Chesapeake Human Resources Association

2025 ANNUAL SPRING CONFERENCE AGENDA

- 7:30 a.m. – Registration / Continental Breakfast / Expo
- 8:15 a.m. – Welcome & SHRM Update
- 8:45 a.m. – **MORNING KEYNOTE**
  Becoming Fulfilled: Why Seeking Success Has You Stuck
  presented by Davis Robinson
- 10:15 a.m. – Break and Visit Vendors
- 10:30 a.m. – **BREAKOUT SESSIONS:**
  - o Beyond Wellness Programs: Transforming HR's Approach to Workplace Burnout
    presented by Rachel Boehm
  - o Impostor Phenomenon: Owning your worth and Helping others find theirs
    presented by Susan Hahn
- 11:45 a.m. – Lunch and Visit Vendors
- 12:45 p.m. – **BREAKOUT SESSIONS:**
  - o From Baby Boomer to Gen Z: Communicating, Career Pathing & Connecting the Dots in the Workplace
    presented by Aisha Scott
  - o Beyond the Back Office: Positioning HR as a Strategic Leader
    presented by Tressa Manns
- 2:00 p.m. – Break and Visit Vendors
- 2:15 p.m. – **AFTERNOON KEYNOTE**
  Yes, And!' for HR Professionals
  presented by Avish Parashar
- 3:45 p.m. – Closing Remarks
- 4:00 p.m. – Conference Adjourns

Offering 5.5 Hours of SHRM/HRCI Recertification Credits