Did you know?
Anything you say about sex, drugs and your personal feelings is confidential. There are some exceptions so ask your doctor about confidentiality rules

For Youth

Teens: Your health rights & responsibilities

As a teen, you have the right to:

• Be treated with respect.
• Be given honest and complete health information.
• Ask questions.
• Know how my health insurance and billing process works.
• Be able to look at my medical records.
• Ask for any of my family, friends, or partners to come into the exam room with me.
• See my doctor without my parent/guardian in the exam room.

I have the RESPONSIBILITY to:

• Give honest information and let my doctor know if my health changes.
• Follow the plan that I choose with my doctor or nurse, and tell him/her if I choose to change my plan.
• Treat staff, other patients, and the office with respect.
• Be on time for my appointments and call if I need to cancel or change an appointment.

When I have questions, I will ASK!

When I have concerns, I will SPEAK UP!

Adapted from materials developed by the Adolescent Health Working Group. Additional resources are available at http://ahwg.net.