

## The 32nd Annual Southwestern Regional Nurse Practitioner Symposium

is a one-day virtual intensive program offering education to review and update current concepts in clinical and practice management for advanced practice nurses and advanced practice nursing students.

AzNA and AZNPC are pleased to offer up to 5.25 hours of Content/CNE contact hours on July 25, with up to 12.0 additional CNE hours available on-demand after the event. Multiple sessions offer Pharmacology Contact Hours.

The Continuing Nursing Education Group is a provider of continuing nursing professional development by the American Nurses Credentialing Center Commission on Accreditation.

### Keynote Improving Documentation to Prevent Malpractice: Everything the NP Needs to Know

The number of malpractice claims made against many health care professionals is on the rise. It is essential that the nurse practitioner take every possible step to avoid being at the receiving end of a malpractice claim, including enhancing documentation. Dr. Wendy Wright, a family nurse practitioner with extensive experience in reviewing cases for medical malpractice attorneys, will share information that every nurse practitioner must hear.

Wendy Wright  
DNP, FNP-BC, ANP-BC, FAANP, FAAN, FNAP



Wendy is a 1992 graduate of the Adult Primary Care Nurse Practitioner program at Simmons College in Boston, Massachusetts and completed a family nurse practitioner post-master's program in 1995. She is an adult and family nurse practitioner and the owner of two nurse practitioner owned and operated clinics within New Hampshire.

She is the founder of the NH Chamber of Entrepreneurial Nurse Practitioners, an organization designed to assist nurse practitioners with independent practice issues. She has been a medical media spokesperson for numerous companies and has appeared on radio, television,

and in print magazines. Wendy is frequently consulted by malpractice attorneys around the area of clinical practice and has worked on more than 100 malpractice cases involving nurses and nurse practitioners. She is the Past President of NPACE and the Senior lecturer for Fitzgerald Health Education Associates.

### Breakout One

#### New Drug Update 2020: What's Hot and What's Not

Wendy Wright, DNP, FNP-BC, ANP-BC, FAANP, FAAN, FNAP

Keeping up with new medications is one of the true challenges of primary care. Focus on the top new, widely used medications, including their appropriate uses, adverse effects, and drug interactions. \*\*\*PHARMA CONTACT HOURS

#### Palliative Care: Improving Eligible Patient Identification to Encourage Early Intervention

Heather Clark, DNP, RN, CPN, CPNP-BC

Individuals needing Palliative Care (PC) is 20 million annually world-wide. Using the Supportive and Palliative Care Indicators Tool (SPICT™) can assist NPs in recognizing PC needs in chronically ill patients. Includes guidance for conversations with patient & family.

#### Identifying ADHD at Any Age

Julie Anglieri, MSN, RN, FNP, PMHNP-BC

Many providers believe ADHD to be a childhood disorder, but studies show that the symptoms persist into adulthood for about 65% of those identified as children. The challenge, though, is that not everyone is identified as children. \*\*\*PHARMA CONTACT HOURS

#### Neurofibromatosis: Diagnosis, Facts, Myths, What to Do About It

Conrad Cordova, MSN, APRN, FNP-C

NPs will have a better understanding of Neurofibromatosis and diagnostic criteria including physical characteristics leading to proper diagnosis. Includes discussion of who to refer to should they have a patient with Neurofibromatosis.

### Breakout Two

#### HTN Back to Basics

Sharon Morgan, DNP, FNP-BC, AGANP-BC

A back to basics review on the best medications to treat HTN in patients with and without other co-morbidities. Includes lab monitoring based on medications and side effects/danger signs to look for when prescribing to the elderly. \*\*\* PHARMA CONTACT HOURS

#### Managing Major Depression and Bipolar in the Primary Care Setting

John Ekman, NP-C

Discerning the difference between major depression and bipolar is critical in the treatment of these conditions. Suggestions will be presented for selecting effective medications, including SSI's, SNRI's, TCA's, SGA's, and AEM's. \*\*\* PHARMA CONTACT HOURS

#### Improving Recognition of Child Physical Abuse in the Clinical Setting

Sheri Carson, DNP, RN, CPN, CPNP-PC

A brief overview of child physical abuse, risk factors and red flags for physical abuse, suspicious childhood injuries and introduction of the Escape instrument as a validated tool to screen children.

#### Making the Diagnosis with Support of Lab Results

Angela Golden, DNP, FNP-C, FAANP

Using case studies, the presentation will review common lab tests that can help support a diagnosis. The cases will look at the use of urine tests, liver enzymes, and using tests for pharyngitis and the options for colon cancer screening. \*\*\* PHARMA CONTACT HOURS

### Breakout Three

#### Private Summers: Caring for Women in the Perimenopausal Transition

Denise Link, PhD, WHNP-BC, CNE, FAANP, FAAN

NPs providing primary care for women should provide perimenopausal women with information on recommended health screening and interventions to manage their discomforts that may improve quality of life, and healthy lifestyle behaviors.

\*\*\*PHARMA CONTACT HOURS

#### Decision Making Capacity in Older Adults

Jenice Guzman-Clark, PhD, RN, GNP-BC

Increasing numbers of older adults have progressive comorbid conditions requiring complex decisions. NPs need to know how to assess and enhance decisional capacity. Includes models to improve supported decision-making in older adults who may have cognitive impairment.

#### One Pill Can Kill

Nancy Denke, DNP, ACNP-BC, FNP-BC, FAEN

Learn the physical differences in the pediatric patient and the common drugs that they ingest, including how to educate parents on the toxic substances that they may have in their homes and what to do with them.

\*\*\*PHARMA CONTACT HOURS

#### Creating an Obesity Management Plan in Primary Care

Angela Golden, DNP, FNP-C, FAANP

70% of Americans are overweight or have the serious, chronic, and relapsing disease of obesity. Using a case study to demonstrate how to pull all the evidence together, learn how to treat a patient in primary care using the best evidence today \*\*\*PHARMA CONTACT HOURS

### Breakout Four

#### HPV Vaccination Update

Shelley Vaughn, DNP, FNP

Updates on HPV vaccination per ACIP including background and burden of HPV disease, cost effectiveness of the HPV vaccination program and the importance of improving our adolescent male vaccination rate.

#### Alzheimer's Disease and Related Dementias Diagnostic Guidelines for Primary Care

Dorothy Dunn, PhD, RNP, FNP-BC, AHN-BC, CDP

Guidelines will emphasize timely diagnosis, living well with dementia and delaying functional decline; training staff and family caregivers to provide person-centered care, and using pharmacological and non-pharmacological approaches. \*\*\*PHARMA CONTACT HOURS

#### Ouch that Hurts! Stings and Bites

Nancy Denke, DNP, ACNP-BC, FNP-BC, FAEN

Explore poisons resulting from snake, scorpion, bees, and spider bites. Learn the care of the acute envenomation, test your knowledge base, and critically evaluate the management of this type of injury using case scenarios. \*\*\*PHARMA CONTACT HOURS

#### CPT Coding Update 2020

Bessie Burk, DNP, FNP-BC

Reimbursement is changing. Primary CPT billing codes are also changing and new definitions are being integrated into health care in next few years as we move forward toward an outcomes-based reimbursement system.

#### Sponsored Speakers -

Cardiometabolics, Astra Zeneca  
Complexity of Body Weight Regulation and Obesity, Novo Nordisk

NO CE AVAILABLE

# Registration Information

July 25, 2020 | 8am - 6pm

Virtual Webinars with live speaker chat feature.

On-demand viewing with CNE and Pharma CE credit available until July 2021.

Virtual Exhibit Hall Available

Program registration and more information is available at [www.aznurse.org/2020NP](http://www.aznurse.org/2020NP)

AzNA Member	\$75
Non-Member	\$150
NP Student	\$45

### Event Information:

[www.aznurse.org/2020NP](http://www.aznurse.org/2020NP)  
[info@aznurse.org](mailto:info@aznurse.org)  
480.831.0404

www.aznurse.org

Presort STD  
U.S. Postage  
PAID  
Phoenix, AZ  
Permit 923



## 32<sup>nd</sup> Annual Southwestern Regional Nurse Practitioner Clinical Symposium



### Virtual Conference July 25, 2020

with On-Demand Viewing Available Until July 2021

[www.aznurse.org](http://www.aznurse.org)

Sponsors and Exhibitors  
**AstraZeneca**  
**Novo Nordisk, Inc.**  
Grand Canyon University  
Hospice of the Valley  
Vertisis Custom Pharmacy

Interested in becoming a sponsor or exhibitor? Visit [www.aznurse.org/2020NP](http://www.aznurse.org/2020NP)  
Information is provided at the bottom of the page



Arizona Nurses Association  
1850 East Southern Ave, Suite 1  
Tempe, AZ 85282