



Canadian Association of Nurses in Oncology
Association canadienne des infirmières en oncologie

CANO/ACIO
Annual Report of Special Interest Groups
2012-2013



Canadian Association of Nurses in Oncology
Association canadienne des infirmières en oncologie

Table of Contents

1. [Advanced Practice Nurse Special Interest Group](#)
2. [Complementary Medicine Special Interest Group](#)
3. [Gynecological Cancer Special Interest Group](#)
4. [London Oncology Nurse's Interest Group](#)
5. [Radiation Special Interest Group](#)
6. [Surgical oncology Special Interest Group](#)



Advanced Practice Nurse Special Interest Group - Annual Report

In 2011, under the new leadership of Lorraine Martelli and Lisa Shirt, the APN SIG undertook a survey to assess the group needs. This formed the working plan for the next 2 years. The group agreed that the purpose would remain:

- Create a forum for the exchange of ideas, knowledge and skills relevant to advanced practice nurses.
- Promote collaboration of all oncology APNs across Canada in direct clinical care, education, research, organizational leadership and professional and scholarly development.
- Identify the issues and trends affecting APN's working in oncology.

The group identified that they would like to exchange ideas, knowledge and skills and promote collaboration relevant to our roles through webinars and teleconferences as the main approaches. Topics identified that the APN group should focus on were addressed in the previous year through the delivery of a 2 webinars. For the 2012/13 year, a speaker was secured for the SIG meeting at the annual conference. Brenda Sabo, current President of CANO spoke on the topic of balancing work and home life.

Further discussion at the conference meeting revealed that the group did not want to lose the networking that happens annually when we get together at the conference. They felt we did not need to have specific items to be working on, but wanted to continue to meet. The group will also continue to wait for the Role Assessment Survey Results from Cancer Care Ontario's APN CoP that was delayed as it may inform all APN's across the country on issues related to role evaluation and workload measurement.

New leadership was sought and Grace Bradish and Edith Pituskin have stepped forward to lead this group.

Complementary Medicine (CAM) Special Interest Group (SIG)

The CANO/ACIO Complementary Medicine (CAM) Special Interest Group (SIG) provides a national forum for oncology nurses to

- exchange ideas, knowledge, and skills related to CAM
- promote basic CAM information, education and decision support as part of oncology nursing
- articulate and promote standards for the integration of evidence-informed CAM into oncology nursing care
- articulate and promote a national CAM curriculum for oncology nursing education

Over this past year, SIG activities have focused on offering educational seminars and workshops to oncology nurses across the country and collaborating on knowledge generation and dissemination initiatives with interprofessional colleagues.

Significant activities over the past year included:

- *Cancer Survivorship: Complementary and Integrative Medicine*, a CANO/ACIO sponsored webinar on June 12, 2013 (http://cano.malachitemgmt.com/default.asp?page=Member_Webinar).
- *Cancer, Complementary Medicine and the Role of the Nurse*, lecture for 4th year undergraduate nursing students at the
 - University of Calgary School of Nursing
 - Dalhousie School of Nursing
- Collaboration with the Society for Integrative Oncology (SIO) to plan for hosting a joint CANO/ACIO-SIO public lecture on October 19, 2013 in Vancouver, BC. *Coming Home to Yourself: Finding Calm, Clarity and Compassion in the Storm of Cancer and Caregiving*, presented by Dr. Susan Bauer-Wu, will explore the use of contemplative practices, like mindfulness and compassion meditation, to foster well-being and stress resilience for cancer patients, family caregivers, oncology nurses, and other health care professionals.
- Collaboration with interprofessional researchers to envision, secure funding and implement a pilot research study, *The effectiveness of an internet-based training intervention for improving physical activity counseling skills in oncology nurses*. (PI: Dr. Kristina Karvinen, Nipissing University, Nipissing University Internal Research Grant, \$5,000)

Plans for the upcoming year (2013-2014):

- The CANO/ACIO CAM SIG AGM will be held Sunday October 20, 2013, 5-6pm at the Sheraton Vancouver Wall Centre. Room TBA.
- Review the new CANO/ACIO Strategic plan to be launched at the CANO/ACIO AGM in October 2013 with the aim to align future CAM SIG activities with this plan.
- Explore SOSIDO platform to promote opportunities for two-way knowledge exchange between CANO/ACIO members and the CAM SIG.
- Explore opportunities for securing partnerships, funding and infrastructure to move forward the National CAM Curriculum for Oncology Nurses.



Canadian Association of Nurses in Oncology
Association canadienne des infirmières en oncologie

- Continue to partner with researchers to generate new knowledge to enhance the care of people and families experiencing cancer (E.g. Further testing and development of on-line exercise coaching education modules for oncology nurses).
- CANO/ACIO CAM SIG Webpage development
- Explore ongoing opportunities to offer CAM education to oncology nurses, students and health professionals (e.g. Workshops at CANO/ACIO conference, webinars, undergraduate nursing student lectures, etc.)
- Continue to seek new members and one or more co-chairs for this SIG.

Submitted by:

Tracy Truant and Dr. Lynda Balneaves, Co-Chairs, CANO/ACIO CAM SIG



Gynecological Cancer Special Interest Group

Chair: Lynne Jolicoeur, RN, MScN, CON(C)

Mandate:

- To provide a national networking opportunity for oncology nurses interested in Gynecological cancer care.
- To provide a forum for nurses to exchange innovations, knowledge, and skills related to the specialty.
- To initiate projects for the specialty, this will be driven by issues and needs identified by our members

Key Initiative:

In 2011, the Gynecological Cancer SIG nurses identified the need to collaborate around sexuality issues. From this group, the need arose to provide more teaching and support around vaginal dilation. In the fall of 2012, the international guidelines on vaginal dilation after pelvic radiation were released during the International Gynecological Cancer Society meeting in Vancouver, BC. This work was led by Miles, et al. <http://www.ncsi.org.uk/wp-content/uploads/Inter-Best-Practice-Guide-Vaginal-Dilators-July-2012.pdf>.

Members of the Gyne SIG and Radiation Oncology SIG formed a working group to review the international guideline and identify a strategy for their implementation in Canada.

On exploring what may be most helpful to assist nurses nationally around vaginal dilation, we decided to develop nursing and patient resources using these current guidelines as our foundation. When complete, we hope to have 1) a presentation describing the international guidelines and a nursing approach to teaching vaginal dilation, 2) a nursing guide for use when teaching, and 3) a comprehensive patient teaching booklet. Once accessible, we hope that these tools may contribute to more standardized consistent care across the country

Our working group has been collaborating using the CANO platform on the CANO website.

Plans for 2013 – 2015:

- Complete the vaginal dilator staff education presentation and patient education booklet.
- Submit both tools to CANO for review and support.
- Present our initiative via CANO Webinar
- Start using the CANO platform with all gyne SIG members (currently using this only with our working group).



London Oncology Nurses’ Interest Group

London Oncology Nurses Interest Group CANO Grant Funding Report

The LONIG chapter held a successful one day conference March 30, 2012 titled “Oncology Nursing: Trends, Therapies and Transitions”. The conference was attended by 58 registrants, the organizing committee, and representatives from the DeSouza Institute, National Kidney Cancer Nurses Network and pharma with educational displays. Registrants included oncology nurses from satellite oncology units in Stratford, Sarnia, Chatham and Wingham as well as Western University School of Nursing students. The students were second year nursing students who had a clinical placement on the inpatient oncology unit and were invited to attend as part of a recruitment strategy toward grooming future oncology nurses.

Speakers and topics were:

- Mission Possible: Stem Cell Transplant by Dr. Xenocostas and A. Fulford NP BMT program, LHSC
- Oral chemotherapy and Monoclonal Antibodies: Mr. A. Dhalla, Pharmacist & Manager, LHSC
- Disenfranchised Grief: Ms. R. DiBiase NP Palliative Care, Windsor Regional Hospital
- Advances in Non Small Cell Lung Cancer: Dr. M. Vincent, LHSC
- Transitions: Our Journey with Ben Elliott: Mrs. L. Elliott, Inspirational Speaker and Mom, Stratford

Evaluations from conference registrants were positive for all speakers. Constructive feedback was provided on the speakers/presentations. Suggestions for future topics elicited ideas including psychosocial and ethical issues with oncology patients, diabetes management in oncology patients and continued updates for oncology nurses regarding new information on treatments and diseases.

Financial Report:

Expenditures:	Cost:	Amount Requested:	Amount Spent:
Conference Pamphlet and Posters	\$150	\$100	\$64
Honoraria for guest speakers	\$500	\$500	\$600
Best Western Stoneridge Inn	No cost	No cost	No cost
Breakfast, lunch and nutrition breaks	\$3,500	\$525	\$3,796
Conference program packages and supplies	\$250	\$250	\$250
Mileage for out of town speaker \$0.43/km	<u>\$125</u>	<u>\$125</u>	<u>\$160</u>
Total Expenses:	\$4,525	\$1,500	\$4,835

We generated revenue from 58 registrants (including students) for a total of \$4,070.

We thank CANO for supporting our conference.



Canadian Association of Nurses in Oncology
Association canadienne des infirmières en oncologie

Respectfully submitted:

Adrienne Fulford, President LONIG

Patricia Stalker, Treasurer LONIG



Radiation Special Interest Group

Chairs: Arlene Court, RN, BScN, CON(C), Laurie Ann Holmes, RN, BScN, CON(C), CHPCN(C)

Mandate:

The Radiation Therapy SIG addresses the activities of specialized oncology nurses who practice in radiation oncology setting across Canada

Key Initiatives for 2012/2013:

- Increase the knowledge about Radiation therapy related treatments, patient side effect management.
- Six members from our SIG submitted and presented at CANO a workshop “RAD-vocating: The Nurse’s Role in Radiation Oncology”.
 - This team of dedicated oncology nurses from across Canada developed this outstanding collaborative workshop on-line.
 - There was good interaction with about 20 nurses attending the workshop. Lots of discussion about variations with the patient pathway at different centres, skin care clarifications, and issues surrounding collaborative patient care. The topic of skin care and the evidence-based support for practice was well received. There also was discussion about the role of nurses in radiation oncology and about care of patients with a diagnosis of head & neck cancer.
- Over the year the group stayed connected by e-mail and teleconference calls. We have advocated for shared communication via an e-mail question format.

Plans for 2014/2015:

- Continue to raise the profile of Radiation Oncology Nurses across Canada and increase SIG membership from the current membership of 27.
- Develop Radiation SIG CANO website. This will include:
 - a. A reference list
 - b. Links to Radiation courses
 - c. Presentations done by members at respective centres.
 - d. Minutes of past meetings.
- Increase our e-mails and on-line collaboration.
- Develop plans for another Radiation focused CANO conference submission.
- To continue dialogue on marketing the role and contributions of the radiation specialized oncology nurse to the interprofessional team in radiation oncology.



Canadian Association of Nurses in Oncology
Association canadienne des infirmières en oncologie

Surgical Oncology Special Interest Group

Chair: Shari Moura, RN, MN, CON(C), CHPCN(C)

Mandate:

- To profile surgical oncology nursing as a specialty in cancer care.
- Initiate projects for the specialty, which will be driven by issues and needs identified by our members.

Key Initiatives:

Nationally our membership represents nurses working and/or having an interest in surgical oncology. To date we are approximately 40 members strong. Efforts to grow our membership continue.

We continue to meet at the CANO annual conference to build partnerships across Canada. Throughout the calendar year meetings are scheduled as required.

Plans for 2014/2015:

- Raise the profile of Surgical Oncology Nursing and increase membership via new CANO website initiative.
- Formalize the development of the Surgical Oncology Nursing SIG member group list, email and discussion forum to facilitate sharing of tools/documents for patient/family education and education materials relevant to generalist and specialized oncology nurse related to our specialty.
- Refresh CANO SIG web page to include historical background of surgical oncology nursing and websites of interest to members and general internet public.