The Mission

Founded in 1997 by Ann Haney, the Breast Cancer Recovery Foundation's mission is to help women heal emotionally, spiritually and physically from breast cancer.
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Dear Friend,

Ann Haney, founder of the Breast Cancer Recovery Foundation had a vision. She wanted to create a resource for women that would aid in their recovery from breast cancer. As keepers of her dream, we are pleased to report that Ann’s inspiration is now a strong reality.

This report demonstrates the many ways the Breast Cancer Recovery Foundation (BCRF) offers support to women recovering from breast cancer. Designed by breast cancer survivors for breast cancer survivors, BCRF programs offer lessons in survivorship that are essential ingredients in one’s recovery from breast cancer. Our retreats and workshops help breast cancer survivors understand what to expect after treatment. For many, the BCRF offers a compass to help navigate a route to recovery.

As you page through this report, we hope you will be struck by the breadth of support for the BCRF. We have been blessed with so many friends. Organizations, large and small, have pledged their financial support. New associates and dear friends who have been with us since our inception continue to volunteer gifts, expertise and resolve. Together, friends and supporters are ensuring that Ann’s legacy continues.

In 2005, the BCRF has planned its most ambitious agenda ever. To meet the increased demand for our programs, we are sponsoring seven Infinite Boundaries retreats, including one retreat designed especially for young women with breast cancer. In addition, the BCRF will offer six Saturday workshops, all of which include a sampling of the retreat program. And, BCRF’s Sharing the Knowledge survivors’ conference continues to grow and will include a full day of programming. The BCRF is a valuable resource for many breast cancer survivors.

As the BCRF continues to mature, we pledge that we will remain committed to an open door policy. We recognize that women diagnosed with breast cancer often face considerable medical expense during and after their treatment. We will continue to place a strong emphasis on ensuring that all women – regardless of financial standing - can experience an Infinite Boundaries retreat, attend our workshops and register for the annual Sharing the Knowledge conference. We are proud of the fact that since 1997, we have never allowed finances to prevent someone from attending a BCRF Program.

In closing, we hope this report will inspire you to join our efforts to further Ann’s vision. Please share information about BCRF programs with your acquaintances and colleagues. Continue to support the BCRF with your gifts of financial support. And, know that we value your thoughts and advice as we chart the BCRF’s future. It is our most sincere wish that the BCRF truly captures the magnificent spirit of the many women with breast cancer who have graced us with their presence.

Thank you.

Linda Lambert
Chair, BCRF Board of Directors

Sue E. Abitz
Executive Director, BCRF

This report is dedicated to the memory of Ann Haney (1949-2003) Founder of the BCRF and Patty Helm (1951-2003) Founding Member, BCRF Board of Directors.
Sadako Sasaki, a young Japanese girl, on the threshold of adolescence, developed leukemia in 1955, from the effects of radiation caused by the bombing of Hiroshima. While hospitalized, her closest friend reminded her of the Japanese legend that if she folded a thousand paper cranes, the gods might grant her wish to be well again. With hope and determination, Sadako began folding.

In the fall of 2002, Andria Bonde began folding a thousand paper cranes for her beloved aunt, Ann Haney, the founder of the Breast Cancer Recovery Foundation. Andria, the daughter of Beth and Bruce Bonde, was named for Beth's sister Ann and over the years, Ann and Andria had developed a special relationship. Andria was devastated to learn that Ann's breast cancer had returned. She was determined that her wish for Ann's good health would come true.
With the support of her mother - Beth supplied countless sheets of decorative paper - Andria began folding. Her girl friends helped and even her brother, Collin Bonde, pitched in. Andria folded cranes on weeknights and numerous weekends. She folded cranes while watching television, in the car traveling to the local ski resort or on the bus coming home from junior high school. Crane by crane, Andria’s flock of birds multiplied. In early spring of 2003, Andria visited Ann and presented her with the gift of a thousand paper cranes.

Sadly, Andria’s wish for Ann did not come true. Ann Haney died of breast cancer in May of 2003. Today Andria’s paper cranes fly at each Infinite Boundaries retreat that takes place on Madeline Island. As the wind blows each delicate crane and the sun shines on their colorful patterns, all are touched by Andria’s gentle act of caring and love and reminded of Ann’s beautiful spirit.
ORGANIZATIONAL BACKGROUND

The Breast Cancer Recovery Foundation was founded in 1997 by Ann Haney. As an administrator for the Wisconsin Division of Health under Governor Tommy Thompson, Ann coordinated breast and cervical cancer screening programs throughout the state. Through conversations with many of the women she met while implementing the screening programs, Ann recognized that for many women, the loss of a breast can be a loss of feminine identity. Ann understood that healing of the heart and mind was essential for a full recovery. Shortly after accepting a position with Dean Health Plan, Ann was diagnosed with breast cancer. Ann conceived the idea for *Infinite Boundaries* retreats while sitting on the shore of Lake Superior, recovering from a round of chemotherapy. She thought that if the lake could help her heal, maybe such a setting could help other women as well. Countless friends and colleagues encouraged Ann to launch her dream of a recovery program designed for breast cancer survivors.

“Remember that being a survivor is just as new to the patient as having a diagnosis of cancer, but the patient doesn’t get a prescription for survivorship.” *Patricia Ganz, MD*

The BCRF complements the important work of other organizations which focus on advocacy, education, and research. Knowing what to expect after treatment and lessons in survivorship are essential ingredients in one’s recovery from breast cancer. A recent survey by the Lance Armstrong Foundation revealed that almost 50% of cancer survivors feel their non-medical (emotional, practical, and physical) needs are not met by the health care system.

The BCRF is the only organization in the Midwest offering retreats specifically designed for breast cancer survivors. Since 1997, over 500 breast cancer survivors have attended an *Infinite Boundaries* retreat. Each year, over 300 breast cancer survivors, caregivers and healthcare professionals attend BCRF’s annual *Sharing the Knowledge* conference. The BCRF has become a vital resource for many breast cancer survivors, offering essential tools for survivorship.
A PLACE FOR BREAST CANCER SURVIVORS

INFINITE BOUNDARIES RETREATS

“This is something every doctor should write a prescription for following breast cancer treatment. The mind and soul need to be healed as well as the body.”

Infinite Boundaries is a four-day retreat for women who have been diagnosed with breast cancer. Designed by breast cancer survivors for breast cancer survivors, each retreat features a unique mixture of healing approaches: discussions on sensitive topics, creative arts and outdoor recreation.

“The experience provided a safe haven where I could claim my fears – then let them go.”

Infinite Boundaries is founded on the idea that the completion of medical treatments marks only the beginning of the path to full recovery for most breast cancer survivors. Difficult quality-of-life issues frequently surface after treatment. Survivors may feel physically violated after the surgery, traumatized by this life-threatening disease, and ill equipped to deal with the major life changes a diagnosis of breast cancer can bring. Issues can include worrying about the strain the diagnosis has placed on family members, loss of income and other financial stresses due to extended absences from work, absence of routine, and even changes in personal relationships. Many struggle with an overwhelming fear that their cancer will return.

The Infinite Boundaries program offers information and support in dealing with issues such as recurrence, depression, and intimacy. Infinite Boundaries provides a safe setting for breast cancer survivors to focus on their emotions after breast cancer and to move forward. The BCRF’s mission is to help breast cancer survivors heal both their hearts and their minds.
“I came to the retreat to experience healing the medical community can’t provide – healing of my heart, of my spirit, of my soul.”

Author Musa Mayer has commented that very few cancer survivors are prepared for the issues that confront them after their cancer treatment. “One knows in the abstract from a very early age that life is limited and that there is an end to it. But the first time your own death has a name attached to it, the first time you can clearly see the path from here to there, is a life-changing experience. All of a sudden, the world divides itself into two kinds of people. Those who get it and those who don’t. Those who have been in contact with their own fragility and those who have not.”

“The experience has taken a heavy weight off of my shoulders. I feel like I can breathe again.”

_Infinite Boundaries_ offers breast cancer survivors the chance to spend a weekend with “those who get it.” Participants open up and share. Emotional support is fostered by facilitated group discussions on topics that include living with the fear of recurrence, dealing with the emotions of anger and guilt, restoring sensuality and sexuality, and one’s spiritual response to living with cancer. These group discussions are an integral part of each _Infinite Boundaries_ retreat. The opportunity for each breast cancer survivor to tell her story is a powerful component of the weekend.

“Extending myself beyond what I thought I was capable of – both physically and emotionally – has been so empowering.”

_Infinite Boundaries_ retreats encourage breast cancer survivors to overcome some of the limitations they may have set for themselves by exploring new physical challenges. During each retreat, women are given the chance to sample kayaking, hiking, and bicycling – recreational activities which many may have thought were beyond their reach after a mastectomy and reconstructive surgery. Participants are introduced to movement sessions such as yoga, tai chi and NIA.
Infinite Boundaries retreats offer the chance to explore one's creative side through painting, artwork, and writing. The painting of face masks allow women to show what may be going on behind their outer face (stress, worry, anger, fear). Creating prayer flags, which convey one’s hopes and dreams, can help address one’s mortality. The repetitive motion of beadwork often allows endorphins to be released, which can aid in the healing process.

The activities offered at an Infinite Boundaries retreat provide breast cancer survivors the opportunity – if only for a few minutes – to become immersed in the activity. “Living in the moment” is practiced during retreats with the hope that participants will continue to live with this intention in their daily lives.

Women who attend Infinite Boundaries retreats are in all stages of breast cancer and recovery. Some are newly diagnosed while others may have been treated for breast cancer years ago. Women ranging in age from 24 – 77 have attended retreats. Participants need not be a member of a health plan or have health insurance.

“**This retreat was truly a gift and it has changed my life.**”

Women living with breast cancer often face considerable medical expense during and after diagnosis. The BCRF places a strong emphasis on ensuring that all women – regardless of financial standing – can experience an Infinite Boundaries retreat. The BCRF charges a reduced fee, offers full and partial scholarships and has never turned away anyone who wished to attend an Infinite Boundaries retreat.

“**Infinite Boundaries helped me achieve a new level of emotional wellness.**”

Those who attend an Infinite Boundaries retreat have better psychological outcomes than those breast cancer survivors who do not attend. The Robert Wood Johnson Foundation and the Pfeiffer Research Foundation provided funding to conduct research on the Infinite Boundaries experience. Conducted by Teresa Woods, PhD, University of Wisconsin-Madison, Department of Psychiatry, it was shown that participation in Infinite Boundaries could improve positive affect, significantly reduce anxiety, and reduce symptoms of depression in women attending the retreat versus women in a control group. The study demonstrated that these retreats enhance survivorship and improve both the biological and the psychosocial status of women with breast cancer. In addition, survivors who attended an Infinite Boundaries retreat reported significant decreases in stress and significant improvement in body-image and self-image.
But three days of inspirational activities with the most amazing women I have ever met did indeed change my life."
A RESOURCE FOR BREAST CANCER SURVIVORS
SHARING THE KNOWLEDGE CONFERENCE

“What a great day! I have absorbed so much.”

Each November, the BCRF sponsors the Sharing the Knowledge: Resources for Recovery conference. The Sharing the Knowledge conference is designed for breast cancer survivors, caregivers and health care professionals. The conference features local, regional and national guest speakers who share information on current breast cancer research, management techniques and survivorship resources.

Only recently has there been an acknowledgement that the very treatments that helped breast cancer survivors surmount their disease may have created a new set of problems – depression, confusion and mental problems, fatigue, pain and sexual dysfunction. Questions can haunt survivors as well – is one ever “cured” of cancer? How should one be screened for cancer in the future and how often? What are the consequences of chemotherapy and radiation years or decades later?

“The day was a blessing and a comfort.”

Since 2000, these topics have been explored at the BCRF’s annual Sharing the Knowledge conference. The conference draws on average 250+ breast cancer survivors. These women are actively seeking information on topics such as defining appropriate follow-up care, how to prevent a recurrence, the long-term effects of hormonal and radiation therapies, and the impact of diet and nutrition on breast cancer. An estimated 50 – 75 women with a family history of the disease also attend the conference each year. They are actively seeking information on better diagnostic tools for the disease and more information on to how to best treat and manage the disease should they be diagnosed.
While there are many research conferences focused on breast cancer, very few take place in the upper Midwest. Many breast cancer survivors may not have the financial resources to attend a conference in another state or have the physical stamina to travel great distances. Others may not be able to take time away from their family or job demands.

Breast cancer survivors often turn to the internet for information but some survivors are overwhelmed with the magnitude of information available. Others may be unsure of the validity of the information presented. Some breast cancer survivors live in rural areas and do not have easy access to workshops and sessions offered at hospitals or educational sites. The conference, held in Madison, Wisconsin, provides breast cancer survivors from throughout Wisconsin, Illinois, Iowa and Minnesota the chance to obtain quality information in an accessible format.

“Great conference. Every year I am impressed by the speakers, the interaction and the audience.”

The conference provides an important opportunity for professionals to interact with the audience they seek to serve as well as providing a chance for breast cancer survivors to pose questions to these researchers. In addition, the conference provides important networking and social opportunities for breast cancer survivors.

Presenters at previous conferences have included Julia Rowland PhD, David Speigel MD, Jimmie Holland MD, George Sledge MD, David Rakel MD, Leslie Waltke PT, Musa Mayer, Kathy LaTour, Lillie Shockney, and Ernie Bodai. The 2005 conference will feature two keynote presentations, nine breakout sessions, exhibitors, and a special luncheon. Marc Silver, author of *Breast Cancer Husband*, and Susan Leigh RN, founding member and past president of the National Coalition for Cancer Survivorship are featured speakers.
BREAST CANCER RECOVERY FOUNDATION

2004 BOARD OF DIRECTORS

A volunteer Board of Directors, all of whom serve without compensation, governs the BCRF. All have been personally touched by breast cancer and four members are breast cancer survivors.

**ELOISE ANDERSON**
The Claremont Institute
Sacramento, CA

**MONICA NICHTER**
Radiology Associates of Fox Valley
Neenah, WI

**SUSAN CHARBONEAU, MD**
Dean Health
Madison, WI

**BARBARA RUDOLPH**
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**TIM SIZE Treasurer**
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**NANCY JOHNSON**
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Madison, WI

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**KERRY STEVENS**
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Madison, WI

**PHYLIS LEACH**
Philanthropist & Community Leader
Oshkosh, WI

**NANCY WENZEL**
Wisconsin Association of Health Plans
Madison, WI

**CHERYL MIDDYETT**
The Delivery Network, Inc.
Highland, IL
STAFF

Sue Abitz Executive Director

Sue was hired by Ann Haney in 2000 and together they implemented Ann’s vision, creating environments for women to heal emotionally, physically and spiritually from breast cancer. Since Ann’s death, Sue has committed herself to ensuring that Ann’s vision would continue and grow. As Executive Director, Sue uses her skills and experiences to secure funding for all of BCRF’s programs, including the Infinite Boundaries retreats and the Sharing the Knowledge conference. Under Sue’s direction, the BCRF has flourished, growing from a small organization to a strong, solvent and recognized organization in the community. Sue is a graduate of Lawrence University, Appleton, Wisconsin and has more than 19 years of non-profit fundraising and community organizing experience.

Judi Janowski Infinite Boundaries Retreat Director

As Retreat Director, Judi is responsible for all retreat operations. She shapes the retreat curriculum at each location to utilize local resources and take advantage of each volunteer’s talents. Judi shares sensitivity, caring, humor, and understanding, along with an abundance of hugs, with the women who attend Infinite Boundaries retreats. Judi is herself a breast cancer survivor. Diagnosed in 1997, her treatment protocol included a modified radical mastectomy, chemotherapy, and physical therapy. In addition to drawing on her own direct experience with this disease, she has extensive training in crisis and suicide intervention, alcohol and other drug abuse treatment, family systems therapy, family counseling, care for depression, and behavior management. Prior to joining the BCRF staff as Infinite Boundaries Retreat Director, Judy was employed as a special education teacher with the Madison (Wisconsin) Metropolitan School District. She is a graduate of Marymount University, Arlington, Virginia with a degree in Special Education.
**Deb Ray** *Coordinator of Administrative Services*

Deb joined the BCRF in October 2000 with 20+ years of experience as an administrative assistant in a wide variety of non-profit settings. Before she joined BCRF, she had been looking for a new career path that offered her more opportunity to “make a difference” in peoples lives. Shortly after beginning this search, Deb was diagnosed with breast cancer. During her journey toward healing, a signpost pointed the way to BCRF and Deb strongly believes this is “where she is supposed to be.”

**Carmen Sain** *Outreach Coordinator*

Carmen began her tenure with the BCRF in May of 2000. Carmen coordinated BCRF’s outreach to women of color, including an *Infinite Boundaries* retreat designed especially for African American breast cancer survivors. Primarily due to Carmen’s efforts, the YWCA of Madison presented the BCRF with its Racial Justice Award in October of 2003. Carmen volunteers with the Witness Project, a minority breast cancer awareness program. In July of 2004, Carmen resigned her position with the BCRF to focus her full energy in establishing Christ the Solid Rock Church.

**BCRF INTERNS**

**Jodie Primus**  
Lawrence University  
Appleton, Wisconsin

**Dawn Meyer**  
Madison Area Technical College  
Madison, Wisconsin
THE FRIENDS OF BCRF

The Friends of BCRF sponsor the Party on the Pier, BCRF’s Annual Recognition Event at the Edgewater Hotel. This enthusiastic committee volunteers their time, talents and energy in planning the fun-filled Party on the Pier. This special event features a social reception, live music, a silent auction and a spectacular sunset. The 2004 Party on the Pier raised over $27,000 for the BCRF. An additional gift of $10,000 is annually received in support of the event by Dean Health Plan.

Alison Prange       Julia Hay
Angie Tyler         Karen Christianson
Cheryl Murray       Marjie Hanssen
Liz Schumacher      Mary Jo Spiekerman
Heidi Garvin        Mary Weber
Isabel Hubbard      Michelle Heitzinger
Christine Rader     Renee Reback
Jacqueline Rader    Sarah Carpenter
Jan Cain            Sue Ann Darre
Jenni Johnson       Susan Manning

Each year, the Party on the Pier recognizes organizations and individuals instrumental to BCRF’s success. Award winners have included Dean/St. Marys, Lands’ End, WEA Trust, the Leach Foundation, Junior League of Madison, the Wisconsin Women’s Health Foundation, the Madison Affiliate of the Race for the Cure, the Wisconsin Association of Health Underwriters, Reed Sendecke, Kramer Printing and Upfront.

Each award winner receives an Infinite Boundaries figurine, hand carved by the late Norbert Jansen. Norbert Jansen was the father of Ann Haney, BCRF’s founder. Preston Baker, a woodcarver from Cottage Grove, Wisconsin, has volunteered to carry on the tradition established by Norbert.
January

**WORKSHOP: WRITING & HEALING**

Breast cancer survivors gather with notepads and pens, and guided by Staci O'Brien, explore the positive connection between writing and health.

**HMONG VOICES**

BCRF staff begins a series of meetings with stakeholders in the Madison Hmong community to ascertain the needs of Hmong breast cancer survivors.

February

**WORKSHOP: RESTORING SEXUALITY & SENSUALITY AFTER BREAST CANCER**

Lives change after a diagnosis of breast cancer, including one’s intimate life. This workshop discusses the physiological and psychological effects of the breast cancer experience. Ellen Barnard of A Woman’s Touch Resource Center facilitates.

March

**WORKSHOP: FENG SHUI FOR OPTIMAL HEALING**

This unique session explores techniques to arrange one's home, office and other personal surroundings for optimal healing. Julie Diffee, who lost her mother to breast cancer, provides information and advice.

April

**INFINITE BOUNDARIES RETREAT FOR YOUNG SURVIVORS**

BCRF sponsors a special retreat designed specifically for young women diagnosed with breast cancer.

May

**VOLUNTEER RECEPTION**

The BCRF Board of Directors and staff host a reception for the many volunteers and friends who help continue the legacy of Ann Haney.

July

**INFINITE BOUNDARIES RETREAT**

BCRF sponsors an Infinite Boundaries Retreat on Madeline Island, one of our most popular retreat locations.
August

INFINITE BOUNDARIES RETREAT
Due to popular demand, the BCRF sponsors a second Infinite Boundaries Retreat on Madeline Island.

September

INFINITE BOUNDARIES RETREAT
BCRF sponsors an Infinite Boundaries Retreat at a location nestled among the hills of the Kettle Moraine district.

October

INFINITE BOUNDARIES RETREAT
This special retreat is underwritten by WEA Trust and attended by Wisconsin’s public school employees.

November

SHARING THE KNOWLEDGE - SURVIVOR’S CONFERENCE
The 5th annual conference attracts over 300 breast cancer survivors, caregivers and healthcare professionals. Lectures, exhibits, breakout sessions, book sales, and a luncheon are among the day’s offerings.

INFINITE BOUNDARIES RETREAT
Underwritten by the MD Anderson Cancer Center...Place of Wellness.
A place of wellness, this retreat is held in Dickinson, Texas, a short distance from the Houston metro area.

December

MUJER BONITA: UN DIA PARA NOSOTROS
The BCRF and the Latino Health Council Entre Familia program co-sponsor Pretty Women: A Day of Our Own. Latina breast cancer survivors deliver the message that one can survive a diagnosis of breast cancer. Special sessions include massage, make up, fashion, relaxation, and an elegant dinner caps the day.
ACCOLADES

Feature articles about *Infinite Boundaries* and the Breast Cancer Recovery Foundation appear in the *Wisconsin State Journal*, the *Appleton Post Crescent*, the *Duluth News Tribune*, the *West Bend Daily News*, and the *Houston Chronicle*. The Pharmacy Society of Wisconsin profiles the BCRF in its July/August 2004 journal. The 86th PGA Championship Community Relations Program selects the BCRF as a participant, one of 36 charities in Wisconsin to receive this honor. *Wisconsin Woman* magazine profiles the BCRF with a cover story in their October issue. In November, a documentary on *Infinite Boundaries* airs nationally on *New Morning*, a division of Hallmark Television.

BCRF SUPPORTERS

**BCRF IS GRATEFUL TO THOSE ORGANIZATIONS - BOTH LARGE AND SMALL - THAT VALUE ANN HANEY'S VISION AND HELP FURTHER HER LEGACY.**

**RACE FOR THE CURE**

The Susan G. Komen Breast Cancer Foundation – Madison Affiliate awarded a grant of $25,000 in support of the 5th annual *Sharing the Knowledge* conference for breast cancer survivors, caregivers and healthcare professionals. A second grant of $25,000 was awarded to fund BCRF's 2004 outreach programs to African American, Latina and Hmong breast cancer survivors. Since 2000, the Madison affiliate of the Komen Foundation has awarded over $209,000 to the BCRF. These funds are raised primarily though the efforts of volunteers and supporters who participate in the Madison Race for the Cure each spring.

**EVJUE FOUNDATION**

The Evjue Foundation awards a grant of $5,000 in support of the 2004 Crossing Cultural Boundaries program, BCRF's outreach to women of color. A grant of $5,000 was awarded to underwrite the 2005 *Infinite Boundaries* retreat for young survivors. Since 1998, the Evjue Foundation has provided $20,000 in support of BCRF's programs.

**WOMEN HELPING WOMEN - Michael, Best & Friedrich, LLP**

In the spring of 2004, the law firm of Michael, Best & Friedrich discovered that one of their staff had breast cancer. In response, the women of the law firm hosted a reception for the BCRF. They invited female clients and friends of the firm and together they raised over $20,000. They literally underwrote the cost of an *Infinite Boundaries* retreat on Madeline Island. And, they sent their co-worker to the July *Infinite Boundaries* retreat.

**SKYDIVE FOR THE CAUSE**

Matt McClone made 100 skydives in 12 hours on Saturday, August 28. This amazing day of fundraising and awareness raised over $18,000 for the BCRF. To pull off his feat, Matt had to jump every seven minutes from an altitude of 2,500 feet and he spent less than 60 seconds on the ground between jumps. The all-volunteer effort, led by Nora Connors, featured two planes, ten parachutes and the combined efforts of numerous friends and colleagues. Matt carried a photo of BCRF Founder Ann Haney with him on every jump.
BLUEFRONT CAFÉ
The Bluefront Café of Sturgeon Bay receives numerous requests for copies of their recipes. Susan Guthrie, owner, is happy to comply, provided a donation is made to the BCRF. Susan attended an Infinite Boundaries retreat in 2001.

WISCONSIN HOSPITAL ASSOCIATION • HOPE CHEST
BRYANT FOUNDATION • WAHLIN FOUNDATION
FRANCISCAN SKEMP HEALTHCARE
In 2003, the Wisconsin Hospital Association recognized Infinite Boundaries as one of the best community health efforts in the state and presented the BCRF with its Global Vision Community Partnership Award. The Hope Chest support group of Stoughton, WI and Franciscan Skemp Healthcare of La Crosse, WI are two examples of Community Partnership in action. Hope Chest avidly promotes Infinite Boundaries and provides retreat scholarships. The Bryant Foundation and the Wahlin Foundation have advanced this effort by providing additional financial support. Franciscan Skemp Healthcare champions the BCRF’s survivorship programs and shares information about Infinite Boundaries with their patients. Moreover, Franciscan Skemp Healthcare provides direct Infinite Boundaries scholarships to their patients.

LANDS’ END
Lands’ End of Dodgeville, WI grants $25,000 in support of the 2004 Infinite Boundaries season. An exceptional employer in recognizing that breast cancer affects a woman’s family, friends and co-workers, Lands’ End has donated over $150,000 to the BCRF since 1997. Numerous Lands’ End employees have attended Infinite Boundaries retreats and BCRF programs.
**RS+K CHARITY GOLF CLASSIC**

Since 2000, the RS+K Charity Golf Outing has raised over $130,000 for *Infinite Boundaries* retreats. The 5th annual RS+K Charity Golf Classic netted over $33,000 for the BCRF and *Infinite Boundaries*.

“Supporting the BCRF, through our annual RS+K Golf Classic, makes sense to us on so many levels...we do this not just because our name is attached to it, but also because we believe that each and every woman who attends a retreat truly needs and deserves it. We encourage survivors who have benefited from an *Infinite Boundaries* retreat to participate at the outing and meet our clients, vendors, friends and staff. For survivors and contributors to meet face-to-face has been very powerful. While we raise nearly $30,000 at the event, the real gratification is seeing the spirit of giving on every face there.”

**Kay Krebsbach**
President and Principal, R S + K

**AUTUMN WINETASTING**

Beginning in 2001, Mary Starmann and Greg Harrison have opened their home and hosted BCRF’s annual wine tasting. The October 2004 event attracted over 150 guests and raised over $7,000 for the BCRF. During the party, a gift of $25,000 is presented to the BCRF by a donor who wishes to remain anonymous.

**WEA TRUST**

Once again, WEA Trust underwrites the October *Infinite Boundaries* retreat. The retreat draws public school employees with breast cancer from across the state of Wisconsin.

“One reason we sponsor *Infinite Boundaries* is to further the research of the health impact of the retreats. In addition to their research value, the retreats receive an overwhelming member response. I assisted at a retreat and can say from first hand experience that a combination of factors, including the in-depth facilitated discussions, group activities, and reflection time, contributed to what the participants described as a life altering experience. I witnessed laughter, smiles, hugs, tears, and a unique bonding among the retreat participants.”

**Renae Seling, MS**
Health Improvement Program Coordinator, WEA Trust
Employees of TDS Telecom organize a bowl-a-thon and raise $3,200 for Infinite Boundaries retreats.

The FilmCon Science Fiction convention raises $2,000 for the BCRF.

The Madison Junior Woman’s Club sponsors the 10th Annual Evening at the Casino at the Monona Terrace and raise over $16,000 for Infinite Boundaries.

IBM Corporation provides $1,000 in support of Infinite Boundaries.

Martha Vincent, Infinite Boundaries volunteer and breast cancer survivor, organizes “Boogie for Breast Cancer” and raises over $6,000 for Infinite Boundaries.

The Bohne Family Foundation provides a gift of $2,442.

The Executive Women Golf Association – Madison Chapter raises $8,000 for Infinite Boundaries at their annual charity golf outing at University Ridge.

Employees of Epic, Inc. donate $2,000 to the BCRF.

The Sunshine Club of Evergreen Elementary School, Waterford, Wisconsin, donate $50 to the BCRF.

Dean Health Plan provides $10,000 in support of Infinite Boundaries.

The employees of SIRVA Relocation of Plymouth, MN donate over $5,000 to BCRF.

Dean/St. Marys and UW Health provide a total of $4,000 in underwriting assistance for the fifth annual Sharing the Knowledge conference.

The members of the Wisconsin Association of Health Underwriters (WAHU) raise over $5,300 at their 2004 annual convention. The funds help underwrite Infinite Boundaries retreats.

The Junior League of Madison awards $5,365 in support of BCRF’s educational programming.

Village Products of Minnetonka, MN selects the BCRF to receive a portion of funds raised through sales of their Village Naturals Spa products.

Capital City VW Club and Zimbrick of Middleton donate over $1,000 to the BCRF.

Oshkosh B’Gosh gives $2,000 to the BCRF and Infinite Boundaries.

The online merchant Wisconsinmade.com and Goldstein Jewelers of Englewood, New Jersey donate a portion of their sales made during October, breast cancer awareness month.

Marshall Erdman & Associates awards $1,500 to the BCRF.

The Pick ‘n Save “We Care” program raises $665 for the BCRF.

University of Wisconsin - La Crosse students donate $250 raised through a pie-throwing contest at Hutchison Hall.

Members of the Nakoma Golf Club Women’s Organization pledge over $2,000 to the BCRF at their annual holiday party in December of 2004.

William Thomas Designs donates several handcrafted 14K gold Infinite Boundaries pins to raise funds at BCRF events.
HONOR ROLL ~ INDIVIDUALS

WE EXTEND OUR DEEPEST APPRECIATION TO THOSE INDIVIDUALS WHO GENEROSLY DONATED GIFTS IN 2004 IN SUPPORT OF OUR PROGRAMS FOR BREAST CANCER SURVIVORS.

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"After the verb ‘to Love,’ ‘to Help’ is the most
“beautiful verb in the world.”

BERTHA VON SUTTNER
Lori Broskowski
Barbara Brown
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Shawn Brown
Tracy Bruesewitz
Dayle Bruheim
Florence Brunel
Gregory Brux
Kathryn & Mark Bugher
William Bula
Theresa Bullington
Susan Bunge
Dina Buntrock
Laura Burczyk
Kirstin Burdick
Deborah Burgess Roussos
Bonnie Burington
Joan Burke
Kathryn Burke
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Cathy Butterbradt
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Lorinda Cain
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Sallina Carter
Rose Casey
Violet Castro
Judith Castro-Romaker
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Katye Charlier
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Karen & Craig Christianson
Roger Christianson
Mollie Chritton
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Katie Clifford
Linda Clifford
Thomas Clifford
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<tr>
<td>Jessica Withuhn</td>
<td>Deborah Zucker</td>
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</tbody>
</table>
HONOR ROLL ~ ORGANIZATIONS

WE EXTEND OUR DEEPEST APPRECIATION TO THOSE BUSINESSES, FOUNDATIONS AND COMMUNITY ORGANIZATIONS THAT PROVIDED FINANCIAL SUPPORT, IN-KIND SERVICES, PRODUCT DONATIONS AND EVENT SPONSORSHIP IN SUPPORT OF OUR 2004 PROGRAMS FOR BREAST CANCER SURVIVORS.

A&A Manufacturing Co., Inc.
Adler Design Associates, LLC
American Cancer Society
American Family Insurance
Anonymous
Artesyn Technologies
Associated Bank
Atmosphair Skydiving Inc.
Aurora Health Care
Bethel Home & Services
Bielinski Homes
Bohne Family Foundation
Boothe & Boothe Inc.
Capital Newspapers
Carlson Company Inc.
Certegy, Inc.
Commercial Brokers Group, Inc.
Community Business Bank
Countryside Photographers, Inc.
County of Trempealeau
CUNA Credit Union
Dean Health Plan
Dean Health Systems, Inc.
Denissen, Kranzush, Mahoney & Ewald, SC
Don's Quality Market, Inc.
Englehart Center
EPIC Systems
Evergreen Elementary School
Evjue Foundation
Executive Women's Golf Association (EWGA) Madison Chapter
First Congregational UCC
First Weber Group
Fox Bros. Piggly Wiggly Inc.
Franciscan Skemp
Frank Liquor Co., Inc.
Frugal Muse Books
Gartzke Products Incorporated
Goldstein Jewelers
Grow Marketing
Hansen Plumbing, Inc.
Healing with Heart & Hands
Heitzinger & Associates
Hillcraft, Ltd.
HNI Risk Services
Holy Family Memorial
Hope Chest
IBM
John J. Frautschi Family Foundation
Junior League of Madison
Kitchen Hearth Catering
LaFollette, Godfrey & Kahn
Lands' End
Litho Productions
Luther Hospital
M & I Bank
Madison Friends of Gilda's Club Inc.
Madison Gas & Electric Foundation
Madison Golf & Development Group, LLC
Madison Junior Women's Club
MarineMax of Texas
Market Trends
Markos Foundation
Marshall Erdman
Mary Kay Cosmetics - Crystal Rossman
Massage East
Meriter Hospital Health Services

“Gratitude is happiness doubled by wonder.” G.K. Chesterton
Meyer Law Office
Michael Best & Friedrich LLP
Michael Robinson Construction
Middleton Ford
Mortenson Matzelle & Meldrum
Muehl - Boettcher, Inc.
Muermann Engineering, LLC
Name Badge Productions, LLC
Network for Good
Novartis
Nurses Alumni Organization University of WI School of Nursing
Orange Tree Imports
Oregon Community Bank & Trust
Patrick's
Pearson Education
Pella Rolscreen Foundation
Pick 'n Save “We Care” Program
Plantes Company
Printing Services Management
Professional Garment Centre
QTI
Radlund Photography
Reflections Truck Service
Research Product Corp.
Roden Graphic Design
Rodgers Rhyme Associates
Royal Construction, Inc.
RS+K, Inc.
Sauk County
Scheufelen North America
Schmit Electric LLC
Schwoegler Park Towne Lanes
Scott Construction
Sergenan's Area Rugs
Sirva Relocation
Skeen Illustration
SmithBarney
Sperstad & Company
SSM Health Care of WI
St. Dunstan's Church
St. Mary's - Green Bay
State of Wisconsin Health & Family Service
Sub-Zero Foundation
Susan G. Komen Breast Cancer Foundation - Madison Race for the Cure
TDS Telecom Service Corporation
TeamSurvivor Madison
TEMPO - Fox Valley
The Edgewater
The Village Company
Thompson Investment Management, LLC
Thrivent Financial for Lutherans
Thumb Print Graphics
ThyssenKrupp Rubber Machinery, Inc.
Townsend Photography
University Book Store
University of WI - Madison
University of WI Comprehensive Cancer Center
UpFront
UW Health Carewear
UW Hospitals & Clinic
Verizon
Virchow Krause
Washington County
WEA Trust
Webster Dental Associates, S.C.
WHA Foundation
WI Alumni Research Foundation
WI Breast Cancer Coalition
WI Women's Health Foundation
Widen Enterprises, Inc.
William Thomas Designs
Windsurfing Sports, Inc.
Wisconsin Paper
Wisconsinmade.com
Women in Health Care Management
Zimbrick, Inc.
BREAST CANCER RECOVERY FOUNDATION

STATEMENTS OF FINANCIAL POSITION
DECEMBER 31, 2004 AND 2003

<table>
<thead>
<tr>
<th>ASSETS</th>
<th>2004</th>
<th>2003</th>
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<tbody>
<tr>
<td><strong>Current Assets</strong></td>
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<tr>
<td>Cash</td>
<td>$166,182</td>
<td>$157,292</td>
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<td>Prepaid expenses</td>
<td>$3,488</td>
<td>$4,147</td>
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<td><strong>Total current assets</strong></td>
<td>169,670</td>
<td>161,439</td>
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<td><strong>Equipment</strong></td>
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<td>Equipment</td>
<td>16,429</td>
<td>20,429</td>
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<td>Less accumulated depreciation</td>
<td>11,434</td>
<td>12,863</td>
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<td><strong>Equipment ~ net</strong></td>
<td>4,995</td>
<td>7,566</td>
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<td><strong>Other Assets</strong></td>
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<tr>
<td>Investments</td>
<td>53,334</td>
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<td><strong>Total Assets</strong></td>
<td>$227,999</td>
<td>$169,005</td>
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| LIABILITIES AND NET ASSETS | | |
| Current Liabilities | | |
| Deferred revenue | $10,750 | $33,000 |
| Accounts payable | 5,853 | 2,321 |
| Accrued vacation | 3,158 | 5,745 |
| **Total liabilities** | 19,761 | 41,066 |
| **Net Assets** | | |
| Unrestricted | 208,238 | 127,939 |
| **Total net assets** | 208,238 | 127,939 |
| **Total liabilities and net assets** | $227,999 | $169,005 |

This financial profile provides the 2003 and 2004 Statements of Financial Position and Statements of Activities compiled from the audit of the BCRF completed by Wegner, LLP. Copies of the complete audit are available upon request by contacting the BCRF at (888) 821-1140. The BCRF complies with all federal and state reporting requirements.
## Breast Cancer Recovery Foundation

**Statements of Financial Position**

**December 31, 2004 and 2003**

### Unrestricted Net Assets

<table>
<thead>
<tr>
<th></th>
<th>2004</th>
<th>2003</th>
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<tbody>
<tr>
<td>Support and Revenue</td>
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<tr>
<td>Grants and contracts</td>
<td>$66,264</td>
<td>$77,817</td>
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<td>Contributions</td>
<td>101,998</td>
<td>119,859</td>
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<td>Retreats</td>
<td>56,285</td>
<td>34,180</td>
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<td>Special events</td>
<td>166,245</td>
<td>117,700</td>
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<tr>
<td>Donated materials and services</td>
<td>48,218</td>
<td>46,757</td>
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<tr>
<td>Investment income</td>
<td>2,369</td>
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<td>Other income</td>
<td>3,009</td>
<td>1,440</td>
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<tr>
<td><strong>Total support and revenue</strong></td>
<td><strong>$444,388</strong></td>
<td><strong>$397,753</strong></td>
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### Expenses

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<tr>
<td>Personnel</td>
<td>163,650</td>
<td>161,549</td>
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<tr>
<td>Retreats and outreach</td>
<td>64,001</td>
<td>55,660</td>
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<tr>
<td>Special events</td>
<td>18,978</td>
<td>21,048</td>
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<td>Professional fees</td>
<td>6,487</td>
<td>4,560</td>
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<td>Occupancy</td>
<td>12,825</td>
<td>10,800</td>
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<td>Insurance</td>
<td>6,687</td>
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<td>Public relations and printing</td>
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<td>11,518</td>
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<td>Office supplies</td>
<td>18,887</td>
<td>12,479</td>
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<tr>
<td>Donated materials and services</td>
<td>48,218</td>
<td>46,757</td>
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<tr>
<td>Other</td>
<td>15,613</td>
<td>7,257</td>
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<tr>
<td>Depreciation</td>
<td>2,571</td>
<td>2,835</td>
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<td><strong>Total Expenses</strong></td>
<td>364,089</td>
<td>341,743</td>
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### Change in net assets

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### Net assets ~ beginning of year

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<td>Net assets ~ beginning of year</td>
<td>$127,939</td>
<td>$71,929</td>
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### Net assets ~ end of year

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<td>Net assets ~ end of year</td>
<td>$208,238</td>
<td>$127,939</td>
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2005 INFINITE BOUNDARIES RETREATS

February 21-24
Wisconsin Dells, Wisconsin

April 14-17
Lake Delton, Wisconsin

July 14-17
Madeline Island, Lake Superior

August 11-14
Madeline Island, Lake Superior

September 15-18
Madeline Island, Lake Superior

October 27-30
West Bend, Wisconsin

November 17-20
Dickinson, Texas

2005 SHARING THE KNOWLEDGE SURVIVORS’ CONFERENCE

Saturday, November 5
Exhibition Hall, Alliant Energy Center
Madison, Wisconsin

Featuring:
Marc Silver, author of Breast Cancer Husband: How to Help Your Wife (and Yourself) during Diagnosis, Treatment & Beyond

Susan Leigh, RN, Founding Member & Past President, National Coalition for Cancer Survivorship

2005 INFINITE BOUNDARIES WORKSHOPS

“Writing for Recovery”
Saturday, January 29

“Feng Shui for Optimal Healing”
Saturday, February 26

“Restoring Sensuality & Sexuality after Breast Cancer”
Saturday, March 19

“Use the Muse... Music & Movement for Fun & Health”
Saturday, April 16

“The Labyrinth: Finding Your Way”
Saturday, May 7

“Kayaking for Recovery”
Saturday, June 18
Then We Dance
INFINITE BOUNDARIES BREAST CANCER RECOVERY RETREAT
Dickinson, TX November 2004

I wake at dawn. It has rained all of yesterday & through the night. A gentle, soaking, steady rain.

And still, the rain is falling all around me. I hear it on the roofs, the walls, the sidewalks, the trees.
they sing softly, slowly, like they are being soothed by friends or lovers.

I walk to the gathering hall, and, from underneath the covered path,
I see the grounds so soaked in rain,
that the loblollies stand up to their knees in the dark, silvery water, as if, in this surreal landscape,
The water is a visible part of us, a traversable terrain.

It is the last day of our retreat, and, for our morning exercise, we are being taught expressive dance.
We, who have walked up to death & looked it in the eyes, are here, are dancing.

Each of us, having found our bodies & our voices, is dancing a free, unfettered dance,
each of our own making.

I am awe-struck. I think that I have never seen anything so beautiful as these women dancing.

JENNIFER SWANSON, Plantation, Florida.
Written in thanksgiving for all of those I danced with during my Infinite Boundaries weekend.
Breast Cancer Recovery Foundation

PO Box 5070
Madison, WI 53705-0070
(608) 821-1140 or (888) 821-1140
www.bcrf.org  info@bcrf.org