

Dr. Scott Bergman Available Course:

Sunday, October 7th – 8:00 a.m. – 12:00 p.m.: Joint, Myofascial Pain and the Underlying Causes of Inflammation (4 hour program)

While acute inflammation is our body's natural response to protect and repair, chronic inflammation has no therapeutic benefit and creates a cascade of dysfunction and disease. It is an epidemic, causing millions to suffer and costing our society billions of dollars. This seminar will provide the clinician methods to determine and address the underlying causes of inflammation, including nutrient reserve depletion, endocrine compromise, mitochondrial derailment, exo-endo toxemia, gastrointestinal imbalances and insulin resistance. Explore the diagnostics, strategies and protocols with Dr. Bergman for next day implementation to help your patients better achieve their health goals.

Dr. Scott Bergman

Doctor of Chiropractic



Dr. Scott Bergman is a Chiropractor, Board Certified Naturopath and a Certified Functional Medicine Practitioner in Walnut Creek, California. Since 1993 he has been the director of Chiro Kinetics, an integrative health clinic combining Chiropractic Care, Rehabilitation, Pilates, Core Yoga Therapy, Functional Medicine and Biological Resonance. Dr. Bergman has been a nutritional consultant for the Luna Bar, Luna Chix professional mountain bike and triathlon teams. He has worked privately with professional National and World Champion triathletes as well as coached over 250 beginner athletes complete their first ironman distance triathlon. Dr. Bergman was recruited as the Functional Medicine Director for a pre-NFL combine, strength and conditioning facility. For over 26 years, Dr. Bergman has been presenting health, nutrition and fitness information internationally to a variety of business, education, social, and professional groups.