Please join us at CFHA’s first Regional One Day Intensive

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Confronting the New Epidemic:
Integrated Care Strategies for Patients with Opioid Use Disorder

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St. Louis, Missouri - March 17, 2017

Registration Now Open - Information Available Here

Target Audience: Primary Care Physicians, Psychiatrists, Psychologists, MFTs, Pharmacists, Licensed Counselors, Nurses, Substance Abuse Professionals, and Social Workers

WHY ATTEND?
Opioid use disorder (OUD) has been identified by the US Department of Health and Human Services as a national crisis. Nearly 2.5 million people were estimated to have OUD in 2014; in 2013, an estimated 24,000 individuals died from either prescription opioid or heroin overdose. These trends continue to rise.

The US Substance Abuse and Mental Health Services Administration has promoted Medication Assisted Treatment (MAT) as a well-established, evidence based approach to treating OUD in primary care settings. This team-based approach combines medication with counseling and incorporates clinical tools such as motivation interviewing and harm reduction.

Please join a panel of nationally recognized, integrated care providers and researchers from the University of Massachusetts, as they highlight provider and practice-based challenges and successes in treating patients with OUD in primary care. Presenters will draw on existing evidence that supports the treatment of opioid dependence in primary care as a chronic condition best addressed by integrated teams of behavioral health and primary care providers. Evidence and strategies for including families in the care of patients with OUD will be presented as well as the critical role of harm reduction in caring for patients within the context of interdisciplinary team-based care. The session will conclude an emphasis improving attendee’s ability to engage in self-care and increase their resilience to stress.

Continuing Education Available

Early Bird Rate: $229 Members; $259 Non-Members
After February 8: $279 Members; $309 Non-Members
$109 Student Rate (limit 10)

Additional information is available on the CFHA website www.cfha.net
Opioid Use Disorders in the United States - Understanding Why Current Systems Fail and Facilitate OUD

Why Primary Care?
This session will explore how integrated teams of behavioral health and medical providers are uniquely suited to provide population-based treatment for OUD (principles, team based approach, family, etc.)

Harm Reduction – A Conceptual Framework for Treatment
Participants will explore the basic tenants of harm reduction, learn skills in intervening and begin navigating the ambiguity of this model.

Common Misconceptions and Challenges in MAT
Exploration of the challenges and rewards in these approaches; common concerns expressed and strategies to overcome perceived roadblocks.

Small Group Application to Clinical Vignettes
Attendees will participate in small groups to analyze and discuss a case with an emphasis on the issues presented in the morning session. For participants already providing MAT in their clinical work they will be encouraged to discuss a real, deidentified, patient. Sample patient scenarios will also be available for those participants who do not have real patient scenarios to share.

Burnout: Resilience and Moving Towards Wellness
Attendees will gain understanding of clinician burnout, it’s prevalence, and causes and complete a self-assessment of burnout. Essential components of resilience specifically for clinicians will be presented and the attendees will have an opportunity to experience and practice skills to enhance resilience and clinician wellness.

Questions and Wrap-up

ABSTRACT
The increase in patients with opioid use disorders (OUD) presenting to primary care has broadened the role medical and behavioral health providers have in providing care for this population. The day's programming will highlight provider and practice-based challenges and successes of treating patients with OUD in primary care. We will draw on existing evidence that supports the treatment of opioid dependence in primary care as a chronic condition best addressed by integrated teams of behavioral and medical providers. Evidence and strategies for including families in the care of patients with OUD will be presented. The critical role of harm reduction in caring for patients with OUD will be explored within the context of interdisciplinary team-based care. The session will conclude an emphasis improving attendees ability to engage in self-care and increase their resilience to stress - a critical skill in caring for patients with OUD.

LEARNING OBJECTIVES
By the conclusion of this training participants will be able to:

- Differentiate traditional approaches to addiction treatment from primary care approaches that emphasize harm reduction, empathy, and chronic disease management
- Implement team based approaches to the care of patients with Opioid Use Disorder that include medical, nursing, and behavioral health providers
- Apply strategies for overcoming common concerns and reservations about providing Medication-Assisted Treatment in primary care.
- Utilize at least two skills to enhance resilience and clinician wellness

Full Agenda and Registration Information for the Regional One Day Intensive is available on the CFHA website www.cfha.net