

# Visitor Precautions

During the COVID-19 crisis, many Forest Preserves sites remain open as a resource for fresh air, exercise and access to nature. Please follow these guidelines to ensure your visit is as safe as possible.

## PREPARE AT HOME

- Do not visit if you are sick or experiencing symptoms.
- Bring hand sanitizer and a cloth mask.
- All public restrooms (both indoor and portable) are closed. Time your visit accordingly.
- Bring your own food and water. Do not use drinking fountains or water pumps.
- Look up the site by name at [fpdcc.com](http://fpdcc.com)—not every location is currently open to the public.
- Wash your hands before you leave home.

## IN THE PRESERVES

- Only visit with people in your household and social distance at least six feet from others.
- Wear a cloth mask and follow CDC guidelines on proper use.
- No picnics, cookouts, group sports or other gatherings.
- Do not use picnic tables or sit on benches.
- Cover any coughs and sneezes (preferably with a disposable tissue).
- Use hand sanitizer if you touch surfaces like handrails.

### *Time on the Trail*

- Ride and walk single file.
- Warn others when passing.
- Step off the trail when necessary to keep social distancing.

## WHEN YOU LEAVE

- Help us by carrying any trash out with you, particularly your used tissues, food wrappers, masks and gloves.
- Wash your hands when you get home.

