Oncology Nursing: You Too Can Choose This Rewarding Career!

Shari Moura RN MN CON(C) CHPCN(C) CANO/ACIO Director-At-Large External Relations

28th CANO/ACIO 2016 Conference
Future-Ready: Together, Towards Tomorrow
Calgary, Alberta
Thurs October 20th, 2016
Presentation Outline

- Why cancer care is an important health care issue
- Needs of Canadians facing cancer
- The role(s) of an Oncology Nurse
- How to get involved with cancer nursing
Non Communicable Disease (NCD)

• also known as chronic diseases
• are not passed from person to person
• long duration and generally slow progression.
• four main types of non communicable diseases
  – cardiovascular diseases
  – **Cancers**
  – chronic respiratory diseases and diabetes

http://www.who.int/topics/noncommunicable_diseases/en/ (Sept 2016)
810,045 Canadians were alive at the beginning of 2009 with a cancer diagnosed in the previous 10 years.

2 in 5 Canadians will develop cancer in their lifetime.

63% The likelihood, in Canada, of surviving at least 5 years after a cancer diagnosis compared to the survival of comparable people in the general population.

196,900 Canadians will be diagnosed with cancer in 2015.

78,000 Canadians will die of cancer in 2015.

1 in 4 Canadians will die from cancer.
NEW CANCER CASES PER YEAR IN CANADA

2005 155,000 29% 2015 196,900 41% 2030 PROJECTED 277,000

PROJECTED CANCER CASES IN 2030, COMPARED TO 2005

+46% LUNG CANCER  +97% PROSTATE CANCER  +55% FEMALE BREAST CANCER  +79% COLORECTAL CANCERS
Survival

• Based on 2006–2008 estimates
  – 63% of Canadians diagnosed with cancer are expected to survive for 5 years or more after a cancer diagnosis
• 5-year relative Survival rates based on 2006–2008 estimates:
  – lung cancer is low (17%).
  – colorectal cancer is average (64%).
  – high for prostate cancer (96%) and breast cancer (88%).
• Between 1992–1994 and 2006–2008, survival rates increased from 56% to 63% for all cancers combined

Canadian Partnership Against Cancer work spans the cancer control continuum, from prevention and screening to research and supportive care. Our collaborative approach is mindful of the patient voice, and strives to be culturally responsive to the needs of First Nations, Inuit and Métis communities.

http://www.partnershipagainstcancer.ca/who-we-are/
Cancer is an important health care issue

Nurses play a critical role in providing specialized care services for individuals, families and populations at risk for/ living with cancer, through:

– Providing direct holistic care
– Participating in teaching/education
– Utilization, participation in research
– Advocacy, influencing policy, social justice imperative
– Leading from where you stand (local, provincial, national, international)
Figure 1.
Needs of the Individual Living with Cancer

**Psychological**
- Self-worth
- Body image
- Coping

**Social**
- Family
- Relationships
- School, work

**Spiritual**
- Meaning of life
- Suffering
- Pain

**Physical**
- Pain
- Nausea
- Vomiting
- Fatigue

**Emotional**
- Anger
- Fear
- Despair
- Hopelessness

**Informational**
- Disease
- Symptoms
- Procedures
- Treatment
- Coping skills
- Services

**Practical**
- Finances
- Childcare
- Housekeeping
- Legal

Source: Margaret I. Fitch, RN, PhD
Case Study: Michael Age 62

- 62 yr old married father of 2 adults children, 4 grandchildren
- Past history: High BMI, pre-diabetic, GERD, HTN
- Family history: Father Colon CA at 67 & prostate CA
  
  2 Paternal Uncles with Colon CA in 60s
- 3 month history of rectal bleeding
- Went to see Fam. MD
- DRE, blood work, FOBT → colonoscopy
- CAT scan abdomen/pelvis/chest – mass in colon
- CEA level - elevated
Case Study: Michael Age 62

- Jan 2010 - Surgical resection of terminal ileum, right colon
- Pathology Adenocarcinoma T3 N1 2/19 lymph nodes
- March - June 2010 - adjuvant IV chemotherapy
- Surveillance
- Feb 2011 - Right liver resection for 5 metastatic liver lesions
- Patient decided he did not want chemo after the liver resection
Case Study: Michael Age 62

- Surveillance

- Dec 2012 - VATS -left lung lower lobe wedge --- metastatic adenocarcinoma lung from colon primary

- Surveillance

- Nov 2015 – recurrent liver and lung metastases

- Palliative IV chemotherapy x 6 months with progressive disease

- Best supportive pain/symptom management/Palliative Care
<table>
<thead>
<tr>
<th>Michael’s Journey Contact with oncology nurses</th>
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<tbody>
<tr>
<td>Diagnostic Assessment Program</td>
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<tr>
<td>Ambulatory Care/Navigator</td>
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<td>Gastroenterology Care</td>
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<td>Inpatient Surg/Med/Rad Oncology</td>
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<td>Clinical trials Nurse</td>
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<td>Rehabilitation/Survivorship</td>
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<td>Researcher/Research Support</td>
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<td>Genetic Counselor</td>
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<td>Educator/Professor</td>
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<td>Chemo Day Care</td>
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<td>Supportive Care/Psychosocial</td>
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<td>Oncology</td>
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<td>Ambulatory Palliative care</td>
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<td>Inpatient palliative care/hospice</td>
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<td>Community Care</td>
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<td>Practice Leader</td>
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<td>Clinical Nurse Specialist</td>
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<td>Nurse Practitioner</td>
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<td>Manager</td>
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<td>Director</td>
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CANO/ACIO Membership Benefits
Be Informed!
Be Connected!
Be Supported!
Be Involved!
CANO/ACIO is a national, membership-driven organization that exists to serve the needs of our members and raise the profile of oncology nurses.
Mission: To advance oncology nursing excellence through practice, education, research and leadership for the benefit of all Canadians.

Vision: CANO/ACIO is a driving force nationally and an influencing force internationally in advancing excellence in cancer nursing across the cancer control spectrum. Canadians across the cancer care spectrum have timely access to high-quality nursing.
# Membership Types

CANO/ACIO membership runs from January 1 to December 31.

<table>
<thead>
<tr>
<th>Membership Type</th>
<th>Chapter Meetings</th>
<th>Leadership Positions</th>
<th>Voting Rights</th>
</tr>
</thead>
<tbody>
<tr>
<td>Regular Member, $100</td>
<td>✓</td>
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<td>Associate Member, $100</td>
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<td>Affiliate Member, $100</td>
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<td>Student Member, $50</td>
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<td>Non-Working Member, $50</td>
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CNA Certification Support Through Membership Benefits

CANO/ACIO is committed to demonstrating the value of certified Oncology nurses

Take advantage of study group opportunities

25% membership registration discount for new members certified in Oncology nursing
CNA Recertification Through Membership

Benefits

Just by being a CANO/ACIO member you are accumulating hours that contribute to CON(c) recertification

- **Becoming a CANO/ACIO member** – claim 4 hours/year
- **CANO/ACIO Annual Conference** – claim 6 hours / day
- **Serving on a committee activity related to CON(C)** – claim 25 hours
Access Learning Opportunities that Address the Needs of Oncology Nurses
Access: Oncology Nursing Community

CANO/ACIO members also receive additional chapter benefits

- Regional conferences
- Educational workshops / events
- Local chapter awards
- Newsletters

Grow your network
Education & Practice Resources

CANO/ACIO members are first to know about the resources that CANO/ACIO offers:
Access: Special Interest Groups

As a CANO/ACIO member, you can access any or all Special Interest Groups (SIGs).

SIGs exist to address the needs & interests of Oncology Nurses

- Complimentary Medicine
- Radiation Oncology
- Palliative Care
- Advanced Practice Nursing APN
- Oncology & Aging (Geriatrics)
- Surgical Oncology Nursing
- Leadership
- Survivorship
- Gynecology Oncology
- Hematology / BMT
Access the Webinar Series

- FREE for members, NON-members pay $35/webinar
- Presented by clinical, education, research and leadership experts
- Members receive unlimited access to archived webinars
- Topics address current issues, trends, and education needs of CANO/ACIO members
  - Examples:
    - Lymphedema Management
    - How to Present an Abstract
Annual Conference

CANO/ACIO hosts an annual conference as a benefit to members with opportunities to:

• Network and be inspired by others
• Exchange/share knowledge with the oncology nursing community
• Attend sessions specifically aimed at novice oncology nurses
• Vote at the Annual General Meeting to help shape the directions of CANO/ACIO
• Attend the premier oncology nursing social event of the year!

• CANO/ACIO members receive a conference discount
Access: CANO/ACIO Awards & Grants

CANO/ACIO recognize the achievements of its members at the annual conference. A wide variety of awards and grants are available to CANO/ACIO members.

- Student Travel Grants
- Nurse of the Year Award
- Nursing Scholarship Award
- Lectureship Award
- Chapter Champion Award
- Achievement Awards
- Awards of Excellence
- Conference Travel Grants
Access: Leadership Opportunities

CANO/ACIO members have the opportunity to develop/hone their leadership skills through various roles:

- Board of Directors
- Chapter Executives
  - New for 2017: Student members on Chapter Executives
- Special Interest Group Executives
- Working Group Executives
Other Membership Perks

• Sense of community, engagement & support
• Oncology Exchange Journal - Mailed Out
• Participate in Oncology research that advances Oncology nursing
• Relevant job posting notifications
Other Membership Perks

• Regular communications about current initiatives and news
• CANO/ACIO Connections Newsletter
• CANO/ACIO website: members-only section
  – This also gives you access to directly connect with other CANO/ACIO members
To Join CANO/ACIO & for more information

http://www.cano-acio.ca/student.presentation_1-1
http://www.cano-acio.ca/join
Frequently asked questions

• How do I start to build my career in oncology nursing?
• How do you deal with this emotionally challenging work?
• How will I know this is the right career path for me?
Ways to explore if Oncology Nursing is for YOU

- Speak with an oncology nurse about their experiences, challenges, rewards and opportunities
- Talk to your patients about their experience dealing with cancer
- Look for opportunities in oncology nursing in your clinical placements and externships
- Think about doing one of your school papers/assignments on an interesting aspect on cancer care
- Informal/Formal mentorship opportunities
- Attend the CANO/ACIO Conference and/or local chapter events
Oncology Nurses - “Future-ready: Together, Towards Tomorrow”

• Video Link

• https://www.youtube.com/watch?v=1x65njQeubA
Questions

Shari.moura@uhn.ca
Director-At-Large
External Relations