WHAT TO DO AFTER A COVID-19 TEST

YOU JUST HAD A COVID-19 TEST. WHAT NOW?

BEFORE YOU KNOW THE RESULTS:

It can take several days to get your test results. The place that took your test will tell you your results.

While you wait for your results:

- Stay home and 6 feet away from other people, even within your household
- Wear a cloth face covering around others
- Frequently clean surfaces
- If you live with someone who is at high risk for severe disease (who has other health conditions or is older than 60), be extra careful
- Wash your hands often
- Ask someone to do your shopping or have items delivered to your home

IF YOUR TEST IS NEGATIVE:

If possible, continue to stay home and avoid others for 14 days because you still might get sick.

If you cannot stay home, continue to check for symptoms, wear a cloth face covering, wash your hands often, and stay 6 feet away from other people.

If you live with someone who has COVID-19 but you tested negative, stay home as much as possible for 14 days from when that person recovers.

NEED HELP OR A PLACE TO STAY?

Contact the King County COVID-19 Call Center at 206-477-3977, 8 AM – 10 PM, if you have questions about staying home, need a safe place to stay apart from others, or need help with things like grocery shopping. Interpretation is available.

HOW LONG DO YOU NEED TO STAY HOME?

Every person’s situation is different. The length of time you must stay home depends on how long you have symptoms.

You can be around other people after:

- 3 days with no fever AND
- 10 days since symptoms first appeared AND
- Other symptoms have improved

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