



NATIONAL ASSOCIATION OF  
**CHRONIC DISEASE DIRECTORS**  
Promoting Health. Preventing Disease.

**COMMUNITY PREVENTION GRANTS  
FY 2015 APPROPRIATIONS FACT SHEET  
CENTERS FOR DISEASE CONTROL AND PREVENTION**

<b>FY 2014</b>	<b>President's FY 2015 Budget</b>	<b>FY 2015 Suggested</b>
\$80,000,000	\$80,000,000	\$80,000,000

Currently all states are grossly underfunded to address the epidemic of chronic diseases through prevention and control. Continued funding of Community Prevention Grants will allow for the support of the healthy communities in more states and communities. CDC will continue to build a comprehensive program for improving nutrition, increasing physical activity and decreasing tobacco use in order to reduce the burden of diabetes, obesity and asthma in communities, worksites and schools. Concerned citizens working in local partnerships can take action to solve specific health problems and support people in becoming and staying healthier. The new Community Prevention Grant program provides crucial support in many states and communities - these efforts will be enhanced with linkages to state health agencies and national organizations for ongoing technical assistance.

**Basic Facts About Chronic Disease**

- In the United States, 7 of 10 deaths and most serious illness, disability and health care costs are attributable to chronic conditions such as obesity, diabetes and asthma.
- Underlying these serious conditions are risk behaviors such as physical inactivity, poor nutrition and tobacco use. People who eliminate these behaviors greatly reduce their risk for illness and death due to chronic diseases.
- Chronic disease accounts for more than 75% of the nation's health care costs. Efforts to promote prevention could reduce annual healthcare spending by \$100 billion to \$125 billion per year.

**Chronic Diseases are Preventable and Controllable**

- Although common and costly, many chronic diseases are preventable. Adopting healthy behaviors such as eating nutritious foods, being physically active and avoiding tobacco use can prevent or control the effects of these diseases and reduce associated health care costs and burden to society and families. Healthy people who are supported in a healthy environment are more productive and can demonstrate return on investment and cost savings to business and government.

**CDC's Healthier Communities Program**

CDC and national organizations provided support to communities to implement innovative, integrated, evidence-based interventions by working with schools, health care providers, worksites and community leaders to encourage physical activity, healthy eating and tobacco-free choices in order to reduce the burden of diabetes, obesity, heart disease and asthma. This was accomplished through "mini-grants",

extensive technical assistance and primarily through energizing local groups to lead their community. Communities routinely realized a 4-1 ROI with this program. Many of these communities continue to improve access to healthy environments long after funding has stopped, due to the infrastructure and capacity that was built through this funding. Examples of interventions that improve the health of communities include: increasing access to and use of attractive and safe locations for engaging in physical activity; revising school food contracts to include more fruits and vegetables and whole grain foods; and encouraging use of sidewalks and crossing signals in neighborhoods to make them more pedestrian-friendly.

\*For more information visit [www.cdc.gov/healthycommunitiesprogram](http://www.cdc.gov/healthycommunitiesprogram)

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