
If you HAVE or ARE BEING EVALUATED FOR COVID-19, you should:

- Stay at home, except to get essential medical care. Including:
  - Work, school, or public areas
  - Public transportation, rideshare, or taxis
- Separate yourself from others in the home, as much as possible. Stay in a separate room and use a separate bathroom, if possible.
- Cover your coughs and sneezes with a tissue or your elbow.
- Wash your hands often with soap and warm water for at least 20 seconds.
- Avoid touching your eyes, nose, and mouth.
- Do not share household items like dishes, cups, eating utensils, and bedding.
- Cancel all non-essential medical appointments and call ahead to your provider before you attend essential medical appointments.
- Monitor your symptoms and seek medical care if your illness is worsening.
  - Before going to your medical appointment, call the healthcare provider and tell them that you have, or are being evaluated for, COVID-19.

You will be asked to stay in home isolation:
1) If you have tested positive for COVID-19, you should:
   - Remain in home isolation for 7 days after your COVID-19 testing if your fever and symptoms of acute infection are gone OR until 72 hours after your fever and symptoms of acute infection are gone, whichever is longer.
2) If you have a fever and respiratory symptoms and have not tested positive for COVID-19, you should:
   - Stay home away from others until 72 hours after your fever and symptoms of acute infection are gone.

For more information, please visit the CDC website: https://www.cdc.gov/coronavirus/2019-ncov/

**Current as of 3/20/20. Recommendations are subject to change as the situation evolves.