

CAREGIVERS

BONNIE HOBBS MSW, RSW

Disclosure

Social Worker 10 years

Practice experience

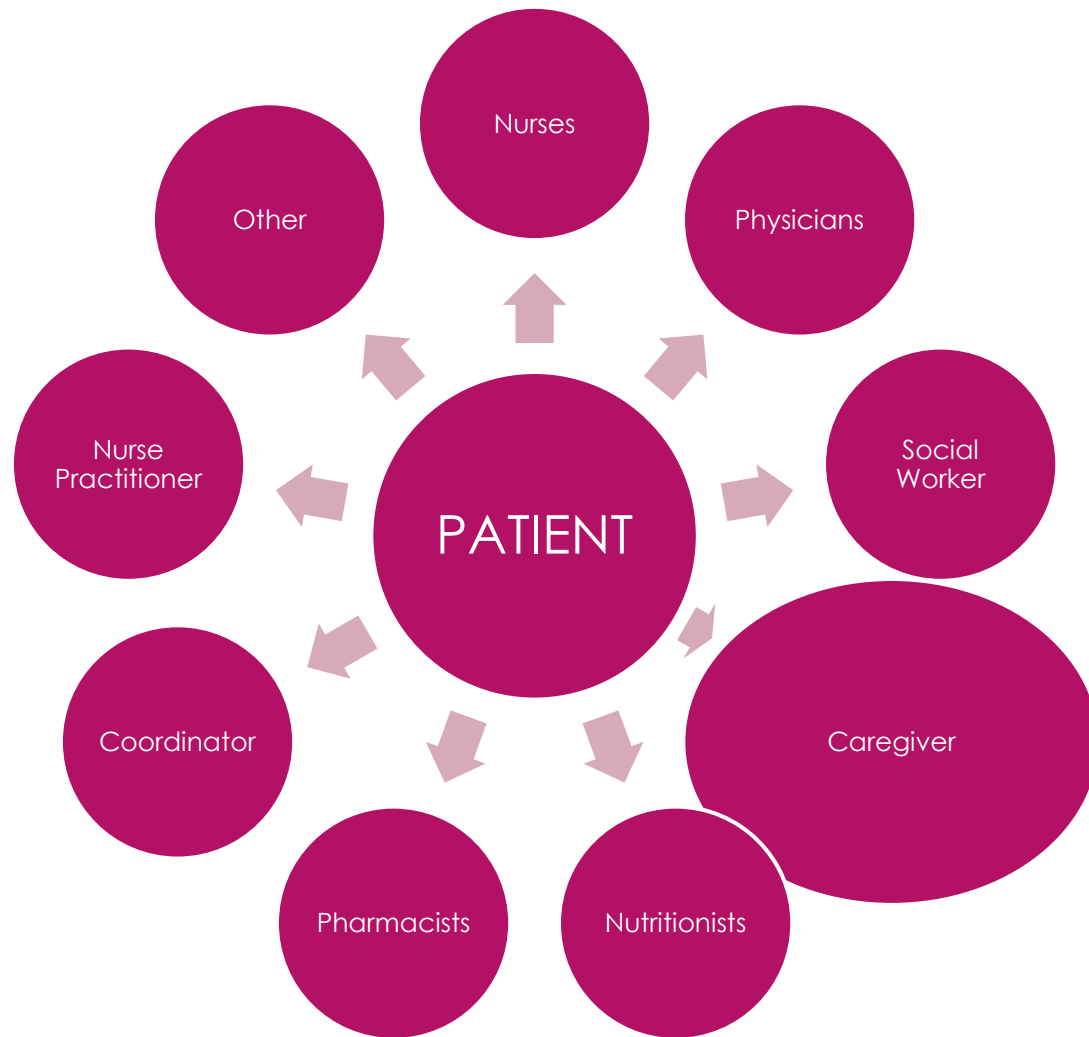
Have been a caregiver

Not to a individual who have had a transplant

**There are four
kinds of people
in the world**

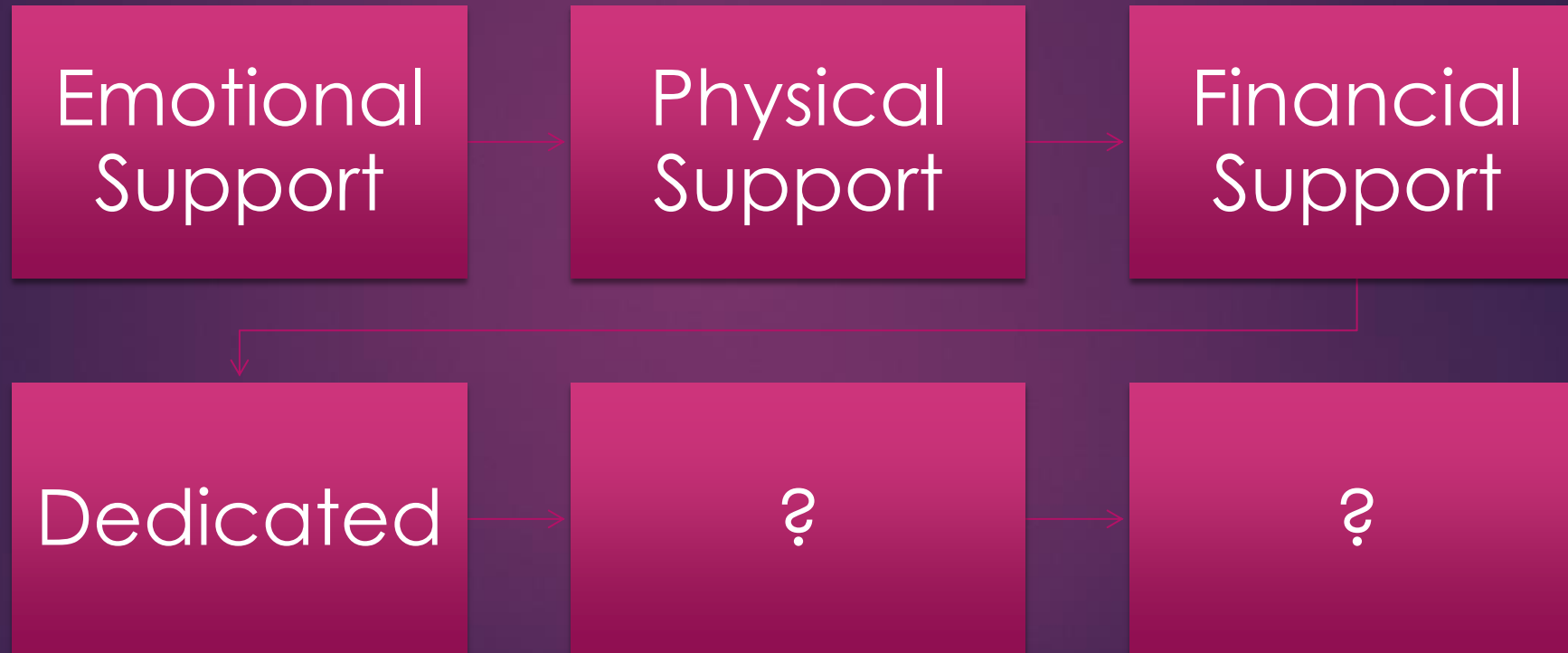
- ▶ Those who have been caregivers
- ▶ Those who are currently caregivers
- ▶ Those who will be caregivers
- ▶ Those who will need caregivers

-Rosalynn Carter



Transplant Team

WHAT IS A CAREGIVER?



Caregiver Stress

Unknowns

Donor

The wait

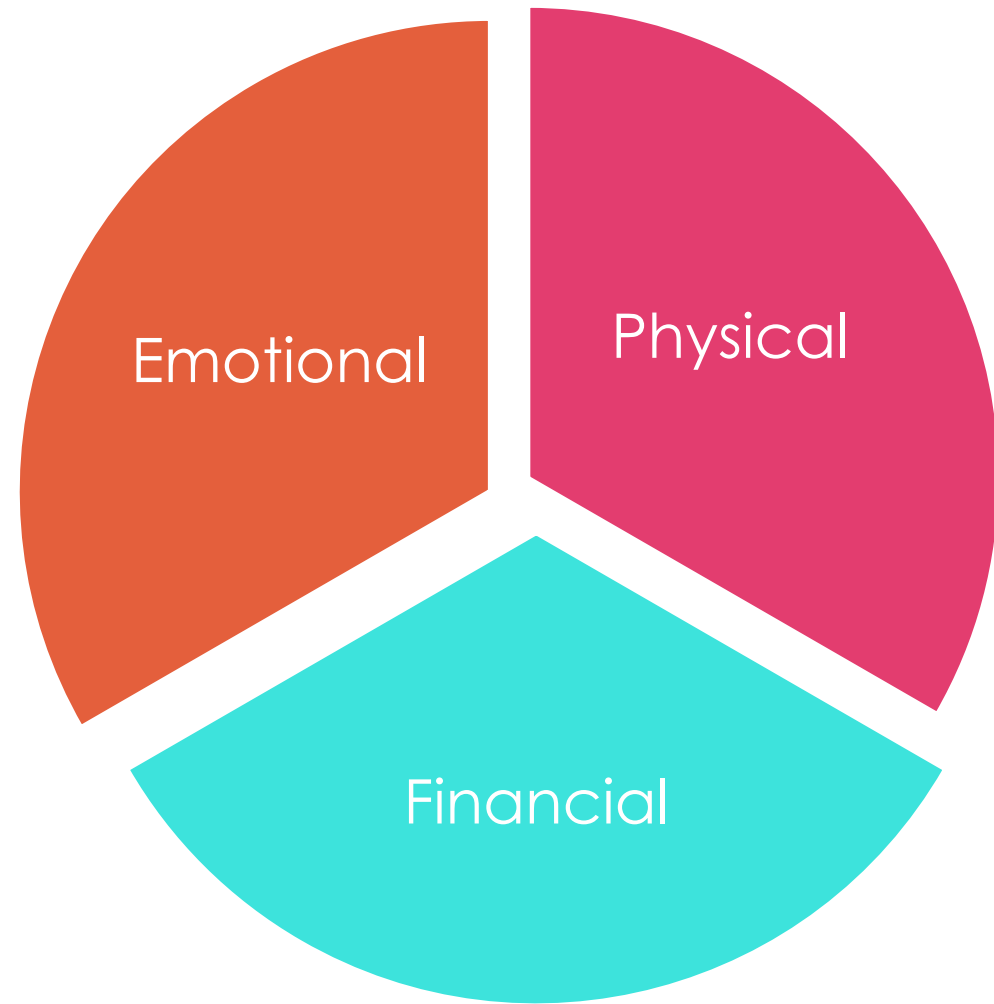
Medical follow up

Process

Complications

Recurrence

CAREGIVER STRESS



The cost to patients in NL

Assessment Trip (based on patient and escort)

- ▶ 2 Return tickets to Halifax (\$600.00-\$1500.00)
- ▶ 2 nights @ Point Pleasant Lodge (\$80.50) x 2= \$161.00
- ▶ Meals (\$43.00 x 2= \$86.00) x 3 days = \$ 258.00
- ▶ Taxi to and from (\$75.00 each way) = \$150.00

Total \$1169.00- \$2069.00

The cost to patients in NL

Mini Transplant

▶ 2 Plane tickets (\$600.00 - \$1500.00)

Meals ($\$43.00 \times 2 = \86.00) \times 10 days =
\$860.00

▶ Taxi to and from (\$75.00 each way) =
\$150.00

Total \$1610 - \$2510.00

The cost to patients in NL

Full Transplant

2 Plane Tickets (\$600.00 - \$1500.00)

Escort Only

6 weeks - 2 months @ Point Pleasant Lodge \$57.50 42
 $42 \times \$57.50 = \2415.00 56 $56 \times \$57.50 = \4508.00

Meals (43.00) 42 $42 \times \$43.00 = \1806.00 56 $56 \times \$43.00 = \2408.00

Escort and Patient

6 weeks – 2 months @ Point Pleasant lodge (covered under program)

Meals ($\$43.00 \times 2 = \86.00) 42 $42 \times \$86.00 = \3612 56 $56 \times \$86.00 = 4816$

Taxi to and from (\$75.00 each way) = \$150.00

Total \$4362.00 - \$8566.00

COPING STRATEGIES

Emotion
focused
coping

Problem
solving
coping

Thought
focused
coping

The REWARDS

- ▶ Helping someone overcome illness
- ▶ Experience may strengthen relationships
- ▶ Finding strength that you never imagined possible
- ▶ Celebrating milestones



Moving Forward.....

- ▶ The importance of the caregiver role
- ▶ Encourage families to support the caregiver.
- ▶ Encourage interventions that support the caregiver being a part of the team.
- ▶ Support caregivers to REACH OUT!

It's a sign of strength not a weakness to ask for help

To the world you
may be one person
but to one person
you may be the
world”.

THANK YOU

QUESTIONS

how

why?

when?

knowing

clues

ask

knowing

invest

asking questions

challenge

why

where?

who?

ask

who?

discover

what?

if?

investigation

