

Sally Speaks: Reasons Why I'm Thankful

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It's hard to believe that nine months have gone by since I first started speaking with you through this eBulletin and that winter is fast approaching! Here in Vermont, all the leaves have disappeared and crisp, cool temperatures are upon us. In the U.S., our minds are focused on preparations for Thanksgiving, a time when families get together and give thanks for the many blessings in our lives.

There are many things for which I am very thankful. Having just come from attending Centered Riding's International Symposium, I am thankful for the many friends I have made through my associations with those who are part of Centered Riding and grateful for the special meaning Centered Riding has brought to my life. It was so heartwarming to see the enthusiasm shared by all those attending the Symposium, including some of our Rider and Supporting Members. If you have never been to a Centered Riding International Symposium, I

encourage you to make plans to attend next year (November 6th, 7th and 8th). You will enjoy meeting fellow riding enthusiasts from the U.S., Canada and other countries as well. We had several people from Austria and Germany in attendance this year, and it was nice to hear about their efforts in spreading Centered Riding in these countries.

On Saturday, I received a special surprise when the 2008 yearbook was presented to me as a tribute in honor of my work of Centered Riding. Many thanks go to all who contributed and donated time to make the yearbook possible. I am especially enjoying reading the personal accounts from many of my original apprentices. If you did not already order a copy, make sure to contact the Centered Riding office to obtain one of the few extra copies ordered, as I know you will enjoy owning this book and your purchase will help to support Centered Riding.

I am have been blessed by a long and meaningful life and am especially appreciative for the good health I enjoy at 95 years of age. I have wonderful friends, caretakers and so much for which I am thankful. I want to thank all of you for your part in helping to spread interest in Centered Riding all over the world. It has brought special meaning to my life to see how Centered Riding has touched the lives of so many.

Whether you live in the United States and will be celebrating a special holiday of thanks or whether you live in another country that does not have a day designated to being thankful, take a moment to reflect on the blessings of your life and let those close to you know the special meaning they bring to you by being part of your life.