



Newsletter

September 2023 District Meeting Announcement

California Physical Therapy
Association - Inland Counties
District

2023 Officers

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Megan Borjan

Affiliate Representatives

*Abby Anderson
Lisa Ewan*

Nominating Committee

*Summer San Lucas
Edna Barrett*

"Research for Clinical Practice"

Presenters: Dr. Summer San Lucas, Dr. Megan Flores

Presentation Description:

Physical therapists generally have a positive view of evidence-based practice but have identified a number of barriers to conducting and integrating research into their practice, such as lack of time and resources. Clinicians often feel unprepared to initiate, carry out, and utilize research in their practice. Mentoring new clinicians and the belief that research can be used to inform clinical decision-making are facilitators to engagement in research. This presentation will discuss the benefits of using evidence-based research to support clinical decision-making, layout a step-by-step plan for implementing research in clinical practice, and provide perspectives on structured research mentorship from the lens of the mentor and mentee.

Objectives:

1. Discuss the benefits of using evidence-based research to support clinical decision-making.
2. Describe how to perform a literature search for relevant evidence-based research articles.
3. Describe a step-by-step plan for implementing research in clinical practice.
4. Describe how clinicians can participate in research efforts.
5. Discuss mentor and mentee perspectives on structured research mentorship.

About the Speakers:

Dr. Summer San Lucas is an APTA board-certified clinical specialist in neurologic and pediatric physical therapy. She is a Certified Healthcare Simulation Educator® (CHSE®). Her ongoing clinical career has focused on outpatient pediatric and adult neurologic rehabilitation. She is an assistant professor at the University of Saint Augustine for Health Sciences in the Flex Doctor of Physical Therapy program, California where she teaches in the pediatric, neuromuscular, and movement science coursework. Her research focuses on physical therapy interventions in pediatric and neurologic dysfunction, and simulation in physical therapy education.

Dr. Megan Flores is an APTA Board Certified Clinical Specialist in Pediatric Physical Therapy and a Clinical Associate Professor at Baylor University, where she teaches in the pediatric and neuromuscular tracks. Dr. Flores completed a Master of Physical Therapy from University of Texas Southwestern Medical Center and earned a PhD from Texas Woman's University. She has dedicated her clinical experience to neurorehabilitation of pediatric and adult patients. Her research focuses on physical therapy assessment and interventions for children with neuromotor disabilities and improving physical therapy education.

THIS IS AN OPEN MEETING. ALL MEMBERS AND PROSPECTIVE MEMBERS ARE WELCOME TO ATTEND AT NO CHARGE – .15 (1.5 Hour) CEU pending approval

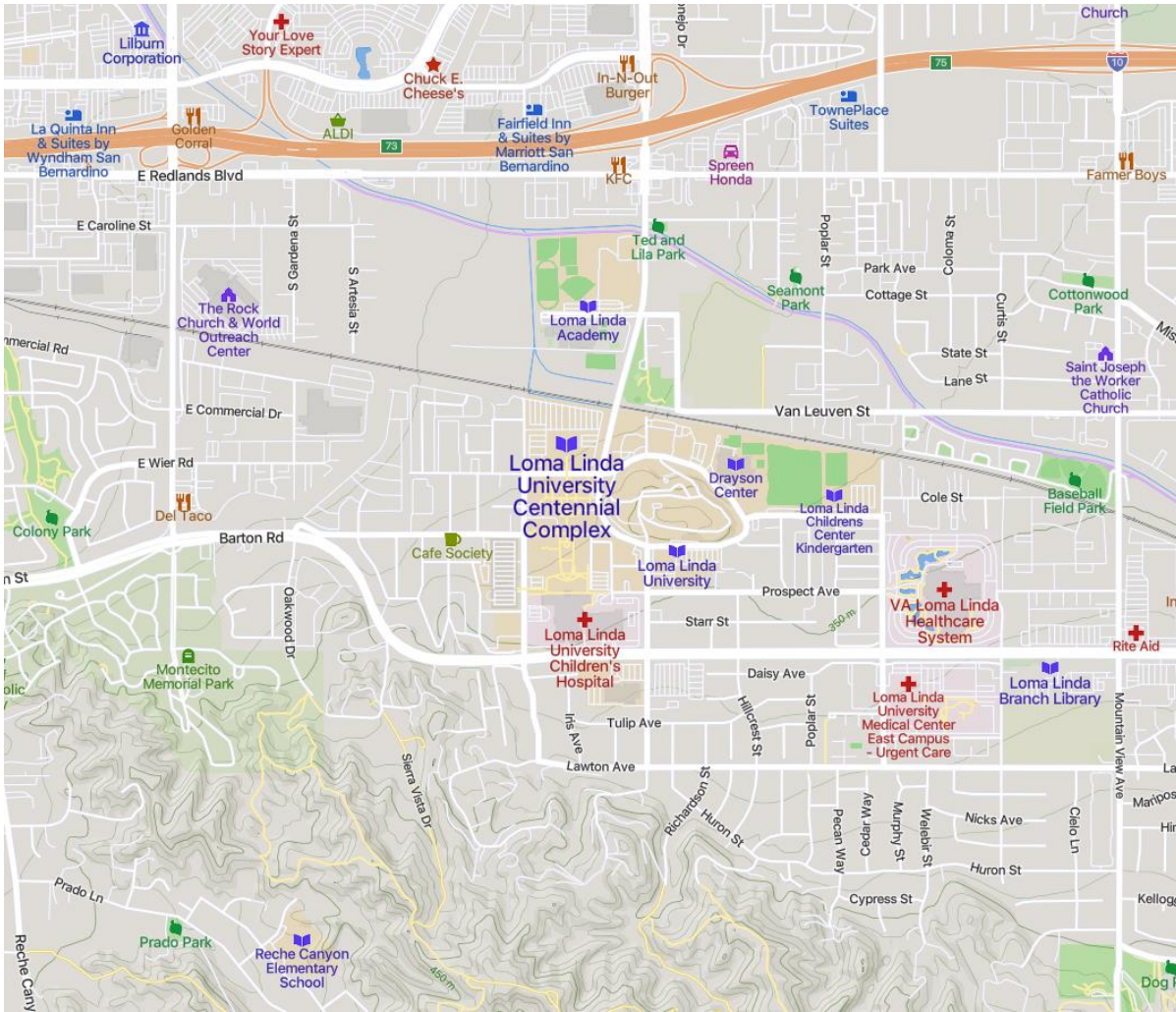
WHEN:

Thursday, September 28, 2023
5:30 p.m. – 6:00 social
6:00 p.m. – 8:00 p.m. meeting

WHERE:

Damazo Amphitheater
Centennial Complex
Loma Linda University
24760 Stewart St.
Loma Linda, CA 92354

CEU's are pending approval and light refreshments will be provided.



Virtual meeting option available using the following Zoom link:

<https://llu.zoom.us/j/97550028422?pwd=VHZEQ2Fmbmd0eUVjUi94REJLTHpDQT09>

Meeting ID: 975 5002 8422
Passcode: 714323