For Immediate Release

States Receive Funding to Bring Diabetes Prevention to Medicaid Population

Atlanta, Georgia, (June 21, 2016) The National Association of Chronic Disease Directors (NACDD) awarded funding to Maryland and Oregon to demonstrate Medicaid coverage for the National Diabetes Prevention Program.

Both Maryland and Oregon received funding for a two-year project to demonstrate ways of offering the National Diabetes Prevention Program (National DPP) to the Medicaid population through Managed Care Organizations and Accountable Care Organizations. This funding comes on the heels of the U.S. Department of Health and Human Services Secretary Sylvia Burwell’s recent announcement that the National DPP will be the first preventive program under the Affordable Care Act to be expanded from an innovation pilot to reimbursable coverage for the Medicare population. That historic decision creates new opportunities for delivery of this proven program to the Medicaid population.

State specifics: Maryland Medicaid, housed in the Department of Health and Mental Hygiene (DHMH), will use this funding to offer a non-competitive grant opportunity to its eight Managed Care Organizations to implement the National DPP to Medicaid beneficiaries at risk for type 2 diabetes through virtual and community-based CDC-recognized lifestyle-change programs. The Center for Chronic Disease Prevention and Control (the Center), also situated within DHMH, will support this demonstration project by providing diabetes prevention expertise to the Managed Care Organizations as they establish relationships with the CDC-recognized lifestyle-change programs. Medicaid and the Center have the advantage of being co-located within DHMH and have successfully collaborated on past projects that supported managed care’s implementation of interventions that strengthened systems to better manage hypertension and diabetes.

Oregon Health Authority’s Health Systems Division (Oregon Medicaid), along with their Public Health Division, will grant funding through the Sustainable Relationships for Community Health model to up to six Coordinated Care Organizations which are Oregon’s version of Accountable Care Organizations. The Coordinated Care Organizations will determine delivery models for the National DPP to Medicaid beneficiaries through virtual and community-based CDC-recognized lifestyle change programs. Oregon Health Authority’s Public Health Division will convene consortia of Coordinated Care Organizations, CDC-recognized lifestyle-change programs, community clinics, and local public health authorities to plan, establish, and fine-tune National DPP referral and payment systems. This innovative model, tested successfully with five consortia in 2015-2016, uses a learning collaborative approach to develop innovative lifestyle change referral and payment mechanisms in Medicaid delivery systems. Like Maryland, Oregon Medicaid and their Public Health Division are co-located in the same agency and have collaborated successfully on projects in the past.

Project Background: In July 2015, the Centers for Disease Control and Prevention (CDC) Division of Diabetes Translation awarded a cooperative agreement through the CDC Office of State, Tribal, Local, and Territorial Support to NACDD. The purpose of this cooperative agreement is to test the feasibility and effectiveness of various models to promote Medicaid coverage for the National DPP. The delivery
models will be evaluated by NACDD, and successful models will be documented for use by other states. The ultimate goal of this demonstration is to achieve sustainable coverage of the National DPP for Medicaid beneficiaries under current Medicaid authorities.

The National Association of Chronic Disease Directors (NACDD) is a national, public health nonprofit, serving over 6,000 members and all 50 state and territorial health departments working in chronic disease prevention and control. For more information, visit www.chronicdisease.org

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