Plenary Session 1 – Thursday, October 17, 2019 – 4:30 to 6:00 PM

PS1: Near Horizon, Far Horizon: A Policy-Focused Session

Session Description
This fast-paced, multi-media session will bring together policy leaders from around the country to discuss how policy will change within the next 5 years and should change healthcare delivery over the next 20 years.

Objectives
Upon completion of this activity, learners will be able to:
• To describe healthcare reforms that will be coming in the next 5 years.
• To share a vision of how and health and health care should evolve over the next 20 years.
• To advocate for healthcare reforms in one’s community, state, and nation.

Presenter(s)
Marvin Figueroa, Deputy Secretary of Health and Human Resources for Governor Ralph Northam, Richmond, VA
Prior to his appointment, he served for 7 years as Senior Policy Advisor for Senator Mark R. Warner. In that capacity, he advised the Senator on Medicare, Medicaid, the Affordable Care Act, and other health care issues related to the Senator’s role on the Senate Finance Committee. In 2016, Governor Terence R. McAuliffe appointed him to the Board of Health Professions.
Prior to his experience on Capitol Hill, Deputy Secretary Figueroa was a college-counselor, working with students, parents, teachers, and community partners to help first generation students enter and succeed in post-secondary education.
Marvin is originally from La Ceiba, Honduras. He earned his Master’s degree at Harvard and Bachelor’s degree from Vanderbilt University. He is also a proud graduate of the Sorensen Institute for Political Leadership at the University of Virginia.

John McCarthy, Founding Partner, Speire Healthcare Strategies, Nashville, TN
John McCarthy has more than 20 years of health care consulting and government leadership experience. He served as Medicaid Director in Ohio and the District of Columbia. John provides strategy and advisory services to clients to help them navigate the rapidly changing healthcare markets in the public and private sectors at both the federal and state levels. He is a nationally recognized expert in Medicaid reforms, value based purchasing, delivery system design, system implementation, and reimbursement policy. Most recently, he was CEO of Upshur Street Consulting, LLC.
Leslie Herod, Colorado State Representative, Denver, CO
Representative Leslie Herod (HD-8) was elected in 2016 as the first LGBTQ African American in the General Assembly, while receiving the highest number of votes of any candidate running in a contested election. She serves as the Chair of the House Finance Committee, Vice Chair of the House Judiciary Committee, and Vice Chair of the Committee on Legal Services. Rep. Herod also chairs the Colorado Black Democratic Legislative Caucus and the Arts Caucus.

In her first term as a state representative, Herod directed over $18 million in the state’s budget and sent 20 bills to the Governor’s desk, marshaling through numerous pieces of legislation addressing criminal justice reform, mental health & substance abuse, renewable energy, youth homelessness, and civil rights protections. Her legislative agenda underscores her commitment to improving the lives of all Coloradans, especially those caught in the cycle of poverty or mired in the criminal justice system.

Moderator
John Daley, Health Reporter for Colorado Public Radio, Denver, CO
John Daley joined Colorado Public Radio full time in 2014 after freelancing for both CPR and NPR throughout the previous year. In 2012, he moved to Denver from Salt Lake City where we spent more than a decade as a beat and investigative reporter. John has broad experience as a journalist, having worked in both television and radio at KSL in Salt Lake City where he’s covered a wide range of topics, including health care, politics, transportation, immigration, and the Olympics.

In addition to his work as a reporter, John has completed three journalism fellowships. He was chosen for the “Covering the Green Economy” fellowship at Arizona State University in 2010. He was a Western Enterprise Reporting Fellow at Stanford University’s Bill Lane Center for the American West in 2009, where he wrote an essay for the book, “How the West was Warmed: Responding to Climate Change in the Rockies.” In 2007-08, John studied climate change and the impact of global warming as a Knight Journalism Fellow, also at Stanford.

References
- Medicaid And Mental Health: Be Careful What You Ask For Richard G. Frank, Howard H. Goldman, and Michael Hogan Health Affairs 2003 22:1, 101-113
- Access And Cost Barriers To Mental Health Care, By Insurance Status, 1999–2010 Kathleen Rowan, Donna D. McAlpine, and Lynn A. Blewett Health Affairs 2013 32:10, 1723-1730
PS2: Building Integrated Care at the Statewide Level: The Colorado Story

Session Description
The State of Colorado set the audacious goal of building an infrastructure to ensure that 80% of Coloradans have access to integrated primary care by 2019. Through sharing narratives and outcome metrics, this session will demonstrate the outcomes of the initiative and the stories behind its development.

The overall vision for this session is that about 2/3 of it will tell the story of integrated behavioral health services in Colorado and the other 1/3 will be from 2 well known discussants who react to the story and frame it within the larger context of the growth of integration nationwide. The story-telling will be short, highly evocative narratives (5 minutes each, 10 minutes for SIM narrative) that use multi-media to increase the impact. We will work closely with the presenters to write the narratives and to create a central metaphor and images to create a coherent, holistic production.

Narratives:
- Marillac Clinic (1999)
- Advancing Colorado’s Mental Health Care (2003)
- CFHA’s Role in Colorado (2006)
- Role of University of Colorado Family Medicine (2008)
- CO-EARTH (2013)
- SIM (2014)

Objectives
Upon completion of this activity, learners will be able to:
- Describe the developmental process for building integrated care at a statewide level.
- Lay the groundwork for integrating a community’s healthcare system.
- Convene key partners for applying for and enacting a federal integrated care initiative

Speaker Bios
Larry Mauksch, MEd, Emeritus Professor of Family Medicine, University of Washington, Seattle, WA

Helen Royal, CEO, Summit Community Care Clinic, Frisco, CO

Polly Kurtz, Former Executive Director, CFHA, Greeley, CO

Ben Miller, PsyD, Chief Strategy Officer, Well Being Trust, Denver, CO

Alexandra Hulst, PhD, LMFT, Integrated Behavioral Health Advisor, Rocky Mountain Health Plans, Grand Junction, CO
Michael Olson, PhD, Behavioral Medicine Faculty, SCL Health, St. Mary's Hospital, Family Medicine Residency, Grand Junction, CO

Barbara Martin, RN, MSN, ACNP-BC, MPH, Director of SIM, Denver, CO

Michael Talamantes, Chair, SIM Work-Force Committee, Denver, CO

**Discussants**
Susan McDaniel, Associate Chair of Family Medicine at University of Rochester, Founder of CFHA, Founder of Medical Family Therapy, past president of APA, Rochester, NY

Frank deGruy, Chair of Family Medicine at University of Colorado, founder and past president of CFHA, Denver, CO

**References**
- [https://www.integration.samhsa.gov/The_CO_Blueprint_for_Promoting_Integrated_Care_Sustainability.pdf](https://www.integration.samhsa.gov/The_CO_Blueprint_for_Promoting_Integrated_Care_Sustainability.pdf)
Plenary Session 3 – Saturday, October 19, 2019 – 8:00 to 9:30 AM

PS3: Improvisation and the Art of Medicine: Adaptable skills for an Uncertain World

Session Description
The practice of medicine is unpredictable. Every day, clinicians must communicate with an ever-changing cast of patients and colleagues, in ever-changing environments and circumstances. To practice compassionate, collaborative medicine in this environment, clinicians must constantly think on their feet in order to navigate difficult situations and care for others while caring for themselves. In other words, clinicians must improvise. Improvisation is the expertise of adaptation, a cultivated intuition that guides spontaneity. Medical improvisation is the adaptation of improvisational theatre training methods to the healthcare context, promoting collaborative patient care through improved communication, cognition, and wellbeing. In this session, Dr. Belinda Fu describes her experiences with Medical Improv as a physician, patient, and educator, and explains its power to improve communication skills through experiential learning. With compelling stories and interactive exercises, she explores how improvisation can increase awareness, create rapport, and improve one's ability to thrive in unpredictability. Belinda shares personal examples of how improv skills can deeply connect clinicians to the humanity of others during the complex communication challenges that pervade the practice of medicine.

Objectives
- Define medical improvisation and its relevance to medical practice and education
- Describe the core skills of medical improvisation
- Explain the relevance of improvisation to wellness and resilience

Presenter
Belinda Fu, MD, is a family physician, medical educator, and improvisational actor. She is passionate about improving people’s lives through insight, connection, and empowerment. She is a Clinical Assistant Professor in the Department of Family Medicine at the University of Washington (UW), Residency Faculty at Swedish Family Medicine–First Hill, and founder of The Mayutica Institute, an education and training organization. She received her BA at Stanford University, her MD from the University of California, San Francisco, and completed her residency and faculty development fellowship at UW. Dr. Fu performs improv as an active ensemble member of Seattle Theatresports™, A Tribe Called Yes, and The Lost Folio. She speaks and teaches about medical improv, physician wellness, and communication skills at regional and national events, and was a plenary speaker at the inaugural 2018 American Academy of Family Physicians (AAFP) Physician Health and Well-being Conference. Dr. Fu co-organized the first Annual International Medical Improv Train-the-Trainer Workshops, and is a cornerstone of the international medical improvisation community.

References