

Protocol Checklist For Event Doctors

Wear proper attire as defined by each event. All WSCA Sports Council doctors should have their dues paid in full and wear a sports council shirt.

Contact and introduce yourself to your team leader.

Follow the team leader's instructions.

Familiarize yourself with venue layout.

You must have your own treatment table and necessary supplies to deliver care at events. This should include a First-Aid kit, ointments, gloves, ice products, etc. Review your emergency procedures and be ready to diagnose. Remember to introduce yourself, be ready to refer and work with "on site" MD's, Trainers/PT's, EMT's and paramedics.

Do not interfere with existing EMS/Medical staff. You may assist the EMS/Medical staff if asked. If there is no existing EMS/Medical staff your role is as a first responder rendering basic first aid, including the activation of the EMS system.

All athletes must sign "informed Consent to Treatment Waivers" (each event and/or each day) prior to treatment. These waivers must be properly completed by attending doctor. Give waivers to your team leader BEFORE you leave the event each day. All waivers are to be either delivered, mailed or scanned into the WSCA office immediately following the completion of the event.

Second and third treatments given on the same day may be written on the back of the original waiver form. Each treatment must be signed and dated by the athlete and the doctor.

If there is a question of appropriateness of treatment, an appropriate referral is necessary to other providers on-site(i.e. EMS, MD, Etc).

Try to confine your treatment to athletes and event personnel. **AVOID TREATING ELDERLY OR HIGH RISK INDIVIDUALS** as well as the general population attending the events.

Do vertebral artery screen with all athletes and other patients. Ask about and discuss prior injuries and past treatment prior to delivering any care.

Do not adjust roughly. Be sensitive to the soft tissue needs and biomechanical considerations.

Don't over-treat! Ask athletes about their needs. Cooperate with existing medical support staff. Enjoy yourself. This event was successful before we entered the scene and it will continue to exist without us, so work with everyone. We are team players who

collaborate with other sports medicine professionals for the common good of the athlete. Do not “bash” other providers or professions!

It is each doctor’s responsibility to understand and comply with the standard of care and scope of practice in the state of Washington and in conjunction with the WSCA Sports Council program.

If you have any questions regarding about the protocols please seek information from the WSCA Sports Council Chair prior to working an event.

Other Injuries: As a WSCA Sports Council Chiropractor you have been trained for numerous athletic injuries. Use common sense and trust your instincts. Promote good Chiropractic and thank them for supporting this program.