
Kevin Klauer, DO, EJD, FACEP
AOA Chief Executive Officer
- Share updates regarding AOA CME
- Outline American Osteopathic Association (AOA) Leadership Goals
- Outline the future of AOA
CREDITS: .5

12:10 pm to 12:40 pm - Lunch Break

12:40 pm to 1:35 pm
Wild West Medicine 1
Laurel Mueller, DO, MBA
- Distinguish four unusual diseases and injuries common in rural Arizona
- Differentiate symptoms and guidelines for diagnosis
- Illustrate treatments for these conditions
CREDITS: 1

1:40 pm to 4:15 pm
Animal Assistance in Health Care:
SIT, STAY, COME... and CHANGE MY LIFE FOR GOOD! How Well-Trained Dogs Can Lessen the Impact of Disability
Karen Bruce Rice, OT
- Outline the various types of support dogs and how they alleviate the limiting effects of disability
- Guide patients to referral sources for dogs who provide life-altering support both at home and in the community
- Illustrate how occupational therapy, physical therapy and speech-language pathology professionals utilize hippotherapy in the context of their clinical practice

Hippotherapy Evidence for Practice
Patricia Steffen-Sanchez, MS, OTR/L, BCP
- Classify how occupational therapy, physical therapy, and speech-language pathology professionals utilize hippotherapy in the context of their clinical practice
- Distinguish why the purposeful manipulation of equine movement is the driving force for functional change in individuals who receive hippotherapy as a part of their overall plan of care.
- Illustrate the difference between therapy and adaptive riding and make a recommendation for the most appropriate model for their patient.
CREDITS: 2.5