

# CAREGIVERS

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## Disclosure

Social Worker 10 years

Practice experience

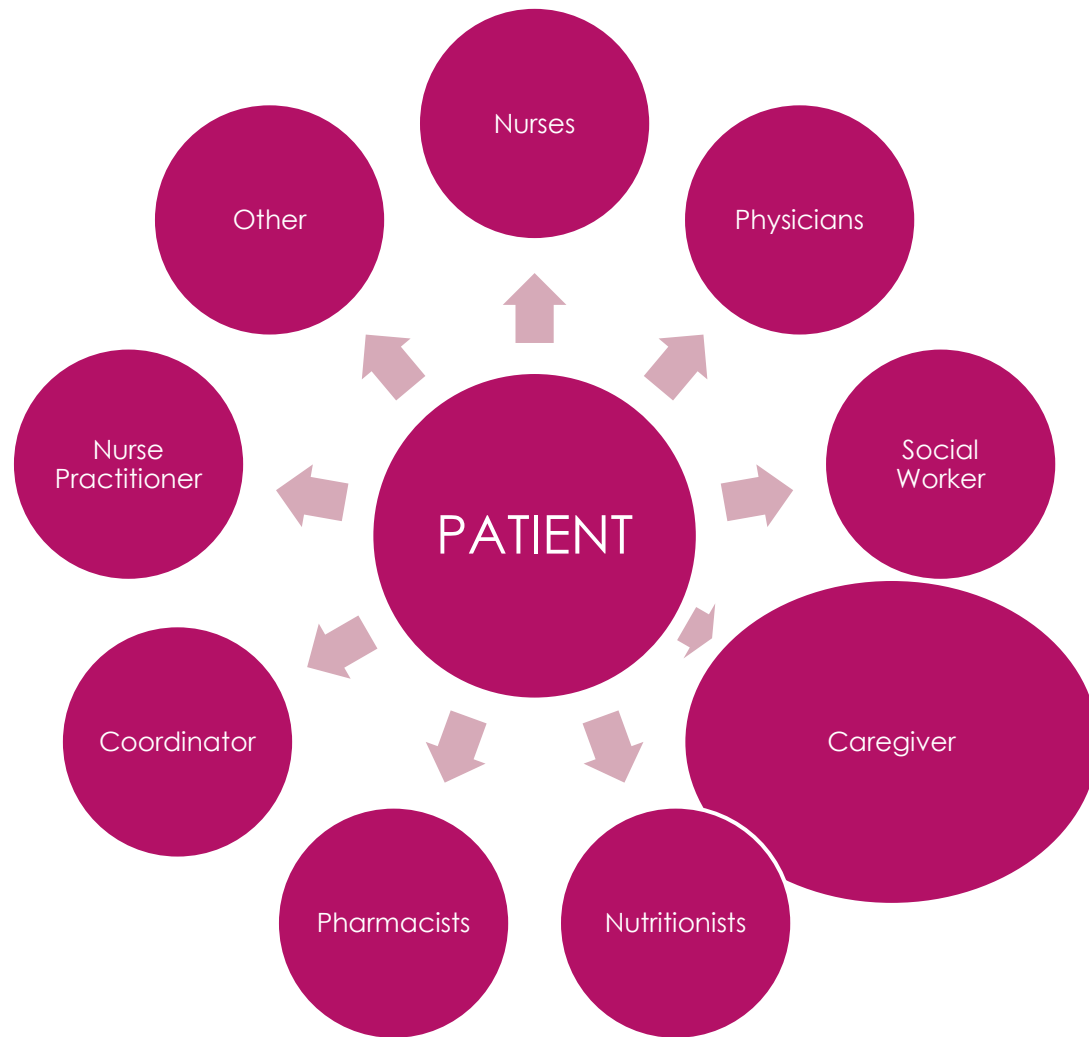
Have been a caregiver

**Not** to a individual who have had a transplant

**There are four  
kinds of people  
in the world**

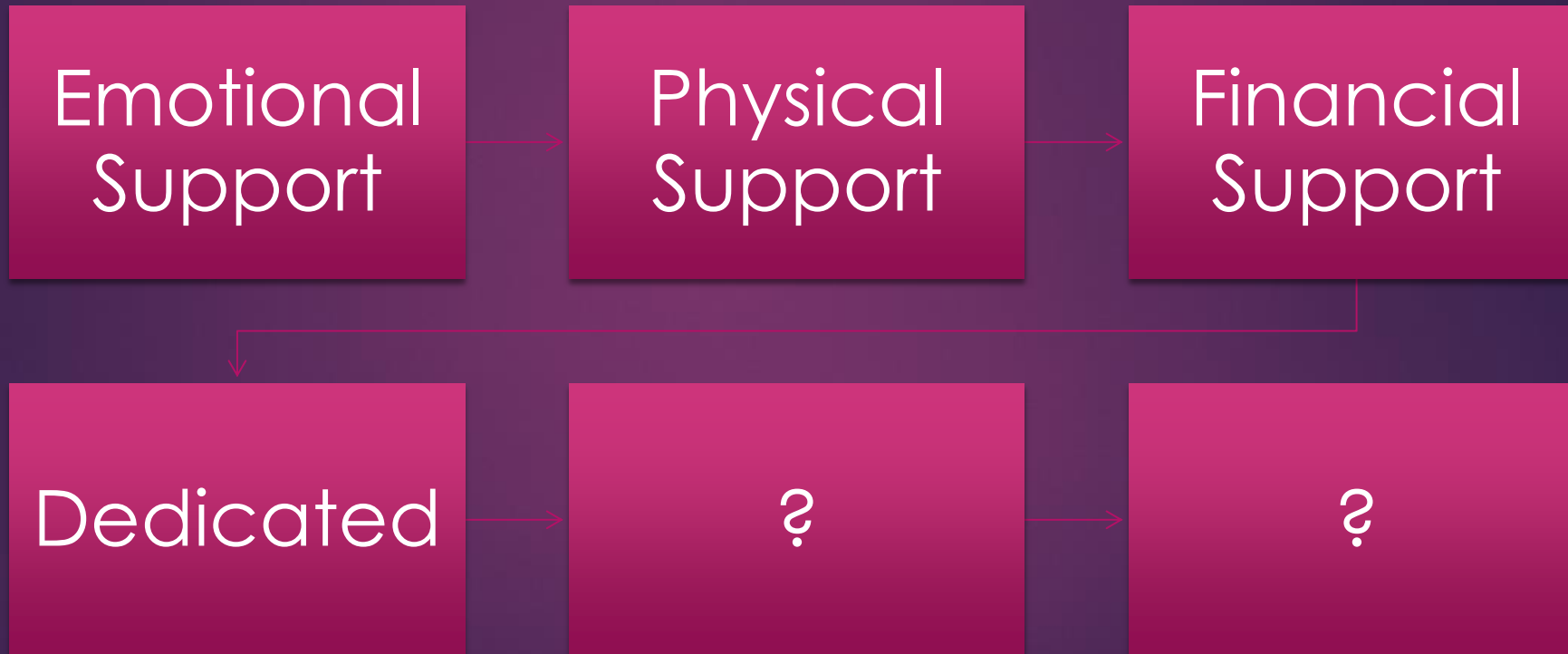
- ▶ Those who have been caregivers
- ▶ Those who are currently caregivers
- ▶ Those who will be caregivers
- ▶ Those who will need caregivers

*-Rosalynn Carter*



# Transplant Team

# WHAT IS A CAREGIVER?



# Caregiver Stress

Unknowns

Donor

The wait

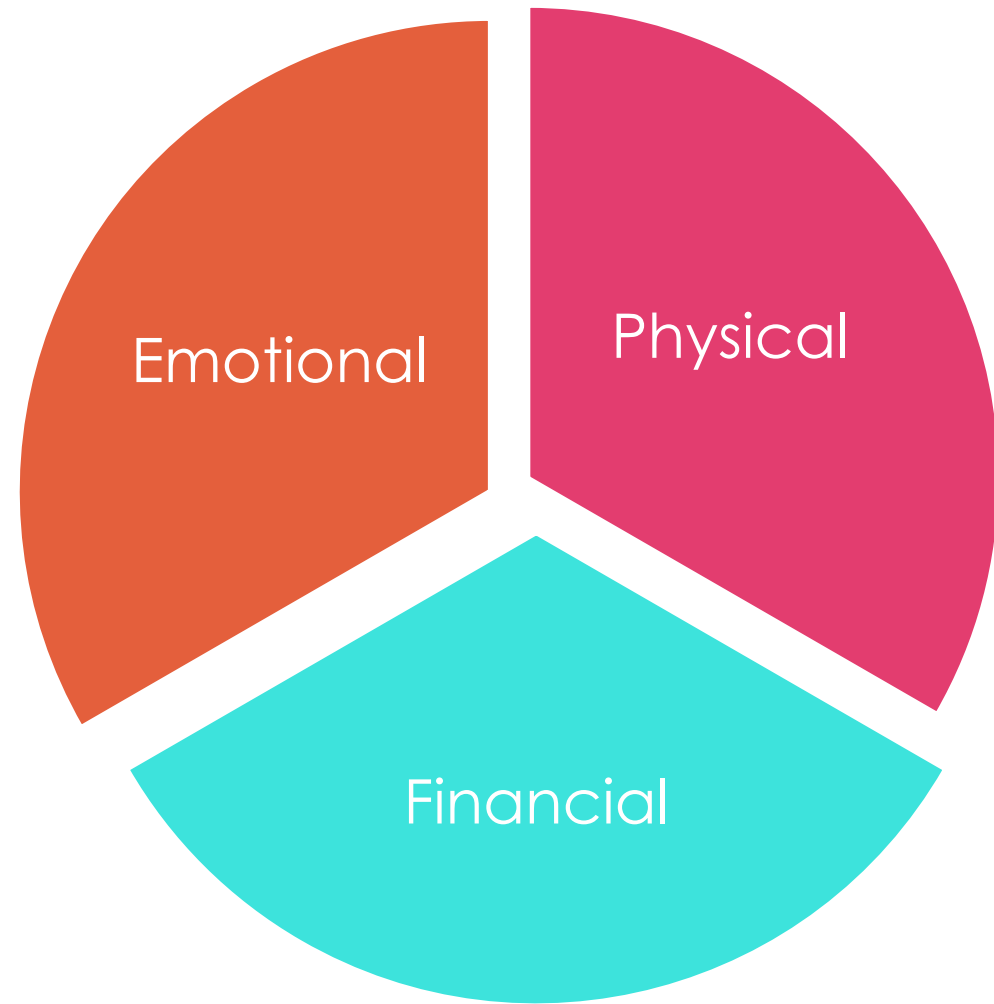
Medical follow up

Process

Complications

Recurrence

CAREGIVER STRESS



# The cost to patients in NL

## **Assessment Trip (based on patient and escort)**

- ▶ 2 Return tickets to Halifax (\$600.00-\$1500.00)
- ▶ 2 nights @ Point Pleasant Lodge (\$80.50) x 2= \$161.00
- ▶ Meals (\$43.00 x 2= \$86.00) x 3 days = \$ 258.00
- ▶ Taxi to and from (\$75.00 each way) = \$150.00

**Total \$1169.00- \$2069.00**



# The cost to patients in NL

## Mini Transplant

▶ 2 Plane tickets (\$600.00 - \$1500.00)

Meals ( $\$43.00 \times 2 = \$86.00$ )  $\times$  10 days =  
\$860.00

▶ Taxi to and from (\$75.00 each way) =  
\$150.00

**Total \$1610 - \$2510.00**

# The cost to patients in NL

## Full Transplant

2 Plane Tickets (\$600.00 -\$1500.00)

Escort Only

6 weeks - 2 months @ Point Pleasant Lodge \$57.50 42  
 $42 \times \$57.50 = \$2415.00$  56  $56 \times \$57.50 = \$4508.00$

Meals (43.00) 42  $42 \times \$43.00 = \$1806.00$  56  $56 \times \$43.00 = \$2408.00$

Escort and Patient

6 weeks – 2 months @ Point Pleasant lodge (covered under program)

Meals ( $\$43.00 \times 2 = \$86.00$ ) 42  $42 \times \$86.00 = \$3612$  56  $56 \times \$86.00 = 4816$

Taxi to and from (\$75.00 each way) = \$150.00

**Total \$4362.00 - \$8566.00**

# COPING STRATEGIES

Emotion  
focused  
coping

Problem  
solving  
coping

Thought  
focused  
coping



# The REWARDS

- ▶ Helping someone overcome illness
- ▶ Experience may strengthen relationships
- ▶ Finding strength that you never imagined possible
- ▶ Celebrating milestones



# Moving Forward.....

- ▶ The importance of the caregiver role
- ▶ Encourage families to support the caregiver.
- ▶ Encourage interventions that support the caregiver being a part of the team.
- ▶ Support caregivers to REACH OUT!

**It's a sign of strength not a weakness to ask for help**

To the world you  
may be one person  
but to one person  
you may be the  
world”.

THANK YOU

QUESTION

how

why?

when?

knowing

clues

ask

knowing

invest

asking questions

challenge

where?

why

who?

ask

who?

discover

what?

investigation

