Poster P26

MAHEC (Mountain Area Health Education Center) Family Medicine Residency Program and Family Health Center have begun a consultative service to offer input and comprehensive evaluation for adults with intellectual and developmental disabilities (IDD). This is a one-time consultative opportunity with integrated care. Our team approach includes a Family Medicine resident physician, a VAYA Care Manager (VAYA is the Medicaid provider for IDD and Mental Health Services for Western North Carolina), a dedicated Medical Assistant, and a FM faculty physician; with the availability to arrange pharmacy consultation, psychiatric consultation and dental consultation. This is an opportunity for team based care for the patient and their caregiver, as well as an enhanced learning experience for the resident physician.

The goals of this Adult IDD assessment clinic include:

- Provide a whole person approach to wellness and health as well as the social and psychosocial needs of the patient and the caregivers with an emphasis on adult care, including transitional care from pediatric settings; and enhanced support systems if needed.
- Resident education with an experiential approach to understanding the unique opportunities in providing care for persons with IDD in the primary care setting. The emphasis is on collaborative/team based care.
- Meet a community need- the design, planning, review and ongoing “upgrades”, as well as expansion are guided by a Community Advisory Committee-comprised of MAHEC Family Medicine, VAYA, MAHEC Dental, ARC of NC, 3 Self Advocates, Mission Children’s Hospital Developmental Pediatrics and other community partners.

This clinic is a model for Resident education as well as for medical and psychosocial collaborative care for our patients and their caregivers. We began this venture with a ½ day a month clinic, starting in August of 2017. Each ½ day 2-4 patients are scheduled. The patient and caregiver (family or guardian) are contacted by the Medical Assistant or the VAYA (RN) Care Manager before the visit for “pre-visit planning” using the My Health Passport model from USF as a guide (See references). This contact is ideally made by phone, within the week prior to the visit. The visit is conducted by the FM Resident and the VAYA Care Manager, with any needed exam done with more privacy, as the visit requires. Each interaction has its own needs and opportunities- the possibilities seem endless!

As we continue this venture, we are gathering data to guide us in evaluating the process and to enhance continual learning. This research will help us evolve to provide the best opportunities in patient care and education.

MAHEC has recently hired a Family Physician with an IDD focus. This provider is now beginning to expand her availability to see patients in a consultative and teaching role. With this increased capacity we hope to open up the one time consultation clinic to our primary care colleagues in the community. This is an opportunity to provide support to those practitioners, allowing them to continue providing excellent care to their patients with IDD.
References:

My Health Passport and other useful guides for patient care; http://flfcic.fmhi.usf.edu/resources/materials/health.html


Ervin DA, etal; Healthcare for persons with intellectual and developmental disability in the community https://doi.org/10.3389/fpubh.2014.00083