



## Teens:

### *Your health rights & responsibilities*

#### Did you know?

Anything you say about sex, drugs and your personal feelings is confidential. There are some exceptions so ask your doctor about confidentiality rules

#### As a teen, you have the right to:

- Be treated with respect.
- Be given honest and complete health information.
- Ask questions.
- Know how my health insurance and billing process works.
- Be able to look at my medical records.
- Ask for any of my family, friends, or partners to come into the exam room with me.
- See my doctor without my parent/guardian in the exam room.

#### I have the RESPONSIBILITY to:

- Give honest information and let my doctor know if my health changes.
- Follow the plan that I choose with my doctor or nurse, and tell him/her if I choose to change my plan.
- Treat staff, other patients, and the office with respect.
- Be on time for my appointments and call if I need to cancel or change an appointment.

When I have questions,  
**I will ASK!**

When I have concerns,  
**I will SPEAK UP!**