

Centered Riding[®], Inc. Alternate Update Evaluation Form



The alternate update must meet the same requirements of a regular update clinic. This includes: Riding, Teaching and Ground Work. Each applicant wishing an alternate update must receive the minimum points in each category as described below. All submitted points must have been accrued after the last update.

Points to be awarded as follows:

	Possible Points	# of hours	Instructor	Signature	Points Awarded
1. Riding Lessons – (min. 5pts) from:					
a. Level III Instructor (Levels I & II)	1pt./ hr (max 3 pts)				
b. Level IV App. (Levels I, II & III*)	1.5pt./hr (max 3 pts)				
c. Level IV (all levels)	2pt./hr				
d. clinician other than a CR instructor	1 pt/hr (max 3 pts)				
2. Teaching Riding – min. 4pts					
a. Assisting at an Open CR clinic	1pt/day (max 3 pts)				
b. Assisting at an Instructor's or Update Clinic	1.5pts/day				
c. Assisting a Level IV giving private lessons	.25 pt/hr				
d. current Certification from an outside organization in teaching, i.e. ARICP, CEF, USDF, BHS, CHA, etc.	2pts	Show proof of current certification			
3. Bodywork &/or Groundwork – min. 4pts					
Assisting at an Open CR clinic	1pt/day				
Assisting at an Instructor's Clinic	1.5pts/day				
Lessons or workshops in various bodywork modalities, i.e. Alexander work, Feldenkrais, yoga, t'ai chi, etc.	1pt/hr (max 2 pts)				
Attendance at Educational Conference	1pt/day (max 2pts)				

***Level III & IV Instructor's MUST receive at least 2 points of riding lessons from a Level IV Instructor.**

The different requirements (i.e. teaching and bodywork) may be met at the same event/clinic (as in assisting at a clinic).

Please note that the candidate is responsible for making his/her own arrangements with the Level IV Instructor and is responsible for any fees charged or expenses incurred for the time involved.

Instructor applying for Alternate Update: _____ Date of last clinic update: _____

Alternate Update Approved: Yes ___ No ___ Level IV Committee Chair or Designate: _____

Send completed form to the Centered Riding, Inc. office. The Level IV Committee chair or designate will approve/disapprove the Alternate Update. The office will then send the updating instructor a sticker to place in their Instructor Record Book as proof of updating.

**Centered Riding, Inc.
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