



Pre-Conference Sessions – Thursday, October 17, 2019

Last updated April 16, 2019

A Leadership Workshop for Behavioral Health Directors

Addressing the Workforce Development and Training Needs for Integrated Healthcare Professionals

Implementing Family-Centered Care: Clinical, Operational, and Financial Perspectives

Toolkit for Disruptive Behaviors in Pediatric PCBH

Program Evaluation Intensive: Practical Training in Selecting Measures and Data Collection Methods to Obtain Useful Outcome Data

Expanding Integrated Medicine from Primary Care to Specialty Care

A Leadership Workshop for Behavioral Health Directors

Half-day session – Time TBD

Session Description

If you are a Behavioral Health Director/ Leader who would benefit from dedicated time to working on your career development, this is the session for you! Behavioral Health Directors/ Leaders of integrated programs in primary care have unique challenges that require a broad skill set and require balancing clinical work, leadership, personnel management, finances, and administration. This session will create a safe space to discuss these challenges and offer strategies and support to make this work sustainable, rewarding, and fun!

Objectives

Upon completion of this activity, learners will be able to:

- Identify at least one strategy successful directors use in managing administrative and clinical demands
- Develop an action plan to aid in their professional development over the next year
- Identify ideas/options for development of peer learning supports targeting behavioral health leaders
- Understand strategies to decrease burnout and enhance retention among clinical staff

Presenters

- Joan Fleishman, PsyD, Behavioral Health Clinical Director, Oregon Health & Science University, Department of Family Medicine, Portland, OR
- Neftali Serrano, PsyD, Executive Director, CFHA, Chapel Hill, NC
- Beth Zeidler Schreiter, PsyD, Chief Behavioral Health Officer, Access Community Health Centers, Clinical Adjunct Faculty University of Wisconsin School of Public Health, Department of Family Medicine and Community Health, Madison, WI
- Brian Sandoval, PsyD, Clinical Director, Primary Care Behavioral Health, Yakima Valley Farm Workers Clinic, Woodburn, OR
- Shay Stacer, PhD, Integrated Behavioral Health Director, North Bend Medical Center, Coos Bay, OR

Addressing the Workforce Development and Training Needs for Integrated Healthcare Professionals

Half-day session – Time TBD

Session Description

With the recent shortage of integrated care professionals in healthcare settings, developing a sustainable workforce of providers has become increasingly important. Areas such as mentoring skills, trainee competencies, and motivation challenges in these settings may add to this shortage problem. This workshop will highlight the importance of mentoring and training professionals from different disciplines to be adequately equipped for careers in integrated healthcare and medicine positions. The presenters will offer a series of content lectures, facilitate roundtable discussions on key topics, and lead a brainstorming session on the future vision of workforce development.

Objectives

Upon completion of this activity, learners will be able to:

- Identify the current climate of workforce development across professional disciplines and the workforce shortage in healthcare.
- Acknowledge the various paradoxes inherent to teaching and mentoring in healthcare
- Discuss how to navigate challenging situations with learners and mentees by promoting psychological safety and personal investment.
- Present a framework for mentoring that includes ways to assess for interests, develop goals, and guide completion of scholarly activities of mentees
- Introduce the role of “care enhancers” in behavioral health services, and how this impacts the future roles and recruitment of behavioral health clinicians

Presenters

- Max Zubatsky, PhD, Assistant Professor, Saint Louis University, St. Louis, MO
- Christine Runyan, PhD, Professor, Umass Memorial Medical School, Worcester, MA
- Kathryn Fraser, PhD, Behavioral Medicine Coordinator, Halifax Health Family Medicine Residency, Daytona Beach, FL
- Alexander Blount, EdD, Professor, Antioch University New England
- Keith Dickerson, MD, Physician, St. Mary's Medical Center, Grand Junction, CO

Implementing Family-Centered Care: Clinical, Operational, and Financial Perspectives

Half-day session – Time TBD

Session Description

This pre-conference institute will guide attendees, who are at beginning to advanced levels in their careers, on how to implement and sustain family-centered models in primary care settings. Presenters will highlight critical studies, debunk myths, and provide clinical, operational, financial, and training strategies toward making the perceived impossible, possible. Attendees will be engaged as learners and experts as they navigate their struggles and discuss how to move the needle forward in their settings toward family-oriented care. Special attention will be paid to addressing cultural, institutional, and interpersonal factors that need to be considered and respectfully addressed in any implementation plan.

Objectives

Upon completion of this activity, learners will be able to:

- Understand what it means to be culturally-informed family-centered advocates in Primary Care and the critical research that supports it.
- Identify family-centered clinical interventions and operational-level strategies that can be used within the primary care context
- Describe financial models for sustaining family-centered models in primary care.

Presenters

- Jennifer Hodgson, PhD, LMFT, Nancy W. Darden Distinguished Professor and Director of the Medical Family Therapy doctoral program at East Carolina University, Greenville, NC
- Alexandra Hulst, PhD, LMFT, Integrated Behavioral Health Advisor at Rocky Mountain Health Plans in Grand Junction, CO.
- Alan Lorenz, MD, Physician, RIT Student Health Center, Clinical Associate Professor of Family Medicine & Psychiatry, University of Rochester, Rochester, NY.
- Randall Reitz, PhD, LMFT, Director of Behavioral Medicine at the St Mary's Family Medicine Residency in Grand Junction, CO.
- Andrew Valeras, DO, MPH. Associate Program Director Dartmouth Hitchcock Leadership Preventive Medicine, Concord NH.
- Lisa Zak-Hunter, PhD, LMFT, Director of Behavioral Health, St. John's Family Medicine Residency, Assistant Professor, Department of Family Medicine and Community Health, The University of Minnesota, Minneapolis, MN

Toolkit for Disruptive Behaviors in Pediatric PCBH

Half-day session – Time TBD

Session Description

Disruptive behaviors are among the most common childhood concerns providers face in primary care, and thorough understanding of how to assess and treat these concerns is essential for any BH provider working with children. Using interactive teaching methods, this full day workshop will provide participants with the knowledge, skills, and the physical toolkit needed to screen, assess, and treat disruptive behaviors in pediatric integrated care settings. Emphasis will be placed on helping participants learn the practical skills needed to respond to the distinct behavioral health needs of children and all participants will receive a physical toolkit for their use.

Objectives

Upon completion of this activity, learners will be able to:

- Build and utilize a toolkit of integrated pediatric care resources for immediate implementation in medical settings
- Identify and implement care pathways for disruptive behaviors in pediatric primary care
- Use screening measures/assessment strategies to identify and accurately diagnose disruptive behavior concerns in pediatric integrated care.
- Effectively implement a range of brief interventions for disruptive behavior concerns within a pediatric primary care visit

Presenters

- Lesley Manson, Psy.D., Assistant Chair of Integrated Initiatives, Clinical Assistant Professor, Arizona State University, Phoenix, AZ
- Tawnya Meadows, Ph.D., BCBA-D, Co-Chief of Behavioral Health in Primary Care-Pediatrics, Geisinger, Danville, PA
- Cody Hostutler, Ph.D., Pediatric Psychologist at Nationwide Children's Hospital & Assistant Professor at The Ohio State University, OH
- Matthew Tolliver, Ph.D., Assistant Professor, East Tennessee State University, Johnson City, TN
- Shelley Hosterman, Ph.D., Co-Chief of Behavioral Health in Primary Care-Pediatrics, Geisinger, Danville, PA
- Maribeth Wicoff, Ph.D., Postdoc, Geisinger, Danville, PA
- Doug Tynan, Ph.D., Director of Integrated Health Care, American Psychological Association, Washington D.C.
- Jeff Shahidullah, Ph.D., Assistant Professor, Rutgers University, New Brunswick, NJ
- Hayley Quinn, PsyD, Psychologist, West Seattle Pediatrics, Seattle, WA

Program Evaluation Intensive: Practical Training in Selecting Measures and Data Collection Method

Half-day session – Time TBD

Session Description

Do you need help determining appropriate measures and feasible data collection methods for program evaluations within integrated primary care? In this 3-hour preconference workshop, leaders from CFHA's Research & Evaluation Committee and *Families, Systems, & Health* journal will provide practical training in conducting rigorous program evaluations. This workshop will help you identify appropriate measures to answer your key questions as well as data collection methods that balance quality and feasibility. This workshop is designed for those who are planning, conducting, or revising a program evaluation, as attendees will apply the material to their own personal projects within interactive small groups.

Objectives

Upon completion of this activity, learners will be able to:

- List common measures in integrated primary care research and evaluation at the levels of patient/family, provider, program, and population/system
- Select appropriate measures for their own program evaluation
- Identify advantages and disadvantages of various procedures of collecting program evaluation data
- Discuss a feasible strategy for collecting their program evaluation data

Presenters

- Robyn L. Shepardson, PhD, Clinical Research Psychologist, VA Center for Integrated Healthcare, Syracuse, NY
- Jennifer S. Funderburk, PhD, Clinical Research Psychologist, VA Center for Integrated Healthcare, Syracuse, NY
- Nadiya Sunderji, MD, MPH, Psychiatrist-in-Chief, Waypoint Centre for Mental Health Care, Assistant Professor, Department of Psychiatry, University of Toronto, Ontario, Canada
- Christina Studts, PhD, LCSW, Associate Professor, Department of Health, Behavior & Society, University of Kentucky College of Public Health, Lexington, KY
- Jodi Polaha, PhD, Associate Professor, Department of Family Medicine, Division of Primary Care Research, East Tennessee State University, Johnson City, TN

Expanding Integrated Medicine from Primary Care to Specialty Care

Half-day session – Time TBD

Session Description

The evidence for integrating behavioral health into medical practices continues to grow, and the value of doing so is often recognized collectively as an ideal. However, in practice there are many barriers to implementing integrated behavioral health models into medical practices, including specialty practices. These barriers include financial reimbursement, clinical workflows, and the availability of personnel. This workshop aims to provide attendees the opportunity to interact with both medical and behavioral health providers who have implemented different levels of integrated models in their specialty practices, and learn about ways to address barriers and expand their integrated services.

Objectives

Upon completion of this activity, learners will be able to:

- Discuss various models of integrated care in specialty care settings, and recognize practical actions that were taken in the implementation of each of these models
- Describe approaches that have been utilized to address barriers to integrated care implementation, including:
 - Distinct approaches for reimbursement of services, including development of a proforma
 - Ways in which specialty medicine clinics such as HIV, Addiction, and Integrative medicine can benefit from integrated behavioral health
- Delineate individual and organizational goals for expanding integrated behavioral health within one's appointed organizations

Presenters

- Ryan Jackman, MD. Faculty, Addiction Medicine, St. Mary's Family Medicine, Grand Junction, CO
- Jessica Stephen Premo, PhD., LMFT
- Amy Davis, MD. Faculty, HIV Medicine, St. Mary's Family Medicine, Grand Junction, CO
- Alicia Gutierrez, LCSW, HIV Medicine, St. Mary's Family Medicine, Grand Junction, CO
- Lucy Graham, RN, HIV Medicine, St. Mary's Family Medicine, Grand Junction, CO
- Marie Collier, MD, Neurologist, Epileptologist, St. Mary's Medical Center, Grand Junction, CO
- Candace Henrikson, MS, Medical Family Therapy Intern, St. Mary's Family Medicine, Grand Junction, CO
- Gabriela Reitz, high school student with epilepsy, trained as a peer mentor within a peer support group for teenagers with epilepsy, Grand Junction, CO