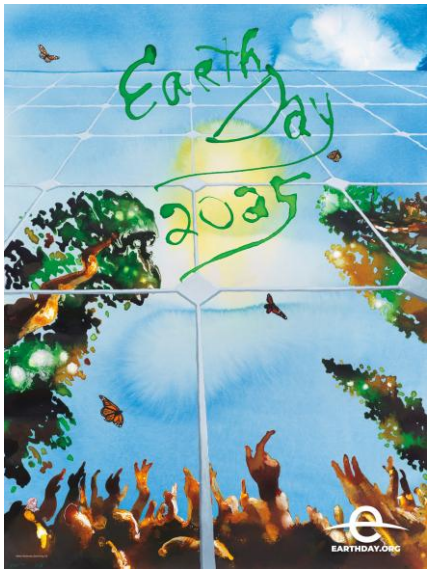
AzNA TODAY

April 21st Issue

AzNA ARIZONA NURSES ASSOCIATION | CLIMATE CHANGE AND HEALTH WORKGROUP

Earth Day: Our Power, Our Planet™
#EarthActionDay



Tuesday, April 22nd, is the 55th anniversary of Earth Day. The 2025 theme of Earth Day is Our Power, Our Planet™. The official poster, pictured to the left, is a powerful reminder that we have energy options and that renewable energy can fuel our future without harming the planet. The artwork beautifully features a solar panel surrounded by lush nature and clear sky, symbolizing the renewable energy future we must embrace to safeguard planetary and human health.

We hope each of you reading this will join this movement and act on Earth's Action Day. **Two actions are listed below for nurses.**

There are many ways you can get involved and make a difference for our planet on Earth Day and every day.

- Attend an Earth Day Event (list here and here)
- National Park Week is celebrated April 19th – April 27th. Celebrate Earth Day at a National Park near you. Learn more about conserving at home and in your community.
- Earth Action Day
    - Education – Knowledge is Power
    - Advocate – Make Your Voice Count- **See the two action alerts below**
    - Mobilize – Turn Awareness into Action
    - Pledge – Join the Digital Wave
- **How to Live More Sustainably – 5 Tips**
    - Tip #1: Skip fast fashion
    - East less meat, buy food locally
    - Recycle and, even better, compost
    - Bank more responsibly
    - Drive less

Two Action Alerts

Honor Earth Day by acting on the two requests below. Nurses are trusted and listened to when we speak

Health experts oppose rollbacks of climate and clean air protections

In March, EPA Administrator Zeldin announced plans to repeal 31 critical EPA regulations that reduce air and water pollution nationwide. This would undermine health gains and progress made to clean up air and water pollution and protect Americans against climate change. Our partner, The Alliance of Nurses for Healthy Environments, is collecting signatures on a letter to the administrator expressing our grave concern at EPA's effort to rescind dozens of pollution protections for millions, a direct contradiction to the Environmental Protection Agency's mission of protecting public health and the environment and the expressed promise to ensure every American's access to clean air. **Add your name to the letter here.**

Tell Congress to Vote No on Attacks Against Clean Car and Truck Waivers

Join us and ANHE in calling members of Congress to reject any attempts to use the Congressional Review Act to overturn the Environmental Protection Agency (EPA) waivers for vehicle pollution programs, and any other legislation that aims to weaken, repeal, or undermine state or federal clean car and truck standards. Clean car and truck standards clean up our air, protect public health, and tackle the climate crisis. They need to hear from nurses. **Send a message to your representatives here.**

What We Are Reading & Listening to Now

- Arizona wants this city to cut its groundwater use (azcentral)
- Make You – and the Earth – Healthier! (AARP)
- Maricopa County Leaders Applaud EPA for Scrapping Guidance for Measuring International Emission (AZ Independent News Network)
- Clean energy tax credits must be retained (Tucson.com)
- APS Checklist: 9 ways to save on energy bills as temperatures rise (Daily Independent)
- For older adults taking medications, summer heat can be especially dangerous (CronkiteNews)
- EPA hits pause on escalating local air pollution status (azcentral)
- Regulatory Agenda: Addressing Greenhouse Gas Emissions from HealthCare Building Energy Use (NAM)

Join Us: Webinars & Events

- **April 22nd** Earth Day
- **April 22nd: 9:00 am – 5:30 pm (ET)** Climate and Health Summit by National Academy of Medicine Register.
- **April 22nd: 1:30 pm – 3:00 pm** A Healthier Future for All: Tackling the Climate Crisis Together In-person Roundtable with lunch RSVP.

- **April** 23rd : 9:00 am (AZ) The Path to COP30 Green Growth through Green Innovation How nurses are leading climate action and sustainability through innovative healthcare solutions Register
- **Apri 24th: 12:00 pm (AZ)** Reimagining Planetary Health: Critical Posthumanism's Role in Environmental Justice hosted by ANHE Register
- **May 5th – 9th** Arizona Heat Preparedness Week
- **May 21st: 12:00 pm – 1:00 pm (MST)**: Impacts of Heat on Vulnerable Populations Register

Recordings

- March 6th: Tap Water Affordability in Arizona Recording
- February 5th: Region 9 Pacific Southwest Center for Emergency Public Health: Heat Surveillance, Preparedness Strategies and Community Response Webinar featuring LA County and Maricopa County Recording
- Recording: Webinar with author and Pediatrician Debra Hendrickson on her new book The Air They Breathe: A Pediatrician on the Front Lines of Climate Change. Recording.
- Recording from **December 10th's webinar**: Perspectives on Plastic Lifecycle Series: Plastics Use and Demand Recording.
- Recording from **December 11th's webinar**: A panel discussion on Extreme Weather in Arizona Recording.
- Recording from **3rd Annual National Integrated Heat Health Information System (NIHHIS) National Meeting 2024** Here

Thank you for joining us in making a healthier planet today!